

Oregon Area Al-Anon/Alateen

Communicator

June 2017 Issue

Upcoming Events		
Jun 17 8:30AM - 5PM	AWSC Area World Service Committee	Gilham Community Church 3633 Gilham Rd, Eugene, OR 97408
Jun 24 th 9:30am noon	Westside Service Manual Discussion Group	13885 SW Meridian St. #217 Beaverton, Oregon 97005 (Private Residence)
Jun 30- Jul 2	Summerfest	Valley River Inn, 1000 Valley River Way, Eugene, OR
Jul 1, 9:30am noon	Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)
Jul 14 7:30pm- 8:30pm	Friday Night Sharing Meeting	Oregon City Elks Lodge 610 McLoughlin Blvd., Oregon City, OR 97045
Jul 15 - 16	Oregon Area Assembly	Oregon City Elks Lodge 610 McLoughlin Blvd., Oregon City, OR 97045
July 22 1pm – 3pm	Quarterly Service Manual Study Group	Eugene Literature Depot, 1253 Willamette St., Eugene – alley entrance
July 22 9:30am noon	Westside Service Manual Discussion Group	13885 SW Meridian St. #217 Beaverton, Oregon 97005 (Private Residence)
Aug 5 9:30am noon	Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)
Aug 26 9:30am noon	Westside Service Manual Discussion Group	13885 SW Meridian St. #217 Beaverton, Oregon 97005 (Private Residence)
Sept 2 9:30am noon	Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)
Sept 23 9:30am	Westside Service Manual Discussion	13885 SW Meridian St. #217 Beaverton, Oregon

Upcoming Events		
noon	Group	97005 (Private Residence)
Oct 7 9:30am noon	Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)
Oct 14	AWSC Area World Service Committee	Tualatin United Methodist Church 20200 SW Martinazzi Avenue Tualatin, OR 97062
08/04/06	OAC, Oregon Alateen Conference	Molalla Retreat Center, 36208 S. Molalla Forest Road, Molalla, OR 97038
Nov 3-4	NW TEAM 2017 www.nwteam2017.org	Holiday Inn Portland Airport 8439 NE Columbia Blvd. Portland, OR
July 6-8, 2018	Al-Anon's International Convention	Baltimore, Maryland

For additional information on these events go to:
<http://oregonal-anon.org/events.html>

If you would like an event listed in the Oct. issue of the Communicator send an email to:
communicator-@oregonal-anon.org by the Oct. 1st deadline.



Personal Photos

Do you have a personal photo you would like to share in the Communicator when there is space?

Please send your photo to: communicator-@oregonal-anon.org by Oct1, 2017. Please be sure to put "Communicator" in the subject line.

Delegate Delivers.....

Happy end to spring and welcome summer! I have to admit that I love all the seasons, but my very favorite is summer. I like being warm. I like seeing smiles on most people's faces, not grimaces or frowns or eyes down.

I'm back from Virginia Beach and want to say thank you in so many ways to all of you! You are the reason I get to go. You financially support me going, you share your voice with me so we can be heard, you spiritually support me with the cards and prayers I receive while I am away. **Thank you. Danke, Gracias, Merci, Mahalo, Toda, Takk.** Thank you in many languages.

This year's conference was amazing once again. I didn't have the same experience as last year because I was more confident, more comfortable in my own skin. I shared many times at the microphone and asked questions that members had given me to ask.

I have the update regarding what the conference decided to do with the **Prayer for Today** on the bookmark and in How Al-Anon Works. I will announce that at AWSC (on June 17th) and then everyone will know. If you don't hear about it by the end of June, please email me and I'll be happy to get back to you. Your GR and DR should have my email address.

What I found in the process of getting your ideas about this topic is that you want to share your thoughts on topics. You want to be heard. I can so appreciate this principle. Growing up being affected by alcoholism, that was one of the things I was told – you're to be seen, but not heard.

Other topics of interest were the skits and workshops on **Spirituality in Money**. So many of us have been affected by money in this disease, yet, we don't want to talk about it. It's kind of like sex, we know everyone's been affected, we just aren't comfortable talking about it.

A **new focus is coming** from the World Service

Office. They are redirecting us to our roots when we have a problem or situation that needs to be addressed. Instead of getting a hold of the WSO when you don't think someone is doing something right – they're asking us to use the tools in our program to resolve the issue. I have a workshop I'm hoping to do at the July Assembly that shows us how to use this model in a practical sense. The WSO doesn't want to be the ending place for all answers. The answers are within our tools and the most important people in our program, us.

I hope you all are enjoying some sun, some relaxation, some breathing room. I hope to see you soon at the July Assembly in Portland. There is a lot of information to share with you.

Sincerely,
Cindy,
OR Delegate, Panel 56



Al-Anon is now on Twitter in Spanish & French

Al-Anon is now on Twitter in Spanish and French. Members are invited to follow and retweet and 'like' our tweets (posts). Please remind members to protect their anonymity on social media by not making comments or using screen names that would reveal their Al-Anon membership, e.g. @alanonbob.

Spanish: [AlAnon_OSM \(@AlAnon_OSM\) | Twitter](#)

French: [AlAnon_BSM \(@AlAnon_BSM\) | Twitter](#)

If you have any questions, please send them to Beth Rodriguez, Social Media Specialist, beth@al-anon.org.

Thank you for participating in this Public Outreach project!

This announcement is informational only. Al-Anon does not endorse any specific social media provider.



Greetings to Oregon Area

First, thank you Donelda for the reminder for the deadline for the Communicator. I get so caught up in my life, I am always grateful for the “nudge” to get going on my responsibilities. I have always been committed to doing the best I can, in any job I have done, in service to Al-Anon Family Groups. Again, in this job, as Area Chair, I find I do fall short of perfection...because I am not perfect. On the other hand, being an expert at this job was not required when I stood for this position. Being willing, committed and being responsible was. As a benefit, I get to grow by using the gifts that God has given me, being reminded of my strengths and acknowledging my fears. Then I get to walk through those things that are uncomfortable and still stay committed to the principles of the program and to myself. Over and over I am reminded I don’t have to be perfect, just do the best I can. I also know when I am struggling to ask for help, from my higher power and from other members. So again, thanks for the nudge.

As I work on putting together an agenda for the AWSC, there are many topics I am excited to hear discussed, like information about the possibility of liability insurance for groups, and exploring the option of a new Tech position for the area, a person to help with all the techie stuff... microphones, computer, etc. I am looking forward to hearing from our Delegate about World Service Conference week. There are always new ideas to present, familiar and new topics, making them more easy to understand and usually fun, therefore giving us more knowledge on items that are effecting Al-Anon as a whole. When I think of topics that challenge me, I am always reminded of page 149, in *Paths To Recovery*, under Tradition 2, about the six answers and the feeling behind them, to any question when brought forth for discussion.

Answer	and	Feelings
1. Yes		Agreement
2. No		Disagreement
3. I don’t know		Ignorance
4. I don’t care		Confusion
5. I don’t want to talk about it		Resentment
6. I don’t want you to talk about it.		Anger

Anyone is always welcome to come and listen at AWSC and every Group Representative has voice at Assemblies as we take part in discussions. Hope to see everyone there in July.

Bunny G
Oregon Area Chair



District 4 Report

District 4 is located just north of Eugene and south of Portland Metro. Both are just a short drive away from each other. It covers Marion and Polk Counties. We even count the State’s Capitol as one of our many communities. We have 20 meetings including Alateen, Newcomers and three Spanish-speaking.

Last month was an annual event we have with AA – Soberfest. Our speaker was Nancy B. from Denton, TX. We also had workshops and presentations along with a meeting for Alateens. Come and join us next year!

We are also busy planning Oregon Area’s November, 2017 assembly. This is the one we try to do in conjunction with AA and their assembly. I am sorry to report that, once again, we won’t be able to meet at the same location. But, I can report that we were successful in what we hope is the next best location. We have found a location across the street and a short walk to the other side of the freeway. It is a nice location with easy freeway access for all of our travelers. We are still working with AA and hope to do as much as we can with them. Even our own Judy J. has graciously agreed to be the luncheon speaker at AA’s location.

District 9 Report

To date we have 13 meetings that are active in District 9. Bill W, District 9's treasurer, and I have made a concerted effort to go to all of the meetings every 3 to 4 months. And we have done pretty well at accomplishing this, although this last time through we met up with some bumps. Out of the first three meetings that we visited, two were not where we thought they were. Turned out, one had moved to a new location and one had decided that week to move from Tuesday night to Sunday afternoon. Neither has a GR and didn't think of contacting the district. Kate, our Area's Group Records Coordinator, and Regis, our Website Coordinator, did a great job fixing the schedules on both the WSO and the Area sites. My lesson was that I need to do a better job of educating the groups. Out of 13 groups we have 8 GR's and two more are thinking about becoming GRs so the district is coming together. We have a new AMIAS and two more are in process.

District 9 will be putting on the October AWSC on October 14, 2017. It will be at the same location as the February AWSC, the Tualatin United Methodist church.

District 9 is participating with District 10, 11 and 17 in the Public Outreach Tri-Met bus ad campaign. We have had a good response from all of the groups and have raised over \$600.

Respectfully submitted,

Mary W.
DR, District 9



The Forum still needs more sharings!

We remain very short on sharings about the three Legacies—especially about Steps Five through Twelve, and all Twelve Traditions and Concepts of Service. Also needed are sharings from Canada and from Alateen members.

LITERATURE CORNER

I love our literature and it is all written by members! So much of my recovery has been through our literature. Our WSC has approved new books and pamphlets.....but we have to write them. I have heard many good sharings in the meetings I sit in. Those stories are the ones we need to write and send to WSO. WSO is always in need of writings/sharings. Especially for a new "inclusive" Daily Reader, "Intimacy in Alcoholic Relationships" and "Parents and Grandparents of Young Problem Drinkers."

HERE IS AN EASY WAY TO SEND YOUR SHARINGS TO WSO:

- Go to the members website. (use group name, followed by afg for the password)
- Click on "individuals"
- From the drop-down box click on "Featured Publications"
- All sharing sheets are there, choose one
- Fill out the form and type away
- From the drop-down box find and click on "Send Your Sharing"

You can also request our Literature and/or Forum Coordinators to come do a writing workshop at your meeting or district. GO OREGON, LET'S CONTRIBUTE TO OUR NEW LITERATURE!

2017 ALATEEN'S 60th BIRTHDAY

WHAT IS YOUR GROUP DOING TO CELEBRATE?

- Chair meeting using Alateen Literature
- Donate Alateen Literature to an Alateen Meeting
- Send Alateen Literature to OAC (Oregon Alateen Conference)
- Invite an Alateen to speak at your meeting
- **SHARE YOUR IDEAS IN THE NEXT COMMUNICATOR**

Judy J
Literature Coordinator

District 10 DR Report

For the March Assembly in Astoria a group of GRs rented a house at the bay. What a fun time this was! We hope there is another chance in our term to rent a house as a group again.

The District 10 business meetings have continued to be well-attended. We have been a little busy and the budget was placed on the back burner for months. The budget was finally approved in May and in that budget there were four half scholarships donated to OAC for their 60th anniversary. There was also some money set aside as small scholarships if a group doesn't have the funds to fully pay for sending a GR to Assembly. This is not intended to cover all their expenses but to assist. For instance, a new group, a male GR, ... this is a trial and there may be adjustments or it may be eliminated in the future. Nearly all GR's reported attendance at their meetings have been on the rise.

The newcomers' meeting in District 10 has traditionally had different groups throughout the District sign-up to chair a meeting. The rotating GR for the Westside newcomers meeting sent around a sign-up sheet at a district meeting and GR's were hollering out what meeting their group wanted. This was incredible to watch the groups work together to assure the meeting is chaired and the rotation of leadership continues.

In a joint district bus campaign, we are in the final stages of preparing to launch the completed project. Thank you to all our individual members who have donated, to all the groups who have participated, to our local AIS office and to the Oregon Area Assembly members. Each of you have participated in making this a reality. What we know as of today is WSO approved our artwork and that the signs are in the process of being made. Until we have a final total on the money collected and if any grants were approved we cannot be sure how many signs or for how long they will be displayed. For now, there will be at least 37 signs, 27 English, 5 Spanish, and 5 Alateen signs "Does somebody drinking bother you" displayed on the

back of buses that run routes from Forest Grove to Gresham and from North Portland to Wilsonville through the month of August. Once the signs are complete and paid for, if the buses are not in use, then our signs will go up early at no charge. The same will be at the tail end, if no one has purchased the space then our signs will stay up. This has been an amazing use of our links of service.

District 10 continues to supply local food banks with pamphlets. We hope to place more pamphlets in School Based Health Clinics this year.



**Cuando usted no sabe
a quién acudir...
porque alguien
bebe demasiado...**

Grupos de Familia Al-Anon le pueden ayudar.
al-anon.org • 503-916-9913



**When you don't know
where to turn...
because someone
drinks too much...**

Al-Anon Family Groups can help.
al-anon.org • 503-292-1333



**When you don't know
where to turn...
because someone
drinks too much...**

Alateen can help.
(Alateen is part of Al-Anon Family Groups)
al-anon.org • 503-292-1333

District 11 report

Hi everyone, I'm excited to be the new District Representative for District 11! I stepped into the District Representative service position 9 months ago, September 2017.

There are currently 8 Group Representatives and 12 active meetings in District 11. Several groups also have an active Alternate Group Representative who attends district meetings and assemblies, as needed, to help keep their group connected when the GR is not available.

This year, our annual Chili Cook-off fundraiser will be held in autumn instead of spring; we hope to have flyers available at the July assembly.

In January we surveyed members about the Prayer for Today, using information from the 2016 World Service Conference Summary. Many members commented that they appreciated being asked to share their thoughts.

We also surveyed members to see what project they would most like to be a part of at the district level in 2017. From the results, we are working to start a 12 legacies meeting and to host a 'meet the district' event before one district meeting this year.

A couple of representatives are exploring Alateen and have a school in mind to develop a relationship with. We are looking for District 11 members interested in becoming an Al-Anon Member Involved in Alateen Service (AMIAS) to actively be an Alateen sponsor.

Groups in District 11 have been overwhelmingly supportive of the TriMet public outreach campaign. Many groups took extra collections specifically for the project and some even chose to host an event. Two such events were a dessert social and a garage sale held to raise funds for the project.

Our district meetings are held on the 3rd Thursday of each month from 6:30pm-7:30pm. We have restructured our district meeting format slightly to

allow time for everyone to share their present concerns at the beginning of the meeting and a reflection of their experience at the end of the meeting.

We are also using a system of sharing in rounds some of the time to make space for everyone to speak and be heard. We would love to see you there!

With love and in service,

Amy D.



We are District 6

Service Oriented *Passionate*
29 Meetings *Welcoming* Creative **MEN'S MEETING**
Alateen **Literature Depot** **PUBLIC OUTREACH**

When I think of District 6 (Lane County/Eugene/Springfield), I think of the hundreds of people I have sat in meetings with over the years. The tears and the laughter, the support and guidance and friendships that will last a lifetime. I think of the love and passion of the people who have come together to lift each other out of the depths of despair and grief. We come together to battle the deadly disease of alcoholism. With gratitude for the gifts of the program we freely share these gifts with those who are ready. We also share the many ways we experience the love of our Higher Power. District 6 is about people recovering together through the literature and living life to the full through the 3 legacies of steps, traditions and concepts.



DISTRICT 17 REPORT

District 17 includes part of Clackamas County east of the Willamette River and includes Milwaukie, the town of Willamette and town of West Linn.

Currently, we have 20 meetings, which includes 2 Alateen meetings and 1 Spanish-speaking meeting. We have a very active Alateen sponsor, Cathy C., who has followed up with the schools that requested Alateen literature and the district has paid for books to be distributed to schools that request them.

A couple of the schools would like to have Alateen meetings on site and we need to have more sponsors for that to happen. Also, insurance is being requested for the Alateen meetings, which we hope will be available this year.

There are presently 13 group reps and most attend our District Meetings. Our Newcomers' Meeting is before a regular Monday night mtg. Our groups sign up to rotate responsibility to facilitate the meetings with many having speakers to share on various topics, Steps, Traditions and Concepts. We have an AA liaison who attends local AA meetings and distributes our flyers and brings back news about what they are doing. Our liaison is currently meeting with AA's District 15 to put together a joint activity. The District held a couple of writing workshops which were facilitated by the Forum Coordinator, Lainey, in support of WSO's request for writings for the new publications.

The district had its annual Spring Fling fundraiser for the AIS office on April 22nd from 10am-12 and was a huge success. We raised approximately \$1300. The theme was on AIS and Speakers from the AIS office shared more about the AIS office as well as their personal stories.

As part of Public Outreach District 17 has joined District 10 and the other districts of Portland to do a bus campaign which starts in August and possibly before. The district donated a large sum from their treasury and the groups contributed separately. This campaign was supported with great enthusiasm by everyone.

Northwest Treatment Centers requested that our district provide Al-Anon speakers to talk at their facilities every 6 weeks. It is a great opportunity for us to carry the message to a group of people who do not know Al-Anon and leave information about the program.

Our district also sponsors a Service Manual book study on the 1st Saturday of every month and is informative and well attended by many members from various districts of Al-Anon.



Recovering Through Service

My first venture into service came about through my ability to read someone's mind! I was sitting across the room from the Group Representative (though I didn't know what that meant at the time). She was making an announcement that the Intergroup employee could use help taking inventory of pamphlets and books. Of course, I knew by the way she was looking at me that she was speaking directly to me. I always aim to please, so I raised my hand and said I'd do that.

I went into the office a few days later to start my "service." As I was counting pamphlets, I stopped to read a lot of them. I was particularly struck with the Alateen pamphlets because they described exactly how I had felt growing up, making me wish I had known about this sooner. Reading those pamphlets led me to become an Alateen sponsor where I was able to learn more about myself interacting with the teens in the group.

Through the years I have held many service positions that all have one thing in common – I received more than I gave! Each act of service provided me an opportunity to know myself better, to learn new skills and to have fun, something I had not allowed myself growing up.

When I think "service" I don't think of what I can or can't do, but how much I want to recover.

Mary Lynn J.

“Filling our Recovery Toolbox” 2018 State Speakers Meeting

There has been some incorrect information floating around. Just a reminder there will not be a 2017 State Speakers Meeting. The next SSM will be April 20th-22nd, 2018, in McMinnville at Patton Middle School. This will be a weekend of fun for Al-Anon & Alateen members across Oregon hosted by District 10 & 15. The SSM acts as a fundraiser for the Oregon Area Al-Anon. If you're interested in participating or donating to the State Speakers meeting please contact us at the addresses below.

Please save the date, April 20th-22nd, 2018, to come join other members for this weekend of fun and fellowship “Filling our Recovery Toolbox.”

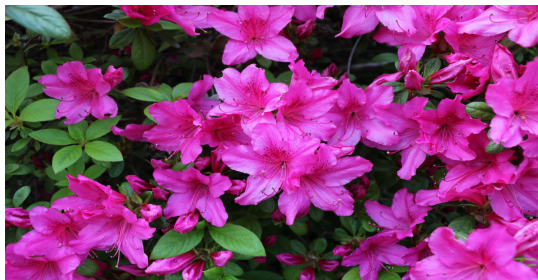
We will be raffling a beautiful lap quilt specially made by one of our grateful members in Eastern Oregon at the July Assembly. There will also be lanyards, toolboxes and slogan signs for sale to support the 2018 SSM.

A little birdie told me that they are trying to bring a wonderful speaker from WSO to be our Al-Anon speaker and workshop presenter. Still a rumor but a really exciting one.

e-mail: ssm@Oregonal-anon.org

Please mail donations to:
SSM
P.O. Box 921
Tualatin, OR 97062

Hope to See You at the SSM,
Deanna M.
2018 SSM Chairman



How Service Has Aided My Recovery

An Al-Anon friend and I started a new meeting in December 2015. This created some exciting and scary feelings! Would we have a successful group? Would anyone come to the meeting? Lots of questions!

For the first year we met at a member's home. There were usually four or five of us. Small, but okay. In 2017 we decided a move was in our future – to a location other than a member's home. Within a few weeks after the move our group size increased – we're now twelve to fifteen members! We have our struggles – some of our new members are in AA and are “learning” how to keep our program just Al-Anon. We have newcomers often! One of them asked me to be her sponsor! Wow! I've been in program for ten years and have been yearning for a sponsee. Life is a gift. Al-Anon has helped me learn to live that “gift.”

Caralynn W



BINGO CARDS

Is your group playing BINGO with our Literature? All groups have a chance of winning a large basket of Al-Anon Books for your group. All you need to do is submit a BINGO card to the Fellowship Communication Action Committee before, or at, the November Assembly. A winner will be drawn from all the cards submitted at the November Assembly. BINGO cards and directions are available at AWSC and Assembly meetings. Or you can download them from our Oregon Area Web Site under documents. REMEMBER: There are 2 different BINGO cards, one for our books and another for our pamphlets. AND YOU CAN ENTER AS MANY BINGO'S AS YOU CAN.

Celebrate Al-Anon's 66th Anniversary

This month marks Al-Anon's 66th anniversary. Celebrate this milestone by listening to what Al-Anon was like in the beginning. The Lois W. and the Pioneers Audio Interview was recorded in June 1982 with Lois W. (Al-Anon's cofounder), Henrietta S. (the first General Secretary of the World Service Office) and Margaret D. (the first Editor of The Forum). It is now available as a free audio MP3 download on the Members website. This 110-minute interview includes much more information than the 22-minute DVD version. To listen, take these steps:

- Go to al-anon.org/members. Enter your group name, followed by AFG as your password. (Example: Easy Does It AFG or mondayafg).
- Click on "WSO" on the home page choices.
- Click on "Inside the WSO."
- Click on "History of the WSO and Al-Anon."
- Under "Archives," click on "Lois W. and the Pioneers Audio Interview."



Live and Let Live Group

The Live and Let Live Group meets every Friday at noon in the back room of the Alano Club in North Bend. We have been having good turn outs with about 12 to 14 attending each week. So that is great news. We usually pick a topic from Courage to Change each week, but the first week of the month we read a step corresponding to the month from the Paths to Recovery book. Business meeting is the last Friday of the month. Just elected Hank B. to be the literature person to order books for the group. We usually get slightly used or new books and sell at no cost to the group members. So if anyone is needing a book, come to our meeting and you can purchase books after the meeting.

If you have any questions, you can call me Ronni J at 541-260-1323.

Have You Ever Sent In A Writing To The Forum?

I sent my first one about 8 months ago and a portion of it was recently published. How cool this was to open the Forum and see it. Just as exciting has been all the e-mails and text messages I have received from members who read it, congratulating me on being published. If you haven't written, do it! Al-Anon literature is written by Al-Anon members like you and me.

Anonymous



Alateen Talk

Sample sharings from previous issues of Alateen Talk are posted on the WSO's Al-Anon/Alateen Public Outreach web site and Areas/local web sites can link to them:

English: al-anon.org/alateen-talk

French: al-anon.org/tribune-alateen-pdf

Spanish: www.al-anon.org/alateen-para-ti



Group Representative Reports Due October 1st

Please send your report to: communicator-@oregonal-anon.org by Oct 1, 2017. Please be sure to put "Communicator" in the subject line.

Event Flyers

If you have an **event flyer** you would like to have published in the *Communicator*, be sure to read the flyer guidelines, and how to submit, in the Oregon Area Handbook http://oregonal-anon.org/handbook/Handbook_section_6_Nov_30_2012.pdf.

When submitting the flyer to the flyer approval committee (flyer-approval-committee@OregonAl-Anon.org), be sure to state that you would like it in the *Communicator*, as well as the website.

Together we can make it



CELEBRATE 60
YEARS OF ALATEEN

ALATEEN
AND
AMIAS
WORKSHOPS

CAKE

SPEAKERS

FOOD AND
FELLOWSHIP TO
FOLLOW

JUNE 24, 2017

1:00PM - 4:30PM

A DAY WITH ALATEEN

All members of Al-Anon and Alateen are welcome!

GET DIRECTIONS: Cantrall Buckley County Park

154 Cantrall Road, Ruch, Oregon, 97530.

On the Applegate River, 8 miles west of Jacksonville via Hwy 238

Campsites are available. \$5.00 day use fee.



Al-Anon/Alateen Family Groups

Hope for families and friends of alcoholics

SPONSORED BY
DISTRICT 7

TUESDAY NIGHT
ALATEEN

Questions?

Leanne (541)531-2409

or

Linda S. (503)409-5114

OREGON AREA AFG ASSEMBLY

Saturday & Sunday, July 15-16, 2017

Oregon City Elks Lodge 1189

610 McLoughlin Blvd., Oregon City, OR 97045



Splash into Service

DISTRICT 17 INVITES ALL AL-ANON MEMBERS TO "GET YOUR FEET WET."

All Members Welcome - Group Representatives Vote

Saturday, July 15th: 8:30 am to 5:00 pm

Sunday, July 16th: 8:30 am to 12:00 noon

For additional Information, Contact: Brenda G.

Email: District-17@Oregonal-anon.org

Phone: 415-577-7163



Directions from South: On I-5N, Take OR-43, **EXIT 8**, toward West Linn/Lake Oswego. Turn right onto Willamette Dr/OR-43. Turn right onto Main St. Take 1st right onto 6th St. Turn right onto McLoughlin. Elks Lodge is on the right.

Directions from North: On I-205S, Take **EXIT 9**. Use the left 2 lanes turn left onto OR-99E S/McLoughlin Blvd.

Friday Night Sharing Meeting hosted by Serenity Trails AFG

7:30pm-8:30pm at the Elks Lodge.

Lodging and restaurant information on reverse.

Lodging Information:

- **Comfort Suites** (8 minutes from Elks Lodge)
15929 SE McKinley Ave., Clackamas, OR
503-723-3450
15 rooms with 2 queen beds - \$130/night plus 7.9% tax
5 rooms with 1 king - \$120/night plus 7.9% tax
Ask for AFG Block when making reservations. Continental breakfast is included.
- **Clackamas Inn** (9 minutes from Elks Lodge)
16010 SE 82nd Ave, Clackamas, OR
503-650-5340
2 queen beds - \$129.00, with tax \$139.06
1 king bed - \$119.00, with tax \$129.00
Continental breakfast is included.
- **Econo Lodge Southeast** (Short trip to Elks)
17330 SE McLoughlin Blvd., Milwaukie, OR
2 Queen Beds - \$116
2 Queen Bed Suite - \$126

Eateries in and near downtown Oregon City

Caufield House 8:00am-8:00pm
723 Main
Renee's on Main 6:30am-4:00pm
1003 Main
Mi Familia Noon-10:00pm
701 Main
Don Pepe's 11:00am-10:00pm
705 Main
Pho Thi 11:00am-8:00pm
716 Main
Yvonne's Breakfast/Brunch
818 Main
McMenamins 11:00am-1:00am
102 9th St
Ingrid's Scandanavian/Korean Noon-6:00pm
209 7th St
New Hings Noon-11:00 pm
527 Main
Coffee Rush, 900 Main Dutch Bros, 1002 Main

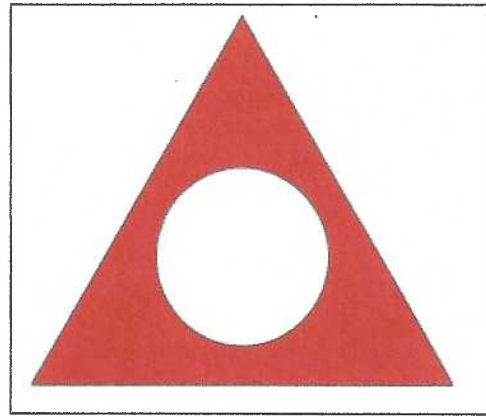
Up the 7th St. Hill.....

Super Torta Saturday Only 9:30am-9:30pm
701 Washington
Singer Hill Café 6:30am-4:00pm
623 7th St.
Mike's Drive In 10:00am-10:00pm
905 7th St.

Further up on the Hill.....

Bugatti's 11:00am-9:00pm
334 Warner Milne Rd

**Save
The
Dates**



August 4th, 5th, & 6th, 2017



***Alateen's 6th*
Oregon
Alateen
Conference**

To Be Held At:
Molalla Retreat Center
36208 S. Molalla Forest Rd.
Molalla, OR 97038

Contact:
Ezra D. (971) 244-2193
Cathy C. (503) 367-0795

Oregon Area AWSC Meeting

Hosted by District Nine

Date: Saturday, October 14, 2017

Time: 8:30 am – 5:00 pm

Location: Tualatin United Methodist Church

20200 SW Martinazzi Avenue

Tualatin, Or 97062

Continental Breakfast Provided

Potluck Lunch

This meeting is held to discuss Oregon Area Al-Anon business.

All Al-Anon and Alateen members are invited to attend.

Only Oregon AWSC members will have a voice and vote.

For further information contact:

Mary W at (503- 504-0046)

E-mail: maryloisdistrict10@gmail.com