

**March Assembly 2015  
Smullin Health Education Center  
Rogue Regional Medical Center  
2825 E Barnett Rd, Medford, OR 97504  
Host District 7**

**SATURDAY MORNING**

**MEETING OPENED** at 8:30 am by Chair Rita B., with the Serenity Prayer.

**Steps** read by Ruby W.

**Traditions** read by Colleen G.

**Roll Call/ Introduction** of newcomers and visitors by Val V., Secretary  
District 3, Jan D., DR excused  
District 9, Fran A., DR excused, represented by Cynthia  
District 14 Nancy P., DR excused represented by Ruby W.  
District 15, Sue E., DR absent, represented by Angel K., GR  
District 17 Barbara L., DR excused  
Archives Coordinator, Jodie P., excused

**Review of minutes** from November 2014 assembly. Approved by motion, second and voice vote.

**Housekeeping** information given by Marvalee M.

**New GR orientation by Barbara S.**, Alternate Delegate. GR's moved to another room for this brief orientation.

**Treasurers report** by Sue B.

(I have been unable to paste the report here. I will research this and send the report out separately, and the budget report should be on [www.oregonal-anon.org](http://www.oregonal-anon.org).)

**Delegate's Report** given by Colleen G.

**Delegate's Report  
March 22 - 23, 2015**

Welcome everyone. It is good to be here. Thank you all for coming and for participating.

We will be covering some interesting and enlightening information today.

We received letters of regret from WSO and signed by the Executive Director, with condolences on the passing of our three past delegates: Mayme Sollars, Panel 5, 1965-1967, Phyllis Quigley, Panel 8, 1968-1970 and Betty Wilson, Panel 14, 1974-1976. I will pass these letters on to our Area Archivist.

## **NEWS FROM WSO/WSC (World Service Office/ World Service Conference)Meet the Board – 2015 Near Montreal Canada????**

We learned at the North West Regional Delegates (NWRD) meeting there is a plan to change the date of “Meet the Board” to October for the 2016 Event. More information will be available at Conference.

### **Annual Report from WSO**

I emailed this to [allawsc@oregonal-anon.org](mailto:allawsc@oregonal-anon.org) a week or so ago. My brief review of the very first pages: I really enjoyed and learned from reading the detailed information about Administration.

“The Board of Trustees, acts as the chief service arm of the World Service Conference as it guards the legal rights of the Al-Anon fellowship. They define their **Strategic Plan Priorities** in this way.

“Al-Anon’s spiritual principles permeate our policies and practices; we apply emerging technology and communication options:

- To increase the visibility of Al-Anon so that it is recognized as the number one resource throughout the world for helping friends and families of problem drinkers.
- To empower the Al-Anon fellowship to be vibrant, inclusive, and flexible.
- To achieve a viable future for Al-Anon Family Groups, the Board will be adaptive and strategic in its use of talents, skills and abilities. “

Whew!! This report is 40 pages long, and really **indicates just how very much is going on at our World Service Office. Please take the time to read this report.**

### **Current Action Items (CAIs) Oregon Area Member RESPONSES – 2015**

Thanks to all of you who have responded to the selection of the CAIs.

*Those most favored to research are: CAIs #4, #6, and #11.*

*I appreciate each of you sharing your insight with me.*

*I have added a summary at the end of my report for all of you to review.*

### **DESCRIPTIVE TEXT ON CONCEPTS EIGHT AND ELEVEN:**

The major concern here was with clarifying punctuation and the wording to be more grammatically correct for easier understanding. There was one (to me) very thought provoking question that I will bring to the floor at conference:

- Under Concept 11, Literature Committee (pg 8 pp 3), my question is, “Is this opening the way for gender changes in our literature?”

### **Chairman of the Board Letter (COB)**

I recently emailed copies of the January Chairman of the Board letter that included the election process information. If you are interested in applying for an at-large committee or the ECRPM committee, review the information and let me know of your interest. The COB letter has been posted to the area website and a resume form is attached for your consideration. Please let me know if I can assist you in your process.

### **Policy Update:**

Judy K., Chairperson, Policy Committee

The Policy Update, sent each quarter with the Chairperson of the Board's letter, informs members about current Policy Committee discussions, any pending motions regarding topics contained in the "Digest of Al-Anon and Alateen Policies," and other concerns raised by the fellowship.

A Policy Committee Task Force continues to work on the financial section of the "Policy Digest," incorporating relevant spiritual principles into the text.

Another portion of the "Digest" undergoing revision is the section on conventions. A Task Force is working on incorporating spiritual principles into that text as well. If the Policy Committee decides to approve any of these proposed revisions, the World Service Conference will discuss these proposals. An Open Policy Committee meeting will be held during Conference week, giving Conference members an opportunity to hear the Committee discuss an important matter raised by the fellowship. The main topic on the agenda for this year's meeting is the WSO's policy on cooperation with researchers studying the effects of alcoholism on families and friends of alcoholics. This goes along with our survey question of **How to define Family Recovery**. Have I heard back from you yet?

#### **Task Forces to meet at Conference**

Four Task Forces will convene at the 2015 World Service Conference. The topics are:

- Acceptance of Communities, Cultures, and Beliefs
- Communication and Strengthening the Links of Service
- Technology and Anonymity
- Meeting Types

I received notice the Task Force I will be on is Meeting Types.

It is hoped that the topics and work of the Task Forces will support the service arms and trusted servants.

#### **Concept Eight and Eleven Draft Text**

I recently emailed a memo from the Chairperson of the Board of Trustees, Paula Burlison regarding reviewing and revising the text to Concepts Eight and Eleven. There has been a wonderful response from our members offering wording changes, punctuation and etc. If you have brought yours with you today, please see that I get them by the end of assembly on Sunday. Our deadline to respond to the Board of Trustees is March 27, 2015.

#### **FINANCE UPDATE January 2015**

Jennie M., Treasurer

The General Fund recorded a loss of \$10,582 for this year

Literature sales did not meet budget expectations.

Contributions exceeded budget by \$21,389 and surpassed \$1,500,000 for the first time.

Total income fell below budgeted income by 2.3% while total expenses were as budgeted.

#### **Income:**

**Literature** sales were \$3,861,572 this year, compared to \$4,118,600 last year.

There was an increase in gross profit as the result of the price increase effective May 1, 2013 which means that although sales numbers are not as high as budgeted, we are keeping more of the profit to apply to services.

**Contributions** were \$1,521,389 this year, compared to \$1,405,814 last year—an increase of 8.2%,

Forum subscription income was \$242,117 this year, compared to \$252,757 last year—a decrease of 4.2%.

**Expenses:**

Operating expenses were \$5,041,958 this year, compared to \$4,911,473 last year—an increase of 2.6%, which was right on target with respect to the budget.

**Reserve Fund:**

The fair value of investments in the Reserve Fund totaled \$5,405,540 at December 31, 2014. This amount includes an unrealized gain of \$939,492. In compliance with a Board of Trustees' motion, 4% of the average balance of the Reserve Fund over the prior 36 months will be transferred to the General Fund, if needed.

**And to bring a brighter smile for the Oregon Area on Finances.**

Exciting news about our Penny Jar project to increase group participation in donating to WSO!!!

**Comparing 2014 with 2013:**

In the 2014 report from WSO, Oregon had 175 groups contributing to WSO. An increase of 42 groups donating.

And with our campaign for pennies, Oregon Area Groups increased their 2014 donations by \$2,411.00. That's a lot of Twelve Dollars!!! Please encourage our members and groups to continue with this or another fun kind of fund raiser. Let's see what we can do in 2015!!

Did we reach #1 on the charts for groups donating? Not sure yet and I will let you know when we receive the information from David and Jennie.

**Total Donations:**

In 2014 donations made by Oregon Area 47 to WSO totaled: **\$21,446.54**

But WOW! How awesome are our members and our HOME GROUPS!! I am so proud of how successful this project was. And I know Oregon Area Members will continue to Support the WSO and the Links of Service.

I have placed in the mailbox for each District Representative, the reports from WSO what the meetings in their districts have contributed.

I want to acknowledge our Area Officers for the work they do to bring this Assembly together. Our Treasurer continues to work at improving the finances of our Area, while serving each of us during our meetings. Our Secretary, Val, who came last March to hear our speaker and the stayed to fill the vacating position of Secretary. Our Alternate Delegate Barb. She is out of the room right now doing a New GR orientation. She works to bring the business of Oregon Area together with a smile and with her love just oozing out!! I am grateful for the support each gives to me. And to all of you too!

I continue to serve with love and appreciation to our Oregon Area.

Colleen Gwynn, Delegate  
Summaries:

## **CAIs – Oregon Area Members Respond: 2015**

Thanks to all of you who have responded to the selection of the CAIs.

*Those most favored to research are: CAIs #4, #6, and #11.*

*I appreciate each of you sharing your insight with me. At the Northwest Regional Delegates meeting in South Dakota, a presentation was made on two other possible CAIs. It was interesting to see how each member researched their assigned CAI, and how they presented from their views.*

### **CAI #4**

CAI:

What tools, practices, spiritual principles, and program literature can Group Representatives use to help group members to embrace service as a vital element in personal recovery rather than as an intrusion on meeting sharing?

Explain the importance of this CAI and how it could shape Al-Anon as a whole:

Often in a group when a Group Representative gives a report, some members of the group view this as an intrusion on their time for sharing and will openly discourage the practice of the GR report. With personal knowledge that recovery is enhanced by practicing all three legacies, it becomes critical that the members know and understand the benefits that this service brings. Developing ways to communicate how this can enhance their personal recovery, strengthen their group, and insure the survival of our fellowship as a whole is critical for the future of Al-Anon Family Groups.

CAI:

How can our service members participate in shared leadership to make service more manageable and allow others growth opportunities?

Explain the importance of this CAI and how it could shape Al-Anon as a whole:

Our fellowship requires the time and talent of service volunteers to provide services to our groups and Areas. The fear of time availability prohibits some members from taking on a service opportunity. How can Al-Anon encourage shared leadership in our service positions to lighten the commitment and encourage more people to step into a service role?

CAI:

If we emphasize the growth and recovery found in service will more members step forward when asked to serve?

Explain the importance of this CAI and how it could shape Al-Anon as a whole:

So much recovery is found in service, and yet the largest portion of our fellowship has never served at the group level, much less at levels beyond the group. Would a change of emphasis from the service itself, to the recovery found in service, be helpful to encourage more members to step forward when there is a need? How could we accomplish this?

**OREGON AREA MEMBERS RESPOND:**

**#4.** I too have seen too many groups not want to hear a report from their GR. I also go to groups usually smaller ones that are grateful to hear what is going on.

If there were guidelines on giving a report to groups from District level to assembly level that might be helpful. Some in GR positions may have never done such a job, and therefore are not skilled in the report back.

**CAI #6:**

What technologies or other means can we use to better include all AI-Anon members and groups in our Area (and World Service Conference) group conscience, especially those members and groups who are not active participants in our service structure?

Explain the importance of this CAI and how it could shape AI-Anon as a whole:

Per our Twelfth Step Survey results, only a small minority of our members are active in our service structure. AI-Anon membership is fluid and flexible in nature, and not all members will be able to participate in the service structure. Many groups are not able to send a GR to Area meetings. Therefore, a large number of our members have limited or no participation in our WSC group conscience.

Given this reality, how can we be more inclusive of all AI-Anon members and groups in our WSC group conscience, whether or not they are part of the service structure?

**CAI:**

What is the importance of effective communication to sustain the fellowship?

Explain the importance of this CAI and how it could shape AI-Anon as a whole:

The ability to connect with one another outside of meetings and within the fellowship is crucial to the existence of AI-Anon. Member to member is as important as communication within the links of service.

**CAI:**

As AI-Anon continues to grow, geographically isolated Groups and Districts will need increased support, encouragement, and clear communication from the Area. A wide-ranging conversation at the WSC level will help Areas implement the very best ideas to assure that geographically distant and potentially isolated Districts and Groups are fully included.

Explain the importance of this CAI and how it could shape AI-Anon as a whole:

AI-Anon is an all-inclusive fellowship. Every Group has equal status, influence, and importance. Our Area makes every effort to assure that each Group has the opportunity for full participation in District and Area functions. Such an effort can be challenging in Areas where Districts and Groups, worldwide, are geographically remote from population centers. Despite the wide use of technology (including

conference calls, emails, and communication through a progressive website) large travel budgets for trusted servants, and the rotation of Assembly sites, some Districts and Groups still express feeling isolated, detached, and out of touch.

**OREGON AREA MEMBERS RESPOND:**

- **#6** There seems to be criticism that it is always the same people doing the service work. In our district several have rotated out, and there seems to be less stepping up to fill the positions. At our AIS level they sent out a survey asking which services the groups feel most important, as there is not enough members stepping up to fill all the positions.
- **#7** As people get busier in their lives, they are less wanting to take on service positions. Some feel it is easier to go on line to do everything. As much as I feel face to face time is very valuable, maybe some service work can be done behind the scenes, such as this is doing, but still keep the importance of getting together to do service.
- **#8** My second choice would be item **#6**.
- **#9** I think that we need to be encouraging more members to get into service by sharing how much service has helped our own recovery. So much of the time there are the same members fulfilling the different service positions.

I think it is important to try to better include isolated districts and groups into our service processes. Not just technology wise, but to also help financially. I would like to see the area help more with expenses for the districts that have further to travel to the assemblies and AWSC.

**CAI #11:**

What mechanisms need to be put in place at the WSC so that the balance of power that is described in Concept Seven is evident in practice?

Explain the importance of this CAI and how it could shape Al-Anon as a whole:

The Conference Leadership Team, composed of Trustees, set the WSC agenda. Delegates don't participate in this process. (Delegates pre-select 2 CAI for discussion purposes.) The Conference Procedure Handbook indicates the process by which Delegates may introduce a discussion topic or a motion from the floor. This unwieldy procedure almost prohibits discussions or motions coming from the floor. It appears that conference members may question the validity of KBDM responses from a floor motion but not from any motion presented by the Board. Full participation by all WSC members ensures the spirit of fairness and equality for all WSC members is realized.

**OREGON AREA MEMBERS RESPOND:**

- I can't really judge #11. I feel that if # 11 is the most important, that you as our trusted servant can make that call. I think it is great that you ask our opinion, but after reading all of the responses, you should do what you think is best for Al-Anon as a whole.
- I am very interested in knowing about Item **#11** and if you know what prompted this question - if something went on last year that sparked it. It just so happens that AA has a very similar question posed to its delegates for discussion at their upcoming conference as well. I know that this type of question has come up in the past, so I am placing it as

my top selection.

We are reminded to review each with the following three questions:

1. *Is it accurate,*
2. *Does it provide clarity?*
3. *Can you live with it?*

**DESCRIPTIVE TEXT ON CONCEPTS EIGHT AND ELEVEN:**

Under Concept 11, Literature Committee (page 8 pp 3), my question is, “Is this opening the way for gender changes in our literature”. (End of Delegate’s Report)

**BREAK**

**North West Regional Delegate’s** (NWRD, Meeting) by Judy J. and Colleen G., attendees.

**NOTES NWRDM – 2015 RAPID CITY, SOUTH DAKOTA.**

28 registered..... cute Skit on NON AL-ANON LITERATURE.

TRUSTEE AT LARGE Bev Anderson talked about the Executive committee she is on--7 members—read concept 8 about this committee. The 7 members are: Chairman of Finance Committee, Policy Committee, the Executive Director, a staff member, and 3 ‘at large’ members. YOU CAN BE ONE OF THESE ‘AT LARGE’ MEMBERS. Colleen has the forms/resumes for ‘at large’ members.

WSO has a task force working on Group Conflict...we can look forward to this soon.

One thing this committee always looks at (and we have heard before) is “IS IT CLEAR, IS IT ACCURATE, CAN WE LIVE WITH IT?”

I took and shared out District 17 crooked road sign posters (they all loved them) and our quick GR reference guide--some made copies of it.

OUR REGIONAL TRUSTEE DONNA EUBANKS gave her report....this is always my favorite part.

Last year’s contributions were \$1,500,000 ...FIRST TIME EVER, but sales were down, one reason is the cost of shipping and printing costs are up. The electronic literature is not selling much and does not figure into this.

A RESEARCH TEAM OVERSEAS IS COPYING OUR LITERATURE W/O OUR APPROVAL. THIS IS CAUSING PROBLEMS AND WE HAVE TO PROTECT OUR COPYRIGHT...We have a lawyer and a team working on this that may cost us \$30,000. Our staff does monitor this; some say they are Al-Anon and they are not. If you see something NOTIFY WSO.

NEW PSA: Is targeting girlfriends and older parents, it will be shown at conference. Call Stations and ask them to play our PSA’s.

THE WHITE HOUSE has invited our WSO/CPC Director to a meeting at the white house; this is a group on treating substance abuse and mental health problems.

JERUSALEM wants to start an Alateen meeting and Indonesia wants to translate our ODAT. WOW

OPRAY WINFRY has contacted WSO and wants to film a glimpse of an Al-Anon meeting.

OUR LAST ON-LINE SURVEY: We got 4,647 responses compared to the last survey that had 3,232 responses. E-news helped get the information out and some groups used tear offs to remind their members.

FELLOWSHIP COMMUNICATION has 1,137 sharing's' for a new book on intimacy and 150 only from parents & grandparents, and 180 for the new daily reader on diversity. This is a reminder for all to write.

PHONE MEETINGS: 7 new phone meetings are registered...one is a meditation meeting (sounds interesting). WSO has 94 registered phone meetings. You can find them on the WSO site under find meetings – phone meetings and phone #. Be careful, some are not real. There is a total of 7-8 Alateen chat meetings worldwide and they have 2-4 new requests. There is a girl in Australia who participates in all of them (she is homeschooled).

AA INTERNATIONAL- JULY 4- IN ALANTA, GEORGIA. As of Dec 31=1,843 Al-Anons registered and 55 Alateens and 31,000 AA's. They expect these numbers to double by July.

NEXT YEAR THE NWRDM WILL BE HERE IN PORTLAND....

**Combining Coordinator Positions Committee report**, given by Carolyn H., on combining Forum, and Literature positions, and Co-operating with Professional Community (CPC) and Public Information (PI) positions. Suggestion: set up trial period for combining Forum and Literature, no final suggestions for combining CPC and PI. Discussion ensued. Chair, Rita B., summarized the discussions, and decision was made by voice vote to table the idea for now.

**Fellowship Communication Action Group** raffled Alateen Literature and a Forum subscription.

- **Alateen – Hope for Children of Alcoholics, won by Kathy F., who donated it to Delilah, Alateen GR attending the assembly for the first time.**
- **Alateen – A Day At A Time, won by Stone C.**
- **Courage to Be Me – Living with Alcoholism, won by John O.**
- **Using Al-Anon Principles to Resolve Conflicts Kit, won by Kathy S.**
- **Forum Subscription, won by Bill W.**

A second raffle will be held tomorrow, with a Forum subscription for each winner's group, 10 subscriptions in total. (I am including the winners here. The 10 winners for Sunday's drawing are: Tama S, District 7, Jaye W., District 14, Hilary B., District 4, Joanne H., District 10, Roberta R., District 7, (she won 2 subscriptions), Cynthia N., District 9, Bunny G., District 7, Dawn K., District 4, Marta W., District 7)

**Public Outreach Grant Funds Report**, given by Ruby W., (GCC), and Kathy S. reported that “everyone is eligible for a grant”!! Proposal forms for 2015 have been e-mailed to all DR’s. All proposals are to be e-mailed to Ruby at [HRWKeno@charter.net](mailto:HRWKeno@charter.net) by the deadline of May 1<sup>st</sup>. Not all Districts request grants so the amount of money available varies. The \$4,000 fund will be divided out by the Districts who apply and the amounts they’ve requested. If all Districts were to apply, each would receive approx. \$235. Once Ruby receives the proposal she forwards them to the subcommittee. They will then determine how much money will be dispersed. She suggested Districts have more than one outreach project; A & B so if enough money is available, they can request money for the specific projects. Read the grant application and then e-mail or mail it to Ruby White P.O. Box 205 Keno, OR 97627.

Grants given to Districts:

- District 4, \$1500.00. Money used for ads in local papers. No report on results as yet.
- District 11, #230.00 Money used for literature sent to secondary school and training schools.
- District 14, Ruby W., brings displays and literature to Health Fairs, Third Thursdays, Pow-Wows, and Veteran Stand Downs in the district
- District 15, Angel K., GR reports she placed an ad on her local radio at no cost, and is working on a Face Book page
- District 16, \$480.55 plus an additional \$100.00 for overrun
- District 17, Kathy S. discussed using billboards along highways to get information out to the public. Each district can purchase a ‘banner’ for \$300.00 and it will be run for a period of time, and then can be put up again, free of charge, whenever a billboard is available.

## **LUNCH**

**Meeting opened at 1:00pm** with the Serenity Prayer by Rita B.

**Spiritual Moment** given by Barb S., reading out of Courage to Change

**Judy J. introduced Action Committees** and breakout information, and at 1:15 each group moved to their assigned area for Action Committee Meetings.

## **BREAK**

**MEETING RESUMED** at 3pm with the Serenity Prayer by Chair Rita B.

**Housekeeping information** updates by host district chair Marvalee M.

**Skit performed** by members of District 10 for the July Assembly.

**Skit performed** by Public Outreach Action Group.

**Bid for the March 2016 Assembly** awarded to District 4.

**Transition of Leadership Reports:** Elections for each position will be held at the Assembly on November 14-15, 2015 in Eugene. Each officer and coordinator gave a brief explanation of their job description, and their Trusted Servant Profile, and those that had them presented to the group the binder with their position's specific information. All the information regarding the positions can be found in the Al-Anon/Alateen Manual, or the Oregon Area Handbook. The Handbook is on the oregonal-anon.org website, and each group should have a Manual. Or ask anyone in the position you might be interested in standing for in November, for information. Most reports were given at Saturday afternoon session, but due to time constraints a few were given at the beginning of Sunday's session. For continuity, I have included them all here.

Officers: Chair: Rita B., Delegate: Colleen G., Alternate Delegate: Barb S., Secretary: Val V., Treasurer: Sue B.

Coordinators and Other Area Positions: Alateen: Carolyn H., Archives: By Colleen G. for Jodie P., Communicator: Mary W., CPC: Irene M., Forum: Mary Lynn J., PI: Kathy S., Website: Rick C., Group Records: Dawn B., Literature: Radiant G., Audit/Budget: Dawn K., AAPP: Kim M.

**MEETING ADJOURNED:** Closed with the Al-Anon Declaration by Chair Rita B.

## SUNDAY MORNING

**MEETING OPENED** at 8:30am with the Serenity Prayer by Chair Rita B.

**Audit/Budget Report for March 2015.** For those of you who attended AWSC, the first part of this report will be a repeat. Feel free to take a short nap for a couple of minutes.

The Audit/Budget committee met in January to look over the records from OAC 2014 and SSM 2014. As we have reported in the past, there is a continuing need to educate committees that take on these events about what type of financial records need to be kept in order for Audit/Budget to audit the books and approve them. We will be making a proposal addressing this issue at the end of this report. First, we would like to present what we can about the finances for OAC and SSM.

OAC, as an event that was initially funded by and continues to be supported by the Area, has a current bank balance of just over \$8,000. In the last two years, groups and individuals have contributed over \$15,000, and over \$7,000 has been collected in registration fees, for a total income of around \$23,000. We don't have a complete breakdown of the expenses for the conference, as meals and other costs are wrapped up into the facility's fee. However, about \$10,000 has been spent on facilities and meals in general, and around \$4,000 on other expenses, such as decorations and activities. Total expenses for the last two years have been around \$15,000. This leaves a bank balance of \$8,281.53 at the end of January 2015. Since the Area is currently looking at the feasibility of the SSM, we would like to provide a brief summary of last year's event. Donations and registration fees totaled about \$13,000. Expenses include: over \$5,000 for the rent of the facility, \$600 in travel expenses for speakers, and over \$2,000 for advertising and promotional items. The SSM donated \$3,274.84 to the Area in 2014.

The Audit/Budget Committee has proposed that the Business Services Action Committee work on developing some standard financial procedures for the Area and our events. These procedures will eventually become part of the Oregon Area Handbook. We are considering recommendations about

what types of records need to be kept, sample spreadsheets and reports, and other guidance to help treasurers.

The goal of these guidelines would not be to “tell someone how to do it.” We do not want to dictate a record keeping system, just make sure that the records kept can be reviewed for accuracy and that reports accurately reflect the financial standing of these events. We are proceeding with this task starting at this assembly. Our goal would be to get this put together and in the Handbook by the end of this panel (end of 2015). We will, of course, work with the Alternate Delegate to make sure our additions go through the proper channels and procedures.

Ok, those of you who were at AWSC can wake up now! The Audit/Budget committee reviewed the 4<sup>th</sup> quarter 2014 books in January and all appeared to be in order. The 2014 books were reviewed overall, and have been closed out for the year. Thanks.

by Dawn Killough, Audit/Budget Chairperson

## **Action Committee Reports**

- **Business Services Action Committee**

Co-Chair Barb B. and Kay S.

Barbara L. had contacted World service Office about the tent card we wanted to make and circulate. WSO would not approve the tent card, that this was a conflict with distribution of literature. WSO suggested we distribute Al-Anon/Alateen 7<sup>th</sup> Tradition pamphlet. We talked about a letter suggesting the groups read the pamphlet which would be included with the letter.

Group conscience was to draft a letter and send to WSO for approval, purchase the pamphlet and distribute to DR's and/or Gr's at an assembly.

We started with:

Intro: Paragraph of Purpose

I: Income [What is Income?]

1. Provide Deposit Slips
  2. Copies of checks
  3. Categories
- Have example sheets to insert for visible clarification

II: Expenses {What are Expenses?}

1. All paid by check. {No cash for expenses.}
2. Original documents of expense with signature of authorized representative
3. Category of expense. See example categories.

Dawn volunteered to get a draft document started with the suggestions we had listed on the white board in our meeting room. More will be revealed.

Respectively submitted by Tim. Read at Assembly by Kay.

- **Membership Outreach Action Committee, March 21, 2015**

### **State Speakers Meeting 2015**

Quick skit – pass out seed packets – past experiences – everyone putting labels on seed packets during meeting – during the “skit” share a State Speakers Meeting experience and pass out some seed packets. Judy passed out “stuff” from previous SSM’s for each of us to show and tell a memory. I will read report followed by our “skit.”

“Wildflowers Blooming in Recovery and Fun. . .”

The “skit” will be during or just after my presentation of the minutes.

Donelda read us her sheet of members’ memories of previous SSMs to give us ideas for our “sharing” during the skit.

### **AA International**

Judy – Judy will pass out cards the committee made to let people know about the AA Conference in Atlanta, Georgia in July this year. We are encouraged to participate in this. It was also mentioned in group e-news. Did you see it there?

### **GR Flip Charts**

Judy – Membership Outreach made these years ago. They need to be updated. Barb S does GR orientation and gives it to the new GRs. We send changes to Barb S and she will have the corrections/changes made. Chris K will make the changes. We discussed when to pass out the updated flip chart. Discussion led to having it ready for November Assembly. It can be given to current and/or new GRs. Judy J will provide us with the corrections that need to be made.

### **Website**

Rick – public vs. private. Passed out an email from WSO about website “stuff,” paragraph 2 is important. Rick has surveyed other area’s websites. Alateen and Group Record History are private information. Our current website has no personal information. Other states, one clicks on a link for, say, Alateen, which leads them to the contact information for the DR of the District. They provide that information to the appropriate person. In Group History, Jodie maintains that. It should be protected. AWSC, Assembly minutes, Communicator – why hide? Our purpose is to attract new members. What about the calendar of events?

What about flyers? Should they be on a protected site? Other areas (per Judy) have on protected side minutes, newsletters, rosters, flyers. On the public side a flyer with contact information. Alateen – some put these on open websites. It’s all up to the Area. DRs make that decision.

We discussed why the need for a password protected side. It is mostly Alateen and anonymity of all members. There was input regarding Alateen and not protecting this information. Teens need to be able to find a meeting when they need it.

We can be too careful. If we password protect all the Alateen information, it will discourage teens from attending. We are anonymous but not secret. And kids are immediate!

Password protected site would be available only to current Al-Anon members.

Issue with minutes and anonymity. Some people's names are not anonymous! Donelda, Caralynn, Stone, Radiant.

How do we create a password protected site? Would it be something Rick could/would do? Time consuming. Do we need to hire someone to do it? Cost depends on scope.

Input about how unfriendly and insecure password protected side would be. Just type your name into Google and see what happens?!

Should we decide as Membership Outreach committee whether we want to create a password protected side?

We took a vote: – 9 voted no, 3 voted yes, 1 abstained. We don't want to pursue this any longer.

#### **Follow-up on November Assembly minutes – Judy**

Best practices – still need them in Spanish. Jasmine is still working on it.

Flip charts – we are working on it.

AA International – you heard Judy

Communicator – Previous pole will be talked about at July Assembly, made available in November, and compiled in January for February/March 2016.

Website- done. We have decided to not pursue password protected site.

Rick read the Membership Outreach purpose

By Caralynn W.

- **Public Outreach Action Committee Report.**

Kathy S. energetically kicked off the meeting!! Her goal is to inspire us! She asked if there were any comments on the Nov. minutes but we did not have a copy handy so no comments. She announced the Sub-committee and they were introduced as: Ruby; GR Dist. 14 & GCC (Grant Com Chair), John; DR & GR Dist 12, Kathy S.; Dist. 17 & Public Information Coordinator (PIC) Chair, Barb(absent) and Alternate PIC Chair; Tama; GR Dist 7, Irene McRae; Cooperating with Professional Community Coordinator (CPC).

Ruby recently attended a military "Stand Down" and was amazed at how many folks were unfamiliar with Al-Anon and its purpose.

FYI: Kathy said a QR code is printed on the banner. Folks who want to know more about Al-Anon and want privacy, can simply point their phone at the code and take a photo which will access the WSO website.

Irene M. the CPC said that 20 to 40% of referrals to Al-Anon come from professionals such as councilors or therapists. She has an idea to create a speaker program for professional groups such as AAUW, Chamber of Commerce and non-profits. She suggests a discussion about the Al-Anon program as a whole rather than a personal story. She encouraged us to put ads in local newspapers or interview on radio and local TV stations. She shared an article which was published in the Douglas Co. News on an interview she had with "Amelia" (anonymous name) who shared her story about AA. She suggests we include the WSO 888 phone number for contact. She also suggests we send a "thank you" note to those who participate in our outreach efforts. She helped create a card with another member who artistically drew a design on the front and handed out samples for us to see. She feels it's important to ask people how they found Al-Anon. She encouraged us to invite local professionals i.e.: sheriff, political candidates etc to attend Al-Anon meetings or conferences. She uses two brochures for professional outreach, S65 & P58. There was some discussion about the challenge in keeping anonymity in small communities and the discomfort in having local professionals in Al-Anon meetings.

Billboard Update!! Kathy announced the vinyl billboard costs \$300 and it has been approved by WSO. It includes the phone # 888-4AL-ANON or 888-425-2666. The billboard company, Lamar applies our ad to available billboards free of charge. If the billboard is sold to another customer, they take our ad down and call us once a space is again available anywhere in Oregon. We then approve where the ad is placed. The \$300 contract fee includes storage and putting up and taking down the ad. Lamar has four offices; Portland, Salem, Eugene and Grants Pass. Kathy has had laminated business cards made to use discretely when someone needs a number for Al-Anon help. She handed out samples for us all.

Kathy talked about the amount of radio and TV airplay Al-Anon is receiving nationwide, \$5mill worth!!! Locally, our area has received \$285,000 worth!!! She said to get the PSA, contact your local radio and TV stations and verify what format they use. Then a request will go to WSO and they will mail the PSA to the station free of charge!! She reminded us to send a "thank you" note which has already been created with our logo and she can send you a PDF file if you want it. She is trying to get the artwork on our Area website. There was a general discussion about the "road" artwork vs our logo. They are two different things and used for different reason. The "road" artwork is for general public advertising, the triangle logo is for our membership use.

Tama; Alt POC talked about doing projects at the Area level instead of individually by Districts. The entire Area will benefit from the outreach grant and the work can then be shared with all Districts. When multiple Districts are doing a similar project, it isn't necessary to recreate the wheel.

John shared about a recent event he wanted a banner for and then learned the AIS office already had a banner. He used it at his event and saved the money it would have cost to have one made. He pointed out that some Districts are very geographically close and could work together in their projects so the effort is spread out.

Kathy said our Area Delegate, Colleen is taking examples of our projects back to the WSO to show all the things we're doing in the Oregon area! Several suggestions were made: We were encouraged to have a POC in our District, to support Public Outreach Committees and to invite Professionals i.e. commissioners, governor or the mayor to local speaker meetings. It is important to have an AA liaison and for Al-Anon members to also attend open AA meetings and District meetings. To hold fun social events with food and desserts as members typically bring their spouses or friends and the outreach is successful!

Kathy will send an e-mail of everything she presented today and suggests we print it off and share it with our District. The artwork is also available through WSO but if you change anything on it such as phone numbers, you must get WSO approval.

Marvalee said this has been the best Outreach meeting she's attended!!! Kathy said her goal is to Inspire!!! And she has certainly done that.

Notes taken and transcribed by Khris F., District 1 Sec.

- **Fellowship Communication Action Committee**

**Coordinator Report: Radiant, Literature Coordinator.**

Discussion: Encouraging members to write for Forum/topics 2016 *Al-Anon Faces Alcoholism, The Forum*, Parents and Grandparents of your problem drinker, sexual intimacy, Legacies, Steps, Traditions, Concepts.

Conference call scheduled with WSO at the end of March, Radiant welcomes feedback from members for the call. Radiant also asked for feedback on using AA literature in Al-Anon meetings. Bunny suggested revisiting the pamphlet "Why CAL?" to clarify literature use in meetings.

See Radiant's article in the Communicator. She writes about how to access our literature in various ways: Books, pamphlets, audio books, and e-books for Barnes and Noble Nook, iTunes, and Amazon.

**Coordinator Report: Mary Lynn, Forum Coordinator.**

At the end of 2014, Forum subscriptions for Oregon Area were 525, down 2 from the previous quarter. *E-forum* subscriptions are not broken down by Area. The total number of annual *e-forum* subscriptions was up 79 over last quarter.

Our challenge is to help members understand how *The Forum* can be relevant to their recovery. In order to do that, we must make the *Forum* more visible to the fellowship as a whole.

We can:

- Encourage members to make *The Forum* a part of their personal Al-Anon program.
- Encourage members to use the sharings in the magazine during meetings to help generate discussion

- Introduce newcomers to *The Forum*
- Make sure your group is taking advantage of the complimentary copy they receive each month from the World Service Office.

Remember, *The Forum* is written **by** members **for** members.

One thing I would ask each Group Representative to do is ask how many members in your group have a personal subscription to *The Forum*. Try to determine by the average membership of your group the percentage of members who have their own subscription.

- Bunny shared *The Forum* reprint from the March *Forum* "Living Our Spiritual Principles: Expanding our Vision". She cut out quotes from our literature and put them in a basket for members to draw and share. Our Friday night sharing meetings we used this format and everyone shared from the quote they drew from the basket.
- Bill W. had an article printed in the March *Forum*.
- Mary Lynn passed around a handwritten note from *The Forum* (circa 1986).

### **CAL Contest Report Linda C.**

Linda read the article she wrote for *The Communicator*.

The Conference Approved Literature Contest ran from July 21<sup>st</sup> to October 15<sup>th</sup> with the winners being announced at the November 15-16 Assembly in Roseburg, OR.

The 1<sup>st</sup> place winner that read the most different pieces of Literature was LIVE AND LET LIVE, District 7, with a total of 82 and the prize of \$100.00 of literature from your favorite depot. Congratulations! That is totally amazing. The 2<sup>nd</sup> place winner was HUGS AFG, District 17 with 73 pieces and the \$50.00 prize. Awesome.

District 4, RECOVERY AFG with 52 pieces of Literature and District 3's MONDAY NOON BUNCH with 46 pieces read were close runner ups. Well done!

Out of 17 districts with approximately 232 meetings in the Oregon Area, 3 districts with a total of 24 meetings did not turn in any totals. That means a total of 14 districts with a total of 208 meetings DID participate in the contest. At least 90% of you took advantage of the opportunity to explore and read many new pieces or not so new pieces of CAL and give your meeting the opportunity to win. But most importantly to use and become familiar with the Literature WSO provides to us.

Many members said they were surprised at how much CAL there was that they had not been aware of. Some GR's said they enjoyed reading different pieces of Literature in their meetings that had been using only the daily readers. Others said they used different publications of the *Forum* and were glad to add it to their meetings list of CAL they use.

Even if your groups did not win one of the prizes, we all won from learning the richness and diversity of the Literature available to us from WSO. Congratulations to all.

### **Article Action Committee in Communicator, Bunny G.**

The committee has agreed to write an article every month for The Communicator. Jan D. volunteered for the June issue.

Bunny wrote an article in The Communicator about the drawings Saturday and Sunday.

Alateen- Hope for Children of Alcoholics

Atateen – A Day At A Time

Courage to Be Me- Living with Alcoholism

Using Al-Anon Principles to Resolve Conflicts Kit

“In March, we will be adding to our give-a-way with a different twist. We will be giving away 10 Forum subscriptions to GROUPS at every Assembly on Sunday, starting in March. Also, GR’s bringing us a sharing from their members will get an extra ticket for each sharing, increasing their chances of winning. This year we will be focusing on the writing from members, trying to encourage our members to provide sharing needed for the potential new literature from WSO plus material for the Forum.

### **Book Give Away Saturday, Radiant**

Discussion: There was a discussion about changing the timing of the drawings and to wait until after the Action Committees meet.

### **Forum Give Away, Mary Lynn**

Different tickets were passed out at the door on Sunday morning. Winners were given a Forum subscription form and asked to fill in the group name, CMA, and group number. 10 subscriptions were given away. Roberta won two subscriptions because she submitted a sharing to be sent in to The Forum. Way to go, Roberta!

- **Group Services Action Group Minutes**

March 21, 22, 2015 Assembly

Carolyn opened the meeting with the Serenity Prayer

We passed out the following for State Project:

- 1) Letter to all meetings in State
- 2) OAC Flyer
- 3) OAC donation envelope
- 4) SSM flyer
- 5) WSO “Birthday” Envelope
- 6) Archive Bookmark

Members stuffed envelopes to all meetings in the state.

Handed out State maps for all.

All Packets will be given to all GR's or DR's at assembly. If not present, remaining packets will be distributed at the July assembly. Remaining will be mailed. Suggested making additional copies to spread the word.

Next Project Ideas Include:

- Welcoming new GR's
- Flip Book
- Pamphlet—"I'm a new GR"
- How to get members in groups to get involved with service
- Service Sponsor
- Newcomers—12 Steps and Traditions
- Outgoing GR's and DR's
- Asking GR's and DR's to share your hearts for service
- Thank You bookmarks

Meeting Closed

Per Kathy

## **The Oregon Assembly Alateen Coordinator report**

Hello Oregon Assembly,

I have our Alateen Dalila a GR from District 17 who was on group services action committee with me. She introduced what warm fuzzy's are, and we use them at OAC (Oregon Alateen Conference) and we asked the new GR's at the assembly to come forward to present them with warm fuzzy's and we explained they are to be placed around the neck with a introduction of themselves and what they like, where they are from and what they like about the person. Then they pull a string from their warm fuzzie string from the ball and tie it around the person's necklace part of the warm fuzzy. Dalilia came up with this idea for welcoming the new first time GR's at the assembly. I thought she came up with a genius idea. She said she really was having a fun time at the assembly and made warm fuzzy's for OAC and participated in the action committee assembling the envelopes that go to all groups in Oregon. Delila is also on the OAC committee and last Thursday we all went to a prospective new facility for OAC. We are out growing the Molalla facility. Dalila really liked this facility and if it's in our higher powers plans we may be able to have OAC at Canby Grove if a weekend opens up for 2016. We also had an Alateen from Dist 7 the hosting assembly with her group sponsor AMIAS Leanne who was also asked to come forward to share. She reflected the enthusiasm and warmth that the Alateen helping with the hospitality room and collecting Alateen donations shared with her. The teen received loads of hugs and donations and was just amazed at her experience. Leanne also shared how awesome her attendance to OAC has been the last few years. She loves it and it has been such a spiritual and service boost for her. Im paraphrasing..:/

Leanne also introduced me to a new AMIAS (Alanon member in ALateen service) to me earlier, her name is Sharon and she is very interested and seems excited in her new position, I love that. That is so exciting and District 7 Medford area is rocking with Alateen growth.

I let the area know that I had made copies of the Oregon Area Alateen coordinator position available for people to read and investigate if they would like to be the New Oregon Alateen Coordinator for the term starting in 2016. I want to add I will be available to the new Oregon Alateen coordinator to assist in any way I can.

## District Reports

- **District 1- DR Report (Clatsop and Tillamook Counties on the North Coast)**

We have 7 active Al-anon groups in our district now, 1 Alateen group in Tillamook and one group that recently went inactive. A couple of the groups don't have many members but are persevering. One group changed its meeting place and has increased attendees by more than twice. The Alateen group began several months ago and has slowly gained more members. They recently changed their meeting to the local Alano Club, which has helped get more interest.

Our district meetings have enthusiastic Al-Anon members who always contribute group information and new ideas. As it has always been in our District, there is a reluctance to take on any commitments outside District level. We are still without a permanent DR but have volunteers to share DR responsibility. The involvement with District projects show the positive unity we have.

The latest project is our annual quilt, which we raffle at the North Coast Roundup in Seaside, the second weekend of April. This is our district fundraiser. Two weeks ago, members from most of our groups gathered with squares they made, to sew the quilt together. We have lots of Al-anon participation at this Roundup with our raffle table, literature table, 7 al-anon sharing meetings, 2 Alateen meetings and 2 speaker meetings. This is in addition to all the AA Speakers and activities throughout the weekend. We also participate in the Year-End Roundup and the "She-Thang", Women in Recovery convention. We have a very good working relationship with the AA's in our Districts.

In January we participated in 2 Project Homeless Connects. The first, in Tillamook, with old Forum issues and meeting schedules on the Women's Resource table. The Seaside event was much larger scale and had numerous agencies and services available. Our table supplied pamphlets, meeting schedules and chats with everyone who stopped by. As usual we had people from other agencies stop by to pick up information. We were conveniently located next to AA, NA and several other groups on the "mental health" aisle.

The three Recovery Centers in Astoria and Seaside have chosen to do in-house support meetings rather than have Al-Anon members speak and lead family meetings on site, as we have done for a number of years. Although we don't understand their reasoning, we continue to supply the pamphlet racks for them.

We've had a District meeting information phone line. We recently changed to a cell phone with a plan, same phone number and information recorded for less than half the cost. Our meetings are also listed weekly in the Self Help section of the Daily Astorian newspaper.

We're still working on getting an Alateen group started in Astoria or Seaside. We had hoped to have a workshop and presentation to generate more interest but haven't been able to get that scheduled.

We're working on our submission for the Public Outreach project. Everyone is excited about the "Roadsign" ideas and are looking forward to implementing whatever we can to bring about more awareness and interest in the Al-Anon program in our district.

District 1 stays busy and active.

Yours in Service, Kathi R., Alternate DR District 1

### **No report for District 2 at this time.**

- **DISTRICT 3 ANNUAL DR REPORT, MARCH 21, 2015**

District 3 elected a new DR in April 2014, after approximately 2 years' vacancy.

Currently there are 12 active Groups in District 3; three of which are new since last year. One more new group is in the process of being registered. There are 4 new GR's in the District.

One active Group has been made inactive due to lack of attendance.

2 members of District 3 [both in Baker City] are in the process of being certified as AMIAS. This will be the first time in several years that there has been the possibility of active Alateen in District 3.

We have had two Groups who are active in hosting gatherings within the District, which allows us to have more members in attendance for District Meetings. [We've had 3 since the beginning of my tenure]

Attitude of Gratitude AFG in LaGrande, reports that many newer members are stepping up to service. They have a member who has taken the responsibility for being active in the area of Public Outreach.

Respectfully submitted, Jan D., DR, District 3

- **District 4 DR Report**

Howdy from beautiful District 4, this encompasses Salem, Stayton, and the other Dallas. We're having a grand ol' time with Alateen in our district. The meeting changed times so that it could meet at the same time as a new AA group in the

same building. As a result, attendance is up and the group is growin'! We had a posse of teens go ridin' down to California with their partners up in Portland. We heard space was tight and everyone was getting right friendly with each other. The kids said the trip and the NoCaC conference were a darn tootin' good time.

The trip was mighty expensive, so the teens made some donation envelopes and groups passed them around at their meetings to support the trip. Cash donations from the district covered over half the expenses, with the district making up the rest. Way to support our Alateens!

The Sheriff in the district (that's me) has posted a bunch of wanted signs around town. I'm lookin' for a firey rascal who can attract without promotin', and do it faster than white lightnin' (Oops, sorry, I forgot where I was). Short story long is we need a "public outreach coordinator." We've been without one for a mighty long time and we're startin' to suffer. But we're puttin' our big britches on and are working with the Area PI Coordinator Kathy to bring one of them fancy new billboard advertisements to our area.

Speaking of promoting, I'm gonna take a minute to toot my own bugle here, if you don't mind. I am proud to announce that we have position descriptions for most all the service positions in our district! There are only three remaining! We'll get em all wrangled before the end of the year, I'm sure.

Well, that's about enough out of me. We invite ya'll to come visit us anytime. Thanks for letting me be of service.

By Dawn K., DR District 4

- **District 5 DR Report**

1. We requested an Area grant to place advertisements in the local newspapers, once every two weeks, for a total of 3 ads per paper over the course of 6 weeks. This will reach the most people over a specific period of time. We have a member who is willing to design the ad for no cost, which will look similar to the "Are you troubled by someone else's drinking?" bookmarks.

2. **Budget vs Actual:**

Publication	Ad Size	Rate	Frequency	Subtotal	Publishes	Actual
COCC Broadside	5.8"x 3.5"	\$75.00	3	\$225.00	Weekly	\$225.00

<b>Source Weekly</b>	4.85" x 2.18"	\$89.00	3	\$267.00	Weekly	\$267.00
<b>Bend Bulletin</b>	2c x 4"	\$210.80	4	\$843.20	Daily	\$636.00
<b>Sisters Nugget</b>	3" x 2"	\$56.00	3	\$168.00	Weekly	\$153.00
<b>Central Oregonian</b>	2c x 4"	\$72.00	4	\$288.00	Weekly	\$230.40
<b>Total</b>				<b>\$1,791.20</b>		<b>\$1,511.40</b>

3. The ads are running in mid-December through mid-January, with the goal of reaching people in need during the holiday season.
4. Getting accurate prices for the ads proved challenging...rates change depending on not-for-profit organizations and who is placing the order.
5. Running ads is expensive, that's why district 5 requested Area help to make it happen. The district increased our budget for 2015 to keep running the ad in the Bend Bulletin quarterly--- this newspaper, while the most expensive, has the highest subscriber base and reaches Bend, Sisters, Redmond, La Pine, Prineville, etc. If other districts want to place ads, know that can be complex and time consuming to research/place the orders for the ads.

Pam M. DR District 5

- **District 6 DR Report for March 2015 Assembly**

We continue to have our monthly breakfast speaker meeting. We have good attendance and great local speakers. There is usually an AA speaker and an Al-Anon speaker. Members bring breakfast finger foods and then buy them back for \$.25 an item. Items are brought and a raffle is held. The groups in the district take turns hosting the meeting. The group hosting the breakfast gets the proceeds of the raffle. The money from 7<sup>th</sup> Tradition and the food goes to district.

In December instead of the usual breakfast, we have a Holiday Auction. It is hosted by District 6 and our Al-Anon Information Service (AIS) and then the proceeds are split with AIS and District. We always make a donation to SSM from the proceeds. We brought \$3900.00 in December.

On February 28<sup>th</sup>, our AIS hosted an event "Having Had a Spiritual Awakening". It was a great success and fun for all.

We are planning an event in May that will focus on our resources. There will be a presentation by our Website Coordinator (Dawn B.) about our Al-Anon web resources. Radiant will be doing a presentation on E-Books. There will be different

stations with people talking about our different literature. This is still in the planning stages. It will be held on May 16<sup>th</sup>, from 1pm to 4pm at North Park Church.

We are working on finding a place to host the November 2015 Area assembly. Area has changed the date to November 13-15, 2015 (thus not competing with UO home game for hotel rooms. Some hotels were doubling or more their normal prices.)

By Donelda H., DR District 6

- **District 7 DR Report**

We have had a District budget for many years and Lisa our Treasurer continues to keep us informed with monthly reports and yearly audits. We are grateful to have the experience of our Area Treasurer Sue B. who lives in this District and fills in for Lisa as needed. (self-supporting)

One of our groups - Live and Let Live won Area Literature Contest. (Participation is the key to harmony and in this case – FREE literature - LOL)

Kellie is our Answering Service Coordinator and is working with a task force to look for other options – affordability, perhaps texting options. (We are discovering choices)

Alateen is blooming! We now have 9 sponsors – 3 meetings and our District Coordinator Kathy M. is leading an Alateen Outreach committee to get the word to schools, and community support organizations.(Together, we can make it)

Southern Oregon Literature Depot SOLD – we have had a Literature Depot for about 20 years. Bunny and Glen took this position at the start of the new panel and are working hard to keep the literature in the hands of the members. We have monthly give aways at the District Meetings. (Carrying the message)

FUN FOOD AND FELLOWSHIP –The 3 F's - we like that in District 7.

In April we will have our 21<sup>st</sup> annual Chili Feed to earn money for the State Speakers Meeting, In October we will be Harvesting our Recovery –a District fund raiser- at our second annual fall get together with speakers and food. In July we will have our second annual Swim Party after the District Meeting – just for fun, potluck.(This is a 4 F event – food fun fellowship and FREE) It has been an honor to serve as District Rep for such an active District. My personal recovery has bloomed as I continue to recognize my limitations, learn to ask for help, and to put principles above personalities.

Marvalee M., DR District 7, Jackson and Josphine counties

**No report for District 8 at this time.**

- **District 9 DR Report**

Call me Fran.

We hosted the February AWSC. We had a stressful last minute change of venue and had to let go and let God numerous times during the planning. Our Higher Power figured out the staffing for the event and people showed up to do the work when we needed them.

We are planning to do some outreach to groups that don't have Group Representatives, and don't donate to the district. We have a draft version of talking points about why groups should support the district, and now we have envelopes to hand out too!

We have some meetings that struggle with organization, rotation of leadership, and missing money, but we are seeing recovery even in groups with problems.

Progress not Perfection in District 9.

Cynthia N. for Fran A. District 9

- **District 10 DR Report**

In this past year our district has completed an Alateen outreach program to all middle and high school counselors in private schools in our district. We mailed Alateen newcomer's packets to the schools. The year previously we mailed packets to all the public schools in our district.

We had our annual potluck fundraiser in February and it was a success. We tried something new this year and we played Bingo for our main game. Everyone loved it. We had a 50/50 Bingo round that sold over \$200.00 in Bingo cards.

MY GR's are busy now planning the July assembly that we will be hosting. We hope to break and attendance record so everyone please come.

Joanne C, DR District 10

- **District 11 DR Report**

We are tiny but mighty! Our active groups are doing well. As a District we are focusing on getting our "business services" in order with updated records and a budget for longer range planning. One meeting has continued the "Pennies for Penny" jar and has been able to substantially increase their support of the WSO as a result. Our Young Adults Meeting is now in its second year and we are thrilled to see so many of its members stepping into service. Our Annual Chili Cook-off will be Saturday, April 4 at a new, accessible location and will feature two Al-anon speakers (one a young adult) and an AA speaker. Also included in the event is a costume jewelry sale (to benefit the Area and WSO) and - new this year - a hugging booth (to benefit the District). The main proceeds will be given to the Al-anon Information Services in Portland.

District 11 Public Outreach Report

Our initial grant of \$230 was meant to allow us to reach out and provide materials for 10 post-secondary schools and training centers. Ultimately, we were able to extend our reach to 16 institutions by adding

mental health clinics, after school family programs and Spanish-language faith communities. Members did a great job reaching out and researching the best place to send our materials. After materials were sent, each institution received at least one follow up phone call. Upon request, additional materials were sent to be shared or distributed, including year subscriptions to the Forum. In one case, the District was also invited to give a panel presentation to counseling staff.

Stone C., DR District

- **District 12 DR Report**

District 12 has had a year of change. I am the third DR in the last year due to several circumstances.

Our District has gotten 2 new Alateen sponsors and working on the 3<sup>rd</sup> now. Our goal is to get an Alateen meeting started in NE Portland at Providence where there is already an AA and Al-Anon meeting going on at the same time. NE Portland is a large area and we know that there are lots of teens that could use a meeting in the area and have to travel a long way to get to a meeting now or not to go to one. This is a goal but we need sponsors willing to do it before we can proceed.

We were working on a beginner's meeting in our district but life and work got in the way for the person that was heading it up and for now has been put on hold.

We have a couple of workshops and fund raisers that we are working on for later this year. We are also doing group visitations and cooperating with other districts in the Portland metro area for joint PO projects since we have such a large metro population and it is divided between 5 districts.

By John O., DR District 12

**No report for District 13 at this time.**

- **District 14 DR Report**

District 14 had a busy year. In September, we hosted the AA Saturday Breakfast Speaker Meeting. Al-Anon cooks such a great breakfast each year that many Al-anon and AA members attend. After the delicious breakfast, we are able to stay and listen to a great AA speaker, who always has an inspiring story to tell.

This February, we had our annual Variety Show and famous dessert auction. We cleared almost \$900.00 which the District uses to help pay for AWSC meetings, Public Outreach and to replenish our treasury. Many Al-Anon and AA members attended and performed. We are always amazed at the talent we have here in the Klamath Basin.

We are now gearing up for our annual Chili Cook-off, which will be this April. Members bring their chili and cornbread offerings, and we vote on the tastiest ones, along with having a dessert and silent auction. The money raised is divided among the 4 Al-Anon groups, most of which use the funds to replenish their literature supply.

Of course our Public Outreach Coordinator, Ruby, is always busy bringing our displays and literature to Health Fairs, Third Thursdays, Pow-Wows, and Veteran Stand Downs. She is bringing awareness of Al-Anon to our community.

We are a small but busy District. We are glad to be a part of the Oregon Area Al-Anon.

Nancy P., DR District 14

- **District 16 DR Report**

Our Public Outreach effort is in full swing. Katie R., our GR from Albany, did a wonderful job writing a proposal and mapping out 10 groups in Linn and Benton Counties. All materials have been divided up and 7 of these boxes are in the hands of the people who committed to deliver them. Each box contains a tracking sheet and a self-addressed stamped envelope, so we will be able to track the results of our effort.

We lost one of our trusted GR's from Albany who has moved out of our district because of a job change. The Sunday morning meeting was small to begin with, and her absence is a big loss for the group. Although they continue to meet with just a few regulars, the members who do come are committed to keeping the meeting open. We are hoping our Public Outreach effort will result in more people showing up.

My home group meets Saturday mornings in Corvallis, and the good news there is that it continues to grow! We are averaging 25-30 members each week, which is by far the largest group in our district. Many people who come have years of recovery and we are careful to follow group guidelines and traditions during our meetings. We continue to have good participation; we have a GR, a treasurer, a secretary and people willing to pick up literature for our group from Eugene's AIS. We are consistent to address any group problems or issues as they arise during our monthly business meetings. This group also supports efforts to promote Alateen in our district. Members have created posters, paid for background checks and donated literature to get an Alateen meeting started in a room across the hall from our meeting. Unfortunately, teens are showing up randomly, one at a time. We continue to support an institutional meeting at a local treatment facility on Saturday nights. Although this meeting is not open to the public, these residents will eventually transition back to their home towns, most of which are in Oregon. I feel that we are making a positive impression on these young people by exposing them to what Alateen meetings are all about.

Our district will host an informational workshop on April 18<sup>th</sup> on the topic of sponsorship. One of the members of our meeting wanted to learn more about how to find a sponsor and what it means to be a sponsor. She visits a meeting in Portland where sponsorship relationships are alive and well. This inspired her to bring information back to Corvallis. She asked two or three people to come share their experience, strength, and hope with us, and the workshop was born. I continue to be grateful to members like her who inspire us all to continue to grow in this program.

We also have a small Friday night meeting in a rural community that is struggling with the issue of group unity. They are having problems in several areas ---- rotation of leadership, money matters, dominating personalities. Their biggest problem is one of isolation, because they haven't been active in the district, and the problems have been festering for some time. I rarely attend this meeting because it's on the other side of the valley. However, I was contacted by long time member in January with the happy news that she and a new member would split the office of GR. I went to the meeting a few weeks ago to ask a few members of their group if they would be willing to distribute Public Outreach materials in their area. I stayed for the business meeting and learned about the problems they were experiencing. I'm not sure what will happen to this group—the treasurer, who has been serving in some capacity since 2008 has decided to quit the group because of personality differences. I have since asked her to keep an open mind and reconsider. The problem with this group is that one old timer is domineering and literally “runs” the group. They haven't been involved in any service work beyond the group level, so there has been no opportunity to learn how to solve problems from our district or area resources. Although it's unfortunate that this meeting is struggling, it serves as a prime example to me of just how important service work is. Without being connected to the links of service, a group can become unhealthy. I am reminded of our 4<sup>th</sup> concept: participation is the key to harmony. I hope that there are a few committed members, who have enough program behind them to know that they can turn this group around. As their DR, I am committed to help them however I can. I know this experience has the potential to be a growth experience for everyone involved.

By Kim M., DR District 16

- **District 17 DR Report**

Even as I write this out I know I will not be at the Assembly. Grounded by The Common Cold.....

Could I ask that all GR's from District 17 stand.....

This past year I have seen District 17 grow in numbers as well as Service Opportunities. We have come together and staged not only an AWSC meeting and an Assembly, but also a number of Workshops---the latest was last Saturday and it was on Conflict. We put on a Pancake Breakfast every year that is a “must not miss” on many people's schedule. We have our upcoming Spring Fling which is coming up on the 18<sup>th</sup> of April...flyer's on the website. These are all activities the GR's are so hugely involved in. They attend the District Meetings where we make many of the decisions that are a part of these events; they serve on the committees; they pass the “sign-up sheets” at their meetings. They bring back their groups input to the District for discussion and resolution. They announce the events and encourage the members to come and have fun and learn.

We have a Public Outreach Committee that is innovative and moves forward with some really serious Abundant Thinking. We are a team and it takes all of the team for it to function smoothly. We have reached out to rehab centers, schools, professionals and the media. We have tear-offs in English and Spanish in local libraries as well as the used book store and Fred Meyer. We are allowing people in Greater Clackamas County to find us by being visible to those who are still hurting.

We have had a monthly District Meeting for 27 months now. Most likely I will attend the next nine as well. In that time, I look forward to interacting with these GR's until it is time to choose a new District Representative. Perhaps it will be one of you?

Thank you all for allowing me to be the District Rep of the BESTEST DISTRICT in the Area!!!

Barbara L., DR, District 17

### **Upcoming Events:**

- SSM May 29-30, 2015 Bend OR
- AWSC Meeting, June 20, 2015, St Mary's Catholic Church, 728 Ellsworth St SW, Albany OR
- AA International, July 4, 2015, Atlanta, Georgia
- July Assembly, July 18, 19, 2015 Alder Creek Middle School, 13801 SE Webster Rd, Milwaukie, OR 97222
- AWSC Meeting, October 17, 2015, Roseburg, OR
- November Assembly, **Note Date Change to Second Weekend**, November 14-15, 2015, Eugene, OR

**Donation:** Ruby W., District 14 presented a check for \$300.00 to Pam M as a donation for the SSM.

**MEETING ADJOURNED:** by Chair Rita B. with the AI-Anon Declaration.

Respectively submitted, Val V., Area Secretary

## **AIB Questions**

**AIB # 1** As I understand it, we use Knowledge Based Decision Making (KBDM) in AI-Anon. If a decision is made without the use of KBDM, can we revisit it? What is the protocol/process for revisiting a decision?

**Answer:** Yes. See page 68 in the AI-Anon/Alateen Service Manual, and for a more detailed explanation, see the 2008 World Service Conference Summary, available on the Member's Website. Give your written questions to your DR to be brought up in the next AWSC/Assembly.

**No motions were made during this Assembly.**

