

## Oregon Area Al-Anon/Alateen

# Communicator

February 2018 Issue

Upcoming Events			Upcoming Events		
Feb. 17 8:30AM – 5 PM	AWSC Area World Service Committee	20200 SW Martinazzi Avenue Tualatin, OR 97062	Apr 20	<a href="#">2018 State Speaker Meeting</a> -Filling Our Recovery Toolbox	Patton Middle School 1175 NE 19th Street, McMinnville, OR 97128
Feb. 24 5:00PM- 8 PM	<a href="#">District 10 Spring into Recovery Fundraiser</a>	St. Cecilia Catholic Church Fellowship Hall 5120 SW Franklin Ave Beaverton	May 05 9:30am noon	Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)
Feb. 24 9:30 AM- Noon	Westside Service Manual Discussion Group	13885 SW Meridian St. #217 Beaverton, Oregon 97005 (Private Residence)	May 12 1 PM - 3PM	<a href="#">District 4</a> Oregon Area Delegate Report	Rolling Bagels Bakery 1824 Lancaster Dr NE, Salem, 97305
Mar. 3 9:30 AM- Noon	Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)	May 26 9:30 AM- Noon	Westside Service Manual Discussion Group	13885 SW Meridian St. #217 Beaverton, Oregon 97005 (Private Residence)
Mar 10 1 PM - 3PM	<a href="#">District 4</a> Forum Writing Workshop	Rolling Bagels Bakery 1824 Lancaster Dr NE, Salem, 97305	Jun 2 9:30am noon	Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)
Mar 16 6:30 PM- 8 PM	Assembly Sharing Meeting	Phoenix High School, 745 N Rose St, Phoenix, OR 97535	Jun 16 8:30AM – 5 PM	AWSC Area World Service Committee	Oak Grove United Methodist Church, 14700 SE Rupert Dr, Oak Grove, OR 97267, USA
Mar 17 8:30 AM- 5 PM Mar 18 8:30 AM - Noon	Oregon Area Assembly	Phoenix High School, 745 N Rose St, Phoenix, OR 97535	July 6-8, 2018	<a href="#">Al-Anon's International Convention</a>	Baltimore, Maryland
Mar 24 1 PM - 3PM	<a href="#">Quarterly Service Manual Study Group</a>	Eugene Literature Depot, 1253 Willamette St., Eugene – alley entrance			
Mar 24 9:30 AM- Noon	Westside Service Manual Discussion Group	13885 SW Meridian St. #217 Beaverton, Oregon 97005 (Private Residence)			
Apr 07	<a href="#">District 4</a> Al-Anon Service Manual Workshop	14911 SE Woodland Way, Milwaukie, OR 97267 (Private Residence)			
Apr 14	Update from Area Literature Coordinator	Rolling Bagels Bakery 1824 Lancaster Dr NE, Salem, 97305			

For additional information on these events go to:  
<http://oregonal-anon.org/events.html>

If you would like an event listed in the Feb. issue of the Communicator send an email to:  
[communicator-@oregonal-anon.org](mailto:communicator-@oregonal-anon.org) by the Feb. 1<sup>st</sup> deadline.



### District Representative's Reports Due June 1st

Please send your report to: [communicator-@oregonal-anon.org](mailto:communicator-@oregonal-anon.org) by Jun 1, 2017. **Please be sure to put "Communicator" in the subject line.**

## From the Chairperson

I have been asked to share on my current job as Oregon Area Chair. I became willing to step in when our chair stepped down. This is my second time at this job and realizes that I have grown a lot between my first time being chair [1995-1997] and now.

According to our handbook the following skills were suggested: leadership, facilitating meetings in an orderly manner [don't laugh...sometimes it happens] and a basic understanding of Robert's Rule and Parliamentary Proceedings. [I still work on the Roberts rule stuff] I believe, thanks to Al-Anon and the years of serving this program, I have developed some leadership skills. However, I always striving to be better at any job I take on with an added bonus of learning something new about myself. Read Concept 9 about leadership in the Service manual.

I was reading some of the introduction to The Concepts, in our Service Manual, and was reminded that good leadership begins with creating a good relationship with those who I work with. We have a great panel of AWSC members who love the program and work hard at their jobs. I am honored to work with all of them...what a gift. I have tried to be a better listener, by not reacting but by responding after taking time to THINK and to have as much open communication as possible. Officers have been meeting prior to AWSC and Assemblies to discuss ongoing or new topics and now we are trying to have conference calls, hoping to have communication once a month between events. So far we had one in December and one in January. No decisions are made, just a lot of good discussion.

I love the fact that the agenda is not put together by one person but by all AWSC members. It is a WE program. My job is to try to get through the material during the one day AWSC or the day and a half assembly weekend meeting. I am still learning to be flexible when the topic might need a little more time or we have to move things around. I do believe in starting the meeting on time and

have been known as someone who wants to work through lunch. There is so much information, and so little time.

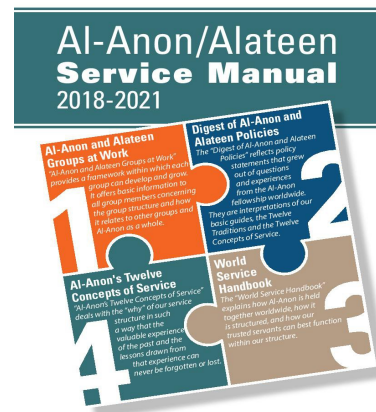
You can read some of the responsibilities of being chair in the Area Handbook on the Oregon web site. I don't need to list them. I do review this description often just to see how I am doing. I am not perfect but try to do the best I can.

Bottom line is I love serving this program in whatever job I do. If you are a current District Representative(DR) or a past DR consider standing for this great job. You can have fun and make wonderful friends for life. Thank you for allowing me to serve. P.S. The chairperson has no vote at AWSC meetings and Assemblies, and voices no opinions. That is hard.....but good for me.

Bunny G  
**Area Chair**



## New Service Manual is Now Available



The English printed version of the [2018-2021 Al-Anon/Alateen Service Manual \(P-24/27\)](#) is now available for purchase!



## **Please Stop Excusing Newcomers from Business Meetings**

I just wanted to share the Experience we had at the Business Meeting of the New Meeting that will formally be starting this coming Wednesday the 7th of February at the Newberg Hospital in the Sherwood Room from 7-8pm. Please come join us if your able.

I was contacted by a few members in District 15 that wanted to start a new meeting, with a new member focus to it. They were given my phone number because District 15 currently doesn't have a DR. At the end of last week we sent in the GR 1 form to Dawn B. (our Oregon Area Group Records Coordinator) who did her part of the registration process and retrieved us a WSO number within 48 hours. Next Regis (our Oregon Area Web Site Coordinator), Portland AIS, and WSO had all added the meeting to their respective websites. This part becomes extra special in a minute.

I talked to the couple starting the meeting and we decided to have the first meeting be Feb. 7 and to have a business meeting as the first meeting to discuss logistics. We sent e-mails out to everyone we knew in the area encouraging input at the business meeting.

Tonight we met for that business meeting. TEN people showed up. We decided to go around the room and asked what people felt should be considered. On the second person she said this was only her 3rd meeting and she thought this was a new comers meeting. We explained and encouraged her to stay. She did. Then we made it to the 7th person. She said this is my very first meeting, she saw it on the website and showed up. She stayed the whole meeting. Both of our new comers partook in the conversations and voted on what would be best for the group. One asked about contacts to call and helped come up with a system.

We had discussed how to end the meeting. We chose to end with the declaration even though some had mentioned ending with the serenity prayer sent a new member off knowing we could

"have the wisdom to know the difference". When we were done we did the Declaration and the gal that had been there twice said are we going to say the Serenity prayer now. We all voted we would end with both the declaration followed by the serenity prayer. How terrific to have these newcomers voices help us structure the meeting. I really feel they will both be back. They felt like such a part of the group already.

I am just awestruck that we had an hour long business meeting with two newcomers and neither tried to leave. I can't say how thankful I am to Dawn B, Regis, our Portland AIS office, and WSO for completing the forms to put this on the website to allow the one newcomer to walk through the door.

Deanna M  
District 10 DR

UPDATE: I wanted to report back on how the official first meeting went.

We had 14 people attend. 10 of which had been in program less than a year. The two newcomers that came last week came again this week. Yahoo! There were 5 additional new comers. It was amazing. A great meeting and the time and location must have been perfect for what this area needed.



### **FELLOWSHIP COMMUNICATION** **CAL BOOKMARK CHALLENGE - 2018**

Fellowship communication has another literature challenge for your groups. You can win more literature for your group by entering this contest. We have made bookmarks. All you do is chair a meeting using one of these chosen books or pamphlets, circle the CAL you chaired on and return the bookmark at (or before) the March Assembly. There are 3 bookmarks: the first bookmark is due at the March Assembly. You can make copies and enter as many times as you like. We hope this challenge will attract members to our literature and increase literature sales. Bookmarks are available from your DR or on the Oregon Web Site


## Being The Area Al-Anon Process Person (AAPP) Rocks!!

This is my third and final year as the Oregon AAPP and I have enjoyed every minute. I wish I could serve another three years. The AAPP certifies that the Al-Anon Members Involved in Alateen Service (AMIAS) are eligible to volunteer to be in service with Alateen. Every AMIAS must go through this certification process before they can be with the Alateens. There are WSO and Oregon Area Behavior and Safety Guidelines to help and guide the AMIAS and the AAPP.

Certifying the applicants is done all online. The first step in this process is to run a background check with the Oregon Department of Human Resources. This background check looks for all existing criminal records including the state and FBI. The applicant has to be fingerprinted for the background check at a location convenient for them. When the AAPP is notified the applicant passed the background check their name is submitted through WSO Group Records for an AMIAS number (every AMIAS has their personal number). After receiving this number the process is complete and they are certified to volunteer for Alateen.

This position is wonderful for me because I get to interact with people who are dedicated to Al-Anon/Alateen. I am able to help fellow members get into service with Alateen. Not only do I get to work with others in the fellowship I also get to work online filling out forms and dealing with emails. Interacting with Group Records people at WSO is another perk of being AAPP. I have learned so much about Alateen thanks to being around wonderful Al-Anon members who love Alateen. I highly recommend this position to anyone who likes people and computers.

Love in service,  
Joanne C.  
AAPP



## Web Coordinator Report


Hello my Al-Anon friends,

It is still my pleasure to serve you as your web coordinator. This annual report to you in the Communicator gives me that "New Year" sort of opportunity to reflect on the accomplishments of this past year.

I looked to the report I submitted to you last year to gauge my progress. I've decided that I owe you all an amends! Not a lot has changed in my report. I'm sorry that the new website isn't further along by this time like I had hoped. Last year I mentioned that we had approval for Sub-Domains but as of this time, there are none created. This last year has not been easy for me personally. We've had family medical issues, a tragic death in the family, and a new career move that is more demanding and more stressful (and more rewarding). But my resolve has not changed, I still plan to complete a new website for you during this final year in the panel.

The Membership Action Committee has a subcommittee of helpers that meet with me every couple of weeks to advance our efforts. I am very grateful for their assistance. I hope and pray that the new website will be pleasing to you all, and to all the newcomers looking for assistance finding a meeting!

In grateful service,  
Regis P



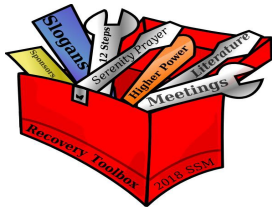
## 2018 International Convention Registration is Open

Spread the Word!

The 2018 International Convention link for registration is available on the Public Outreach site <https://al-anon.org> Look at the very top of the screen (in the blue section). Click on the words "2018 International Convention Registration."

On the Members' website, there is a new added link on the sign-in / password page. Click on the link "2018 International Convention."

## 2018 State Speakers Meeting Filling Our Recovery Toolbox



Registration is open and we are trying to plan food and activities and would love to have a better count of how many of you are coming.

Pretty please with extra Serenity on top, fill out the registration form and send it in. We have planned a fun, recovery filled weekend, full of laughter and fellowship and all we need is for you to join us.

On our agenda – not set in stone. We will have an ice cream social and Kazoo band start us off with a bang. This will be followed by a sharing meeting on Friday night. On Saturday there will be a panel on the tools of the program, a fashion show of character defects, a walking & a sharing meeting, a workshop from our key note Al-Anon speaker, a personal sharing from our AA Speaker Madeleine P, and one from Al-Anon Tarcilia F from Tennessee, Sunday we will have a spiritual speaker, a panel on families in recovery, and a sharing meeting. There is more but you will have to attend to find out. Don't miss it, the fellowship will be amazing.

Remember registration is open, we can e-mail you a registration form if you request, or you may download one off the Oregon Al-Anon website.

When: April 20-22, 2018

Where: McMinnville @ Patton Middle School

Who: All Al-Anon & Alateen members & families

Accommodations: Suggested at the McMinnville Inn about 3 blocks away

- To help support the SSM please continue to pass around the "Give it Up" cups at your meeting and collect donations.
- Please mail donations to:
- 2018 State Speakers Meeting P.O. Box 921 Tualatin, OR 97062
- Please note on the checks that the money is from the cup campaign

**Questions: If you have any questions please contact the committee at [SSM@oregonal-](mailto:SSM@oregonal-anon.org)**

[anon.org](http://anon.org) or 2018 State Speakers Meeting P.O. Box 921 Tualatin, OR 97062



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Love in service,  
Joanne C.  
AAPP

## Literature Corner

### DID YOU KNOW.....Al-Anon has published 5 Daily Readers?

*One Day at a Time*  
*Courage To Change*  
*Hope For Today*  
*A Day at a Time (Alateen)*  
*Living Today in Alateen*

Four of our Daily Readers have sharings on Steps 1 through 12 in the middle of these books (in the month of June). The one daily reader that does not have the steps in order in June is \_\_\_\_\_.

**Al-ANON e-books.** Five of our books are available through your electronic media provider. *How Al-Anon Works---Courage to Change---The Forum electronic version---Having Had a Spiritual Awakening---Hope for Children of Alcoholics*  
(Note: Al-Anon does not endorse any of these providers)



**PATHS TO RECOVERY WORKBOOK (P-93)** was published when our fellowship asked for it. This goes along with our *Paths to Recovery* Book. It has the same thought-provoking questions on the Steps, Traditions and Concepts with the room to write all our answers. It was 3-holed punched so we can put it in a 3-holed binder, and have all our notes together.  
**DO YOU HAVE YOUR COPY? ONLY \$10.00.** Support our literature and have copies available at your meetings for all our members.

## ... More Literature News

*Understanding and Hope for Parents and Grandparents* (P-94): This new pamphlet is being translated into French and Spanish as I write this. We hope to introduce it at April's World Service Conference and have it available to the fellowship in May. Priority order forms will be posted to the Literature Distribution Centers on AFG Connects prior to that.

□ *Intimacy in Alcoholic Relationships*—A collection of Al-Anon personal stories: This highly anticipated new book is expected to be introduced in Baltimore at the 2018 Al-Anon International Convention in July. Priority order forms will be posted to the Literature Distribution Centers on AFG Connects prior to that.

□ *NEW DAILY READER* (working title): Please continue to encourage members to submit sharings for this project, especially on the Steps, Traditions and Concepts of Service.

□ "CAL Corner": Each month, the "CAL Corner" feature in The Forum includes members' sharings on how a particular piece of our literature has enhanced their recovery. The February articles feature *Discovering Choices* (B30). March's are about *Lois Remembers* (B-7), in celebration of her birthday. April's articles cover *Paths to Recovery* (B-24) and the *Paths to Recovery Workbook*

## Happy Birthday Lois W. Cofounder of Al-Anon



March 4, 1891 - October 5, 1988 (aged 97)

## From Our Delegate

I asked the Executive Board Treasurer for an update on how our fellowship did financially last year compared to the budget the conference approved last April.

Thank you to each and every member, group, and District that found they could give \$1 extra, \$15 extra and more. Every single members contribution matters greatly! Please pass along my gratitude to each one of you.

We have good news and Good news! Although we didn't meet the budgeted goal of \$2.1 million in contributions, several areas of the budget gave us more than expected. Our contributions unaudited were \$1,973,000! An increase over 2015! I say this because 2016 was our "anniversary year" and we all gave more for that. \$1.9 million is fabulous and growing!

Literature sales exceeded the budget projection by \$186,000. This resulted in a profit of \$68,000 which is \$54,000 higher than 2016!!! Woohoo! Everyone helping with increasing our literature sales deserves our gratitude.

Expenses were close to budget expectations.

This gives us a relatively small deficit. It's ok to be disappointed but please don't feel alarmed, with our increase in individual members contributions and literature sales, our message continues to be positive!

The WSO has many exciting projects they're working on. We'll find out more in the first Chairman if the Board letter and conference.

I'll let you know more at the March Assembly in Phoenix, near Medford.

Thank you so much for letting me be your Trusted servant. Love in Service,

Cindy Erickson  
OR Delegate

## Dear Al-Anon Family Group Member:

Your participation in this Conference-Approved, anonymous survey is of vital importance. The Al-Anon Family Groups Membership Survey has been conducted in the U.S. and Canada every three years since 1984. The survey results are used by Al-Anon Family Group Headquarters, Inc. (World Service Office) to better understand who the members of Al-Anon Family Groups are, and how membership affects their lives. The results are used in communication with the professional community and the general public, and will be shared with the membership. You have the opportunity to serve the fellowship by completing this survey by no later than midnight EST on February 27, 2018. We sincerely thank you for your help.

[www.al-anon.org/18membersurvey](http://www.al-anon.org/18membersurvey)

--Al-Anon Family Groups World Service Office



## Portland Metro Al-Anon Bus Campaign.

The 2017 bus campaign generated enough money to also fund the 2018 bus campaign. The contract has been signed and there will be 14 displays running for 8 weeks starting the month of July. Thank you to everyone who made this such a success. We have changed the campaign sign up a little this year working with WSO and the agency displaying the signs for us after feedback from those that saw the sign last year.



When you don't know  
where to turn...

because someone drinks too much.

Al-Anon & Alateen Family Groups can help  
[al-anon.org](http://al-anon.org) 503.292.1333

Thank you,  
Deanna M

I received this e-mail from a member the other day about our campaign that ran last August. My daughter reported she saw 2 buses with Al-Anon posters (in January!!!) at the Beaverton Transit Center. Thought you'll might like to know that there are still some posters on buses.

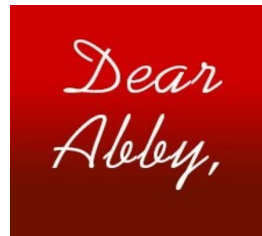


I expressed there has been some discouragement that this has not seemed to generate newcomers. My daughter reminded me that what is important is that people know we exist. Out of the mouth of babes!

If it wasn't for Al-Anon  
Chaos would go on and on.  
When I question, "what should I do?"  
I hear the answer "what's best for YOU."  
It's the voice of my sponsor inside my head  
I know what she will say before it is said.  
Talking to her puts my head on straight  
She is so much help – oh, but wait. . .  
So are the tools I pull out to use  
The Al-Anon literature I often peruse.  
Slogans – "say what you mean, but don't say it mean"  
Are words to live by when my actions are seen.  
But unseen in my heart where it means the most  
Is where I want serenity first and foremost.  
So I work very hard while muddling through life  
To learn how to live with much less strife.  
My path of destruction is now a small trail  
If I work my program, I will not fail.

Golda

## Al-Anon/Alateen in National Media



The "Dear Abby" newspaper column for January 31 will recommend Al-Anon.

In communities where editors choose to publish the recommendation to try Al-Anon it would be appropriate and

helpful for members to send thank-you notes to the newspapers. Such expressions of appreciation might help editors choose to run more Al-Anon and Alateen items in the future. It is possible that thank-you notes sent to newspapers or "Dear Abby" might appear in print, so please ask to remain anonymous if you identify yourself as an Al-Anon member.

Readers of national media items could contact the WSO for local meeting information. It is always important for groups to provide WSO and all service arm websites with up-to-date meeting information, so everyone can help newcomers find a local meeting.

Thank you for offering help and hope to families and friends of alcoholics.



## Area Treasurer

Hi Oregon Area! I am writing to tell you how great it is to serve as Treasurer for Oregon AFG. One of the things I enjoy most about the job is that I get mail almost every day from groups in the state. It is a reminder that I have a program and a fellowship that I belong to everywhere I go. Plus, I get a geography lesson, learning all the little-known towns in our state (like Cove, OR!).

For many of us money is an emotional and spiritual issue. I have tried to dispel some of the mystery surrounding it and been open with how the money is spent and what the Area is doing with it. My goal was to be able to have an open dialogue about money. I think that it is something we need to keep working on. I am glad that members have felt supported enough to bring up questions regarding Area funds, and I hope they continue to do so. Remember, it is your money, your Area.

I have personally grown through the two years I have been doing this. I've had to work on my communication skills and how I tell people that what they are trying to get reimbursed for is not covered by the Area budget. As I said above, this is a tough issue for everyone, including me, and I hate to disappoint people, which makes it even harder. But my job means I am the steward of the Area's money, and I need to make sure it is spent prudently and appropriately. I try not to be so hard on myself and realize that I will make mistakes and that is ok. I am learning just like everyone else.

If you think you might be interested in serving as Area Treasurer, there are a few things you need to think about. You should be familiar with accounting principles, enough to understand the finances of the Area and be able to report on issues. The Area uses Quickbooks software, which will be provided to you, so you will need to be familiar with it. A laptop is also required, as checks are printed at Area events, and the Area doesn't provide one for the Treasurer. A printer is provided. You should also be familiar with Excel

and be able to work with formulas in that program. There are a couple of additional meetings during each year – one to set the budget and one or two audits. You will be working with members of the Audit/Budget Committee in these meetings.

One of the things that I didn't think about when I became Treasurer was that I was now "an officer." This meant I became part of the team that guides the Oregon Area through its business. I thought, "I'm just the Treasurer, not a leader." My Higher Power just laughed! It does take some skill to be able to work with a team. I've been lucky as we have a great group leading us this panel. I'm sure next panel will be just as good.

I hope that many of you will consider standing for Area Treasurer. It takes a special kind of person to do this job, but I know you can do it! Remember, you won't be doing it alone.

Thanks for letting me serve. It has been a privilege.  
Dawn K, Area Treasurer



## Public Outreach Coordinators Report

Oregon Area Public Outreach (which is comprised of the Cooperating with the Professional Community Coordinator or CPC, and the Public Information Coordinator or PI) will kick off the rural bus advertising campaign this year. We have bus advertising opportunities in many Districts and we're trying to find creative transit ad solutions for those that don't. Our goal is to facilitate the project with the participation of Members in every District involved. The DRs receive information from Oregon Public Outreach and pass that on to GRs. From there, we hope the GRs will loop their Members in and find some enthusiastic folks who want to engage with Oregon PO. We do have a few District Public Outreach Coordinators and we're so grateful for that! It's a position that goes unfilled too often and we'd love to be a resource for anyone interested in stepping into that role.

Districts 1, 2, 3, 4, 5, 7, 8, 13, 14, 15, and 16 are all part of our rural campaign this year. We have funding to assist each District with placing ads on local transit. It's not required that every District participate, but we sincerely hope that each one will. We would like to connect each DR with a personal contact or two so each District can move forward with advertising at will in the future. We have been unable to locate advertising opportunities in some of the Districts and we really do need local help to figure out what creative solutions we might come up with. We want every District to have the ability to run some ads if they choose to. If you have never seen an Al-Anon advertisement on or inside a bus, you don't know how genuinely good it feels to experience that reminder outside of a meeting. It's incredibly reassuring to know that the message is being carried when many of us are at work, with family, and just generally living our lives. Advertising does that, and our World Service Office (WSO) believes in the power of putting the program out there. They paved the way with radio and TV spots, and they provide us with artwork options if we want to put them to print.

We know that it takes multiple exposures to the Al-Anon message before someone decides to attend a meeting. **If we keep that in mind, we know that no effort is truly wasted, even if we can't directly connect our meeting attendance numbers with our advertising dollars.** How many times did you hear about Al-Anon before you darkened the door of your first meeting? I (your PI) interacted with the idea of Al-Anon for 4 months before I made the commitment to sit in a chair at my local group meeting, and I saw multiple pieces of Conference Approved Literature (CAL) before I was ready to take that step.

So take heart friends - we have a message that people need, and we have some great options for getting it out into the world. We'd love to hear your Al-Anon story and how many exposures you had before you reached out for help. Feel free to drop either of us a line at [publicinfo-@oregonal-anon.org](mailto:publicinfo-@oregonal-anon.org) or [cpc-@oregonal-anon.org](mailto:cpc-@oregonal-anon.org). Let's do this together.



### How Has Being of Service Helped Your Recovery?

We would love to hear your story about how Al-Anon service has helped your recovery. What benefits have you gained from doing service work. Also what got you into service. Please send your sharings to: [communicator-@oregonal-anon.org](mailto:communicator-@oregonal-anon.org)



### Event Flyers

If you have an **event flyer** you would like to have published in the *Communicator*, be sure to read the flyer guidelines, and how to submit, in the Oregon Area Handbook [http://oregonal-anon.org/handbook/Handbook\\_section\\_6\\_Nov\\_30\\_2012.pdf](http://oregonal-anon.org/handbook/Handbook_section_6_Nov_30_2012.pdf).

When submitting the flyer to the flyer approval committee ([flyer-approval-committee@OregonAl-Anon.org](mailto:flyer-approval-committee@OregonAl-Anon.org)), **be sure to state that you would like it in the *Communicator***, as well as the website.

## TEAM Evaluation Comments

These were comments that came from the evaluation forms. We felt it would be beneficial to have these in case we choose to do another event.

### Workshops:

- All the workshops I went to were great.
- Enjoyed the Embracing Conflict and Fun in Recovery workshops
- Enjoyed the workshops
- Loved the topics and the presenters.
- Enjoyed the Embracing Conflict and Fun in Recovery workshops
- Enjoyed the workshops
- Disappointed in the WSO presentations; too long and not very engaging
- KBDM was partially helpful but it left me confused as it did not share the HOW TO nor the history

### Speakers:

- The speakers were good

### Lunch:

- I enjoyed the lunch, I thought it was the best, catered hotel lunch I've had.
- Did not like the lunch (multiple times)
- Host in a different venue with better food
- The lunch was overpriced and not worth what everyone paid

### Decorations:

- I loved the decorations

### Fundraising:

- I loved that we at the last minute came up with fundraising items. Great job to Peggy and Melissa.
- Fundraising was unbelievable at the last moment!!
- Wish we had been open to the idea of t-shirts from the very beginning, since this is a once-in a-while (almost historic) event
- I also love t-shirts!

### General:

- Loved connecting with many members and having our two areas work together
- It seemed like both Areas worked well together

- Having so many visiting Delegates come was really amazing and made the weekend very special.
- Monthly planning sessions went well;
- It would have been nice to have a TEAM committee ice breaker of some sort just so we can associate the face with the name.
- Job descriptions for treasurers and program coordinator could have been better defined; confusion with checks deposited and Paypal
- I loved the flyer, but don't know that we bombarded everyone as much as we could have or should have, given the propensity of all us Al-Anoners to procrastinate
- Conference Calls: the first few that I participated in were good meetings and the last ones we seemed to waste a lot of time on questions that could be answered in a phone call, no need for all to discuss
- Would have been helpful to have a budget
- Disappointed in the evaluation form; no place for other answers besides yes/no
- Felt there was double headed management
- Bothered me that all of us on the committee were not introduced. I think that associating names with faces/jobs and receiving a pat on the back for a job well done is always indicated...
- Julie: I am bummed I couldn't get a committee dinner together
- I am glad that we all managed to take the visiting Delegates and Trustees out. My dinner with the AZ and S. Dakota Delegates was fun
- It became very difficult when the registrar stepped down. We ended up with lost registrations and payments. Many of the details that would have been handled by a registration committee became more work for myself

### Meeting Rooms:

- The meeting rooms were great

### Hospitality:

- Hospitality was handled really well and members appreciated it

**Oregon Area Al-Anon Family Groups**  
**Expense & Income vs. Annual Budget**  
 January through December 2017

		Jan - Dec 17	Budget	\$ Over Budget
<b>1</b>	<b>Income</b>			
<b>2</b>	<b>Revenue</b>			
<b>3</b>	Group Contributions	\$ 17,268.50	\$ 14,000.00	\$ 3,268.50
<b>4</b>	Assembly Registrations	\$ 1,797.00	\$ 2,000.00	\$ (203.00)
<b>5</b>	Miscellaneous	\$ 27.84		
<b>6</b>	Cash Carried Forward	\$ 20,556.56	\$ 19,995.00	\$ 561.56
<b>7</b>	1009 · TEAM Event Advance	\$ 1,000.00	\$ 1,000.00	\$ -
<b>8</b>	<b>Total Revenue</b>	<b>\$ 40,649.90</b>	<b>\$ 36,995.00</b>	<b>\$ 3,654.90</b>
<b>9</b>	<b>Total Income</b>	<b>\$ 40,649.90</b>	<b>\$ 36,995.00</b>	<b>\$ 3,654.90</b>
<b>10</b>	<b>Expense</b>			
<b>11</b>	<b>Delegate Fund</b>			
<b>12</b>	WSO ETF	\$ 1,909.00	\$ 1,909.00	\$ -
<b>13</b>	Extra Day	\$ -	\$ 200.00	\$ (200.00)
<b>14</b>	Delegate Meeting	\$ 239.08	\$ 600.00	\$ (360.92)
<b>15</b>	Delegate Travel	\$ 854.56	\$ 854.56	\$ -
<b>16</b>	Delegate Miscellaneous	\$ 449.72	\$ 449.72	\$ -
<b>17</b>	<b>Total Delegate Fund</b>	<b>\$ 3,452.36</b>	<b>\$ 4,013.28</b>	<b>\$ (560.92)</b>
<b>18</b>	<b>Working Fund Expense</b>			
<b>19</b>	Archive Rent	\$ 456.00	\$ 456.00	\$ -
<b>20</b>	Area Travel Fund	\$ 1,266.97	\$ 2,000.00	\$ (733.03)
<b>21</b>	Communicator	\$ 137.85	\$ 200.00	\$ (62.15)
<b>22</b>	Assembly/AWSC Rent	\$ 3,223.48	\$ 3,223.48	\$ -
<b>23</b>	Insurance	\$ 2,239.00	\$ 800.00	\$ 1,439.00
<b>24</b>	TEAM Event Advance	\$ 1,000.00	\$ 1,000.00	\$ -
<b>25</b>	<b>Total Working Fund Expense</b>	<b>\$ 8,323.30</b>	<b>\$ 7,679.48</b>	<b>\$ 643.82</b>
<b>26</b>	<b>Assembly Allowance/M meal/Lodging</b>			
<b>27</b>	Officers	\$ 1,940.26	\$ 2,000.00	\$ (59.74)
<b>28</b>	Audit/Budget	\$ 326.33	\$ 600.00	\$ (273.67)
<b>29</b>	Coordinators	\$ 1,945.04	\$ 2,000.00	\$ (54.96)
<b>30</b>	Past Delegates	\$ 110.79	\$ 600.00	\$ (489.21)
<b>31</b>	<b>Total Assembly Allowance/M meal/Lodging</b>	<b>\$ 4,322.42</b>	<b>\$ 5,200.00</b>	<b>\$ (877.58)</b>
<b>32</b>	<b>Officers Expenses</b>			
<b>33</b>	Alternate Delegate	\$ 21.60	\$ 75.00	\$ (53.40)
<b>34</b>	Chairperson	\$ -	\$ 100.00	\$ (100.00)
<b>35</b>	Secretary	\$ 18.71	\$ 50.00	\$ (31.29)
<b>36</b>	Treasurer	\$ 205.45	\$ 205.45	\$ -
<b>37</b>	AAPP Expenses	\$ 16.63	\$ 75.00	\$ (58.37)
<b>38</b>	<b>Total Officers Expenses</b>	<b>\$ 262.39</b>	<b>\$ 505.45</b>	<b>\$ (243.06)</b>

**Oregon Area Al-Anon Family Groups**  
**Expense & Income vs. Annual Budget**  
 January through December 2017

		Jan - Dec 17	Budget	\$ Over Budget
39	<b>Assembly Expenses</b>			
40	Assembly Workshops	\$ 30.99	\$ 50.00	\$ (19.01)
41	Business Services A.C.	\$ -	\$ 50.00	\$ (50.00)
42	Membership Outreach A.C.	\$ 349.70	\$ 349.70	\$ -
43	Group Services A.C.	\$ 381.06	\$ 500.00	\$ (118.94)
44	Fellowship Communication A.C.	\$ 626.35	\$ 650.00	\$ (23.65)
45	Public Outreach A.C.	\$ 4,074.99	\$ 5,000.00	\$ (925.01)
46	Audit Budget Extra Day + Exp	\$ -	\$ 50.00	\$ (50.00)
47	<b>Total Assembly Expenses</b>	<b>\$ 5,463.09</b>	<b>\$ 6,649.70</b>	<b>\$ (1,186.61)</b>
48	<b>Coordinator and Other Expenses</b>			
49	Alateen Coordinator Expenses	\$ 164.38	\$ 300.00	\$ (135.62)
50	Archives	\$ -	\$ 600.00	\$ (600.00)
51	CPC	\$ -	\$ 50.00	\$ (50.00)
52	Forum	\$ -	\$ 80.00	\$ (80.00)
53	Group Records	\$ 22.81	\$ 50.00	\$ (27.19)
54	Literature	\$ 54.98	\$ 54.98	\$ -
55	Public Information	\$ 24.11	\$ 54.98	\$ (30.87)
56	Web Coordinator	\$ 145.51	\$ 200.00	\$ (54.49)
57	<b>Total Coordinator and Other Expenses</b>	<b>\$ 411.79</b>	<b>\$ 1,389.96</b>	<b>\$ (978.17)</b>
58	<b>Delegate Meeting</b>			
59	Alternate Delegate	\$ 647.79	\$ 800.00	\$ (152.21)
60	Past Delegates	\$ 625.09	\$ 800.00	\$ (174.91)
61	<b>Total Delegate Meeting</b>	<b>\$ 1,272.88</b>	<b>\$ 1,600.00</b>	<b>\$ (327.12)</b>
62	<b>Other</b>			
63	Contingency Fund	\$ -	\$ 560.95	\$ (560.95)
64	Equipment Supplies	\$ 1,928.55	\$ 2,000.00	\$ (71.45)
65	Handbook Update	\$ -	\$ 50.00	\$ (50.00)
66	Transition Fund	\$ -	\$ 500.00	\$ (500.00)
67	AMIAS Background check fee expenses	\$ 81.50		
68	<b>Total Other</b>	<b>\$ 2,010.05</b>	<b>\$ 3,110.95</b>	<b>\$ (1,100.90)</b>
69	<b>Total Expense</b>	<b>\$ 25,518.28</b>	<b>\$ 30,148.82</b>	<b>\$ (4,630.54)</b>
70	Cash Balance as of 12/31/17	\$ 15,131.62	\$ 6,846.18	\$ 8,285.44
71	Ample Reserve	\$ 6,862.00	\$ 6,862.00	\$ -
72	Available Cash as of 12/31/17	\$ 8,269.62	\$ (15.82)	\$ 8,285.44
<b>Remember to put all three items on checks:</b>		<b>Donations Payable to Oregon Area AFG</b>		
District Number		Send to:	Dawn Killough	
WSO Group Number			3959 Holt Loop NE	
Group Name			Salem, OR 97305	

## Oregon Area Al-Anon Family Groups Group Donations January through December 2017

01-Paths To Recovery AFG #63861	100.63	07-Caring Friends AFG #63899	120.00
01-Road To Serenity AFG #502148	205.00	07-Changing Attitudes AFG #30549218	70.85
01-Turn-A-Round Tuesday AFG #11933	100.00	07-Happy Hour AFG #46857	90.00
02-Happy Hour AFG #24535	15.00	07-How It Works AFG #502376	150.00
02-Recovery by The Sea AFG #30528773	104.00	07-It's About Me AFG #503137	203.75
03-Attitude of Gratitude AFG #11846	69.00	07-Keep It Simple AFG #30613504	34.25
03-Cove Group #54183	45.00	07-Live and Let Live AFG #37945	93.00
03-Cove Keep Coming Back AFG #54183	15.00	07-Monday Morning AFG #30644930	400.00
03-Monday Lunch Bunch AFG #31608	35.00	07-Monday Night Sharing AFG #43026	30.00
03-Saturday Morning AFG #66918	50.00	07-Moving On AFG #49209	103.50
03-Wednesday Halfway AFG #501193	20.00	07-New Beginnings AFG #11859	50.00
04-Courage to Change #503138	203.00	07-New Hope AFG #11821	366.25
04-Discovering Choices #30526350	55.59	07-Reaching Out AFG #11822	50.00
04-Hope for Today Adult... AFG #60810	55.00	07-Saturday Morning AFG #42668	16.25
04-Monday Brownbag Lunch AFG #33362	100.00	07-Serenity at Seven AFG #30519712	300.00
04-Paths to Recovery Book Study AFG#11795	100.00	07-Sunday Book Study #65436	75.00
04-Recovery AFG #11930	278.00	07-Sunday Night AFG #45557	103.58
04-Salems Primarily Parents AFG #30598438	300.00	07-Three A's AFG #65299	192.94
04-Santiam AFG #25888	25.00	07-Upper Rogue AFG #35473	68.00
04-Saturday Morn. Serenity AFG #30567153	40.00	07-Wednesday Noon AFG #49615	500.00
04-Tuesday Noon Serenity AFG #501367	39.00	08-Bandon AFG #65332	100.00
04-Wednesday Night AFG #11931	18.00	08-Experience Strength and Hope AFG#11870	25.00
04-Women's Tuesday Night AFG #502013	120.00	08-Florence Acceptance AFG #11814	75.00
05-Bend Sat Morning Speakers #30661714	20.00	08-Live and Let Live AFG #30654629	10.00
05-Bend Women's Writing Discuss. #503105	50.00	08-Siuslaw AFG #63982	141.30
05-Central Oregon AFG #11915	169.00	08-The Next Step AFG #66131	120.00
05-Friday Noon Brown Baggers #30849	64.80	08-Wednesday Night AFG #11790	145.00
05-Happy Our Beginners Meeting AFG #53846	285.00	09-Early Morning Meditation AFG #63650	30.00
05-Serenity Seekers of .. AFG #30529697	25.00	09-Growing Toward Wisdom Men's AFG #46120	75.00
05-Sister's Wednesday AFG #30632074	30.00	09-Overlook AFG #11887	45.00
05-Sunday Evening Group AFG #11776	12.00	09-Solutions and Serenity AFG #503278	40.00
05-Wednesday Noon AFG #11778	210.00	09-St Helens Monday Nite Live AFG #11919	135.00
06-First Creswell AFG #501273	71.00	09-Steps to Serenity AFG #64905	414.00
06-Friday Noon Literature AFG #66558	110.00	09-Tower AFG #30824	135.53
06-Friday Step Study AFG #36337	5.00	09-Weekend Survivors AFG #48901	25.89
06-Friendly Thursday AFG #11802	100.00	10-Adult Sons & Daughters... AFG #32015	54.82
06-Gifted With Life AFG #30507034	54.00	10-Aloha Monday Night AFG #11765	63.87
06-Keep It Simple Springfield 30627007	5.00	10-Beaverton Hearts AFG #11775	185.09
06-Monday Noon AFG #11801	107.91	10-Bent But Not Broken AFG #30611550	91.50
06-Recovering w/ Literature AFG #30556858	40.00	10-Family Lake Oswego AFG #23916	122.66
06-Saturday Morning First Step AFG #51041	31.75	10-Grupo Nueva Vida GFA #62884	20.00
06-Springfield Discussion #11938	145.00	10-Hillsboro Friday Nite AFG #49255	50.00
06-Steps For Growth #64441	55.00	10-Just For Me AFG #11950	62.25
06-Steps To Change AFG #66587	43.56	10-Let Go Too AFG #500983	20.00
06-Sunday New Beginnings AFG #30975	50.00	10-Love Gifts and Gratitude AFG #54638	128.40
06-Sunrise AFG #63985	20.00	10-New Me AFG #28974	87.00
06-The Three Legacies AFG #30593671	10.00	10-Nimbus AFG #30519685	34.82
06-Thursday Night New Persp AFG #30539362	30.00	10-North Plains Tuesday AFG #30528508	274.00
06-Thursday Night Rush Hour AFG #30640643	25.00	10-Parents Aren't Perfect AFG #52018	221.65
06-Wednesday Noon Discussion #11808	50.00	10-Pathways AFG #30664384	35.00
06-Westside Courage to Change AFG #53584	182.64	10-Safe Haven AFG #53207	119.68
07-Ashland Friday Night #23912	22.50	10-Serenidad En Accion GFA #30571543	35.00

**Oregon Area Al-Anon Family Groups**  
**Group Donations**  
**January through December 2017**

10-Tigard Monday Night AFG #11945	283.88		
11-Eastside 11th Step AFG #30584167	60.00		
11-Friends Of Lois AFG #30598758	60.00		
11-Gresham Daytimers AFG #31583	105.27		
11-Gresham New Hearts - #38810	30.00		
11-Keep It Simple #30548079	126.00		
11-Men Recovering AFG #30622324	40.00		
11-Morning Glory AFG #11893	166.80		
11-New Beginnings AFG #11906	196.27		
12-5 Plus AFG #45385	29.80		
12-Faith and Freedom AFG #49768	589.28		
12-Friday 12X12 AFG #30593172	30.00		
12-Hood River AFG #54567	125.00		
12-One Step at a Time Adult .. AFG #32717	120.40		
12-Primarily Parents Too AFG #36979	265.06		
12-Progress AFG #11899	96.09		
12-Rainbow Recovery Thursday AFG #61804	48.00		
12-RiverView AFG 30521546	25.00		
12-Serenity Seekers AFG #28716	180.27		
13-Chrysalis AFG #40790	60.00		
13-Easy Doers AFG - 11917	30.00		
13-Soco Tri City AFG #30555414	30.00		
13-We Care AFG #11918	60.00		
14-Paths to Recovery #62957	35.00		
14-Sunrise Serenity AFG #30555873	114.75		
16-Albany Care and Share AFG #11763	110.00		
16-Corvallis AFG #11792	75.00		
16-Parkside AFG #62224	150.00		
17-Discovering Choices #30549992	40.00		
17-Families In Serenity AFG #30659192	70.00		
17-How It Works AFG Recovery... #30552760	100.00		
17-Hugs AFG #43501	141.97		
17-Molalla AFG #11866	20.00		
17-Monday Night Miracles AFG #30575188	25.00		
17-Mt Pleasant AFG #11875	272.26		
17-Paths to Recovery AFG #30588692	34.50		
17-Serenity Trails AFG #61467	20.00		
17-Set Free AFG #27850	212.51		
17-Stepping Up AFG #26317	150.00		
17-Sunday Night Winners 66462	10.00		
17-Wednesday Night Hope #501380	120.00		
17-West Linn AFG #39839	31.65		
	<b>14,745.97</b>		

# District 10 AFG Fundraiser



**Al-Anon Speaker Cindy E., Oregon Delegate  
Alateen Speaker Geovanna  
AA Speaker Molly M. - Portland Area**

**Potluck, Bingo, Prizes & Fun**

**Who:** All Al-Anon Members & Their Families

**When:** Saturday, February 24, 2018  
5:00 PM – 8 PM

**Where:** St. Cecilia Catholic Church  
Fellowship Hall  
5120 SW Franklin Ave  
Beaverton, OR 97005

A donation of \$5 (Individuals) or \$10 (families)  
is suggested

Funds will be used to support District 10 and other  
Al-Anon service arms  
Cash or checks, no credit cards

Contact: Deanna at 503-459-2933  
[district-10@oregonal-anon.org](mailto:district-10@oregonal-anon.org)



# Al-Anon

**There is no standing still!**

**District 7 in Southern Oregon invites  
all Al-Anon members to  
Panel 56's Oregon Area Assembly**

**March 16 – 18, 2018**

**Phoenix High School  
745 N Rose Street  
Phoenix, OR 97535**

Go South on I-5. Take exit 24 toward Phoenix.  
Keep [R] to take ramp toward City Center. Merge  
onto N. Phoenix Road. Turn [L] onto Main St/OR-99/  
Take 1<sup>st</sup> [R] onto W Bolz Rd. Turn [R] onto N Rose St.  
745 N Rose St. is on the left.

**Friday Night: To be Announced  
Saturday Assembly: 8:30 am to 5:00 pm  
Sunday Assembly: 8:30 am to 12:00 pm**

## **ON SITE REGISTRATION ONLY**

**Registration Table Open at: 6:00 pm to 7:00 pm Friday Night  
7:00 am to noon- Saturday; After 12 pm – See Oregon Area Treasurer**

**We will provide the usual light refreshments on  
Saturday and Sunday mornings**

**More info to come about Saturday Lunch  
Accommodations – See the Back Page**

**For More Information: Contact Tama S. at [districtrep7@gmail.com](mailto:districtrep7@gmail.com)**

**or call Tama @ (541) 944-7570 or Sue @ (541) 441-7123**

## Motels and Hotels - Near the Event

- **America's Best Value Inn**
  - **300 Pear Tree Lane**  
**Phoenix, OR 97535**  
**(541) 535-4445**

At Best Value Inn, District 7 has reserved 10 rooms with 2 queen beds; Price is \$80 plus tax for up to 4 in room. Ask for "Al-Anon Family Groups".

- **Springfield Suites by Marriott – Medford**
  - **1389 Center Drive**  
**Medford, OR 97501**  
**(541) 842-8080**
- **Comfort Inn South**
  - **60 E. Stewart Avenue**  
**Medford, OR 97501**  
**(541) 772-8000**
- **Town Place Suites**
  - **1395 Center Drive**  
**Medford, OR 97501**  
**(844) 287-5425**

# District 4 AFG Presents: A Fellowship Gathering

All are welcome for a chance to meet, greet,  
and learn more about Al-Anon

March 10, 2018 – Forum Writing Workshop

April 14, 2018 - Update from Area Literature  
Coordinator

May 12, 2018 – Oregon Area Delegate Report  
1 pm to 3 pm

Light snacks and soda will be available

(\$1 donation for soda requested)

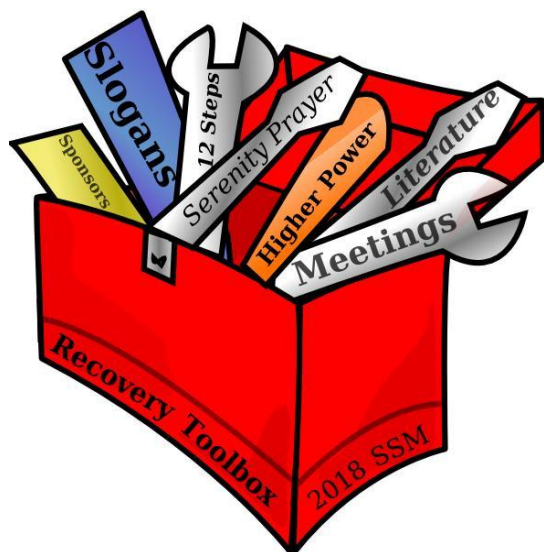
Rolling Bagels Bakery (next to Les Schwab)

1824 Lancaster Dr NE, Salem, 97305

Contact Dawn K at [dawnkdist4@comcast.net](mailto:dawnkdist4@comcast.net) or 503-507-2335 for  
more information.

# 2018 Oregon Al-Anon State Speakers Meeting

## Filling Our Recovery Toolbox



**What:** Al-Anon/Alateen members gather to celebrate recovery, share experience, strength & hope; fun & fellowship are the focus of the weekend. The three-day event is a special time of sharing recovery and having fun together for members from around the state.

**Who's Invited:** Al-Anon, Alateen and AA members

**When:** Friday April 20 thru Sunday April 22, 2018

**Where:** Patton Middle School  
1175 NE 19<sup>th</sup> Street, McMinnville, OR 97128

Proceeds will support Oregon Area Al-Anon  
Hosted by District 10 & District 15, Sponsored by Oregon Area AFG

Contact: Deanna M. (503) 459-2933 or [SSM@oregonal-anon.org](mailto:SSM@oregonal-anon.org)

**Al-Anon Speaker: Tarcila F., Past Delegate TN, Nashville, TN**  
**A.A. Speaker: Madeleine P., Past Delegate ID, Happy Valley, OR**

### SSM Registration Form

Please register early even if you do not want to purchase meals or other items. Please use a separate registration form for each person. Registration deadline for meals is April 6, 2018. Registration will be accepted at the door.

Name: \_\_\_\_\_ Badge Name: \_\_\_\_\_

Home Group/City: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Friday ice cream social provided, snacks available all weekend.

Saturday Lunch: sandwich, soup & salad, cookies \$8 \$ \_\_\_\_\_

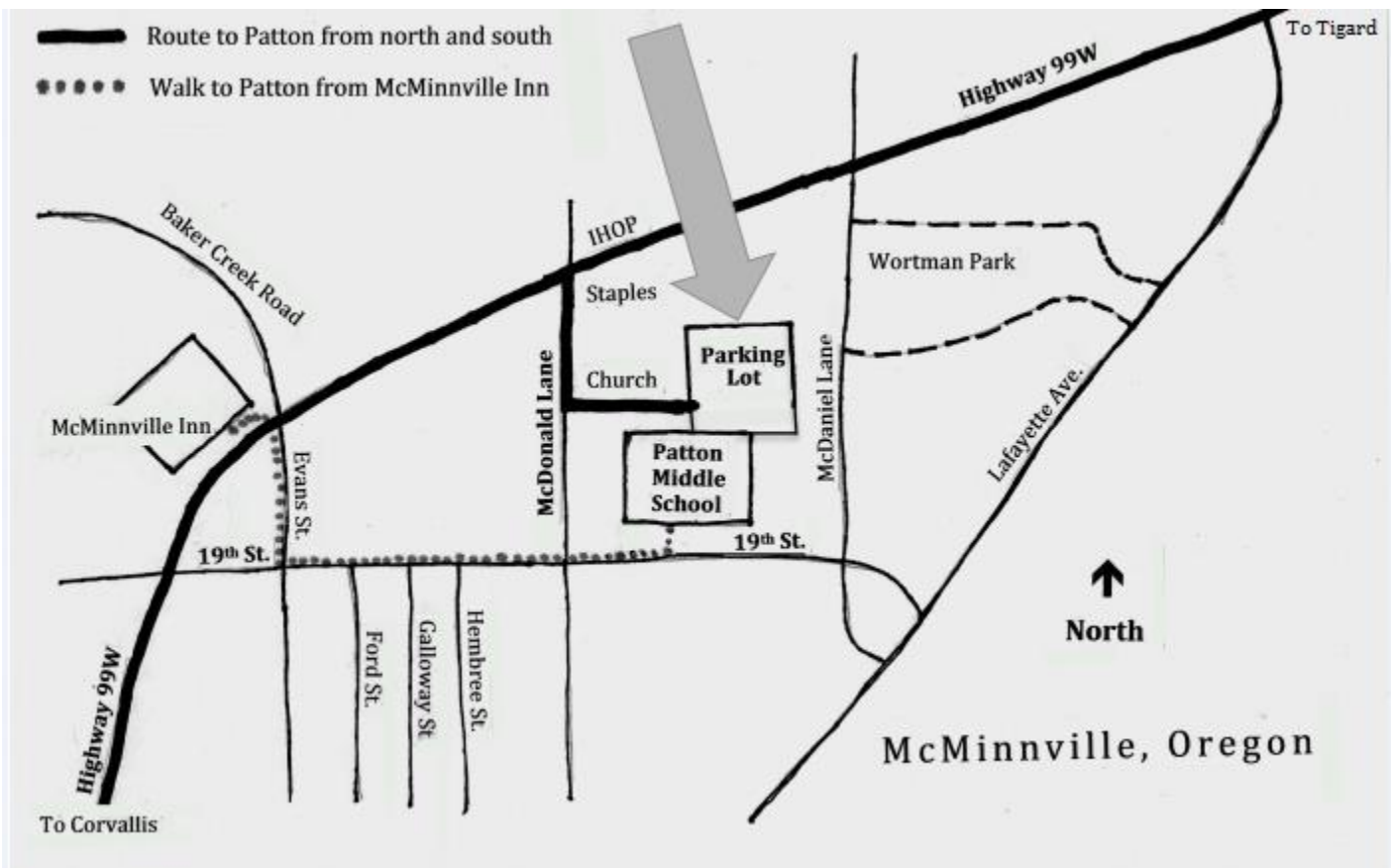
Saturday Dinner: potato bar with pulled pork, chili, salad, dessert \$12 \$ \_\_\_\_\_

SSM Lanyards \$5, blue \_\_\_\_\_ purple \_\_\_\_\_ \$ \_\_\_\_\_

Voluntary Donation (\$10 suggested) \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

Make checks payable to: SSM 2018, P.O. Box 921, Tualatin, OR 97062



Patton Middle School access parking lot off of McDonald

#### Lodging Information:

Suggested motel (0.5 miles) to Patton: **McMinnville Inn**, 381 NE Highway 99W, McMinnville, OR 97128, Phone: (503) 472-5187, queen or king \$89.99-\$94.99, two queen \$99.99, deluxe king \$104.99, includes continental breakfast

#### Other hotel options:

Red Lion Inn & Suites, 2535 NE Cumulus Ave, McMinnville, OR 97128, (503) 472-1500, rates start at \$108.00 per night plus tax.

Comfort Inn & Suites, 2520 SE Stratus Avenue, McMinnville, OR, 97128, (503) 472-1700, rates start at \$110.00 including breakfast, per night plus tax.

McMenamins Hotel Oregon, 310 N.E. Evans Street, McMinnville, OR 97128, Phone: (503) 472-8427, (888) 472-8427, rooms with shared bath start at \$105.00 per night plus tax, rooms with private bath start at \$135.00 plus tax.

# 2018 Al-Anon Membership Survey

**Open for Participation  
January 10 – February 27**

Whether you are a new or seasoned member, or anywhere in-between, every member has the opportunity to perform Twelfth-Step work by participating in this anonymous survey.

The WSO's Conference Approved Membership Survey is conducted only once every three years. The data helps professionals learn more about the Al-Anon Family Groups' membership, in turn, leading to more referrals to our program.



*Please share this flyer with your group, allowing members to tear off a slip below for information on how to access the survey!*

**[2018 Al-Anon Membership Survey, open January 10 to February 27](http://al-anon.org/18membersurvey)**

Visit – [al-anon.org/18membersurvey](http://al-anon.org/18membersurvey)

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Visit – [al-anon.org/18membersurvey](http://al-anon.org/18membersurvey)

# AI-Anon Faces Alcoholism

## Writing Guideline



### The goals of *AI-Anon Faces Alcoholism* are:

- to help potential AI-Anon members get past the obstacles we typically face before we reach out for help, i.e., denial; not wanting to rock the boat; shame and embarrassment to let people know there is a drinking problem; the “myth” that AI-Anon Family Groups is religious; resentment that “they” have a problem, not me, etc.
- to let potential members know that we understand
- to give comfort and offer a possible solution
- to give potential members basic information about AI-Anon and Alateen and let them know we’ll be there if and when they want help

Without member sharings, *AI-Anon Faces Alcoholism*, our most comprehensive annual public outreach magazine, wouldn’t be possible. Within the last year, AI-Anon members have distributed over 350,000 copies throughout the U.S., Canada, Bermuda, and Puerto Rico. Please help us continue to make this the most successful member participation outreach project in our history!

Remembering what it was like  
to be a newcomer  
may inspire you to write the words  
that will resonate with a potential member.

Please consider writing a few words about any of the bulleted items (word count: 50 – 300). Other suggestions for topics: Remembering how difficult it was to go to your first meeting—what helped you take that first big step? Did you hear anything early on that made you want to come back?

You have something to say to a potential newcomer that will help them find their way to us and we want to hear it.

See back for important information

# Al-Anon Faces Alcoholism

## Writing Guideline

Attach this to your sharing

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Name\*: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip/Postal code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

E-mail: \_\_\_\_\_

\*Regardless of how you want your name to appear in *Al-Anon Faces Alcoholism*, please include your name and address so we can acknowledge your submission. Also, if your article is published, we will send you a complimentary copy of the issue in which your article appears.

\_\_\_\_ Please use my first name, last initial, and state or province for credit

\_\_\_\_ Please sign me "Anonymous"

Al-Anon Family Group Headquarters, Inc.,  
c/o *Al-Anon Faces Alcoholism*  
1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617;  
by fax to (757) 563-1655; by e-mail to [wso@al-anon.org](mailto:wso@al-anon.org);  
Or submit on-line on the Members' Web site [www.al-anon.org/members](http://www.al-anon.org/members)

**THANK YOU** for sharing your experience, strength, and hope.

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**\*\*IMPORTANT — please read\*\***

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Sharings for *Al-Anon Faces Alcoholism* become property of Al-Anon Family Group Headquarters, Inc. and may be used in whole or in part in the development of Al-Anon material—printed and/or electronic. Due to the number of stories we receive, we cannot guarantee publication of any sharing at any time.

I have read and understand that my sharing may be used in print as well as on the Internet. If used, it will be signed as I indicated above.

Please photocopy this sheet and share it with others.



Welcome to our new meeting

## How Al-Anon Works

First meeting: Friday, February 9th, 2018  
from 1:30 - 2:30pm

### Details

This is an Open AFG.

1st week of the month: Tradition discussion

2nd week: Step discussion

3rd - 5th week: *How Al-Anon Works* book discussion

### Location

Christadelphian Church  
8970 SW Murray Blvd.  
Beaverton, OR 97008

Wheelchair accessible  
Ample parking on-site  
#62 Bus route

### Questions?

Contact Rita B at (503) 747-4405  
Ritadistrict10@gmail.com or  
Rachel L at (503) 702-6138