

**Oregon Area Al-Anon Assembly
March 18-19, 2017
Host District 1
Astoria Elks Lodge, Astoria, Oregon**

Saturday

Meeting opened at 8:30 by Sue B., Alternate Delegate
Welcome, Microphone and Voting Statement by Sue B.
Traditions read by Julie S., District 1
Housekeeping Information by Kathi R., District 1

Roll Call: Excused – Bunny G., Chair; Elaine E., DR District 8; Donelda H., Communicator Editor; Lainey J., Forum Coordinator. Absent – Dorena G., DR District 13. Past Delegates in attendance – Judy J., Panel 41.

Minutes of November 2016 Assembly were approved by a show of hands with a correction to change District 12 to 10 on page 4.

Treasurer's Report, Dawn K., Area Treasurer. The mileage rate for this Assembly is 13 cents. Please make all checks payable to Oregon Area AFG, mail to address on the bottom of the report. Include District Number, WSO Number, and Group Name on all contributions. Groups are encouraged to have group checking accounts. There are pre-addressed envelopes for group contributions at the back of the room.

Oregon Area Al-Anon Family Groups
Expense & Income vs. Annual Budget
January 1 through March 15, 2017

			Jan 1 - Mar 15, 17	Budget	\$ Over Budget
1	Income				
2		Group Contributions	5,715.73	14,000.00	-8,284.27
3		Assembly Registrations	0.00	2,000.00	-2,000.00
4		Cash Carried Forward	20,556.56	19,995.00	561.56
5		TEAM Event Advance	0.00	1,000.00	-1,000.00
6	Total Income		26,272.29	36,995.00	-10,722.71
7	Expense				
8	Delegate Fund				
9		WSO ETF	1,909.00	1,909.00	0.00
10		Extra Day	0.00	200.00	-200.00
11		Delegate Meeting	0.00	600.00	-600.00
12		Delegate Travel	525.74	800.00	-274.26
13		Delegate Miscellaneous	0.00	350.00	-350.00
14	Total Delegate Fund		2,434.74	3,859.00	-1,424.26
15	Working Fund Expense				
16		Archive Rent	456.00	456.00	0.00
17		Area Travel Fund	55.12	2,000.00	-1,944.88
18		Communicator	51.24	200.00	-148.76
19		Assembly/AWSC Rent	300.00	3,000.00	-2,700.00
20		Insurance	744.00	800.00	-56.00
21		TEAM Event Advance	1,000.00	1,000.00	0.00
22	Total Working Fund Expense		2,606.36	7,456.00	-4,849.64
23	Assembly Allowance/Meal/Lodging				
24		Officers	219.57	2,000.00	-1,780.43
25		Audit/Budget	0.00	600.00	-600.00
26		Coordinators	0.00	2,000.00	-2,000.00
27		Past Delegates	0.00	600.00	-600.00
28		DR's At AWSC	74.36	0.00	74.36
29	Total Assembly Allowance/Meal/Lodging		293.93	5,200.00	-4,906.07
30	Officers Expenses				
31		Alternate Delegate	0.00	75.00	-75.00
32		Chairperson	0.00	100.00	-100.00
33		Secretary	0.00	50.00	-50.00
34		Treasurer	74.07	150.00	-75.93
35		AAPP Expenses	0.00	75.00	-75.00
36	Total Officers Expenses		74.07	450.00	-375.93

Oregon Area Al-Anon Family Groups
Expense & Income vs. Annual Budget
 January 1 through March 15, 2017

		Jan 1 - Mar 15, 17	Budget	\$ Over Budget
37	Assembly Expenses			
38	Assembly Workshops	0.00	50.00	-50.00
39	Business Services A.C.	0.00	50.00	-50.00
40	Membership Outreach A.C.	320.00	300.00	20.00
41	Group Services A.C.	0.00	500.00	-500.00
42	Fellowship Communication A.C.	27.28	650.00	-622.72
43	Public Outreach A.C.	24.99	4,000.00	-3,975.01
44	Audit Budget Extra Day + Exp	0.00	50.00	-50.00
45	Total Assembly Expenses	372.27	5,600.00	-5,227.73
46	Coordinator and Other Expenses			
47	Alateen Coordinator Expenses	0.00	300.00	-300.00
48	Archives	0.00	600.00	-600.00
49	CPC	0.00	50.00	-50.00
50	Forum	0.00	80.00	-80.00
51	Group Records	0.00	50.00	-50.00
52	Literature	0.00	50.00	-50.00
53	Public Information	0.00	50.00	-50.00
54	Web Coordinator	145.51	200.00	-54.49
55	Total Coordinator and Other Expenses	145.51	1,380.00	-1,234.49
56	Delegate Meeting			
57	Alternate Delegate	421.20	800.00	-378.80
58	Past Delegates	487.60	800.00	-312.40
59	Total Delegate Meeting	908.80	1,600.00	-691.20
60	Other			
61	Contingency Fund	0.00	1,000.00	-1,000.00
62	Equipment Supplies	1,505.55	2,000.00	-494.45
63	Handbook Update	0.00	50.00	-50.00
64	Transition Fund	0.00	500.00	-500.00
65	Total Other	1,505.55	3,550.00	-2,044.45
66	Total Expense	8,341.23	29,095.00	-20,753.77
67	Cash Balance as of 3/15/17	17,931.06	7,900.00	-10,031.06
68	Ample Reserve	6,862.00	6,862.00	0.00
69	Available Cash as of 3/15/17	11,069.06	1,038.00	-10,031.06

Breakouts: Group Representatives, Sue B.; District Representatives, Katie W.; Coordinators, Scott R.

Meeting reconvened at 10:10 with the Serenity Prayer.

Guidelines for Web Coordinator Task Force: Joanne C. Regis P., Kate R., Dawn B. and I were given the task of creating website guidelines to guide the Web Coordinator and others dealing with the Area website. These guidelines will be like the flyer guidelines and be a living document, meant to be updated and added to. We have met every two weeks on Google Hangouts. We have come up with 13 specific guidelines.

Some of the guidelines are about–

Meetings in homes

District subdomains

How long a wait before updates are made to the website

Who has input on the content and design on the website

Who gives approval to a redesign

Who informs the Web Coordinator of changes to content and meeting changes

What financial documents need to be on the site and where should they be placed

What files to archive and how they will they be archived

Using page 91 on anonymity from the service manual when putting names on the website

This is a great topic but can also be very complicated. We don't want to inhibit the creativity of the web coordinator. We hope to have feedback from AWSC soon and present the final guidelines.

Group Insurance Thought Force: Brenda G., The insurance policy will be provided by Charity First and the general liability covers the State events as well as all meetings/events for the entire state of Oregon. Also, as more meetings are established these will not increase the costs, but a form will be filled out.

General Liability:

\$1,000,000 Occurrence. Bodily injury and property damage liability

\$5,000 Medical payments

Annual Premium: \$1,608 (Presently our coverage for state events is \$800)

Property: (for equipment)

\$5,000 Special form with \$500 deductible Actual cash value

Annual premium \$267

Insurance broker does not recommend the property coverage since there is a \$500 deductible for each incident and yearly premium.

Certificates can be issued showing that we have coverage without a rental agreement if facility just wants proof that we have general liability. If it is a new facility that is not covered under our

policy, then a written agreement/rental contract needs to be sent to broker to obtain certificate (which will be free).

This will cover any child care or Alateen meeting because the facility/location is what is covered.

Discussion and questions followed. Some groups have experienced a need for insurance; WSO is talking about this as well; some Alateen meetings need insurance before they can begin meetings; churches are the most economical places to hold meetings, but some fear that having meetings in churches may be a deterrent to new members; and, a question was raised about how the cost would be handled. It was determined that more information needs to be provided. A sign-up sheet for a Task Force was set up to be forwarded to Bunny G., Chair, for appointment.

District Reports throughout weekend. Full reports can be found at the end of the minutes.

2018 State Speakers' Meeting, Deanna M., Chair: The State Speakers Meeting is a weekend of fun for Al-Anon & Alateen members across Oregon. This is also a great service opportunity for all Al-Anon members, including Al-Anon members that are also members of AA. The SSM acts as a fundraiser for the Oregon Area Al-Anon. If you're interested in participating or donating to the State Speakers meeting please contact us at the addresses below.

The 2018 State Speakers Meeting hosted by District 10 (Washington County) and District 15 (Yamhill County) is moving along. Your Oregon Al-Anon State Speakers meeting will be **April 20th-22th, 2018** in McMinnville at Patton Middle School. Our theme this year is "Filling our recovery toolbox." Save the date and plan to come fill your recovery toolbox with fellowship, experience, strength, and hope from our in state and out of state speakers.

Fundraising is an important part of executing an Oregon State Speakers Meeting. After review of the 2016 SSM we saw the largest donations came in from the individual members via the top hat cans. The 2018 SSM committee will be implementing their own twist to the top hats. We are calling it a "Give It Up Campaign." Can you give up a cup of coffee, bottle of water, candy bar ... and donate the funds to the State Speakers Meeting? Travel mugs were handed out to District representatives and group representatives at the March Assembly, for those that were missed the remainder to be passed out at the July Assembly. We ask that you pass this around your group a couple times each quarter or more to help fund the SSM.

The SSM committee is also selling slogan signs at assemblies and lanyards with our awesome SSM recovery toolbox logo on them. You have a choice of purple or teal, they cost \$5.00 each.

We are accepting donation baskets as well, for the July assembly we will be raffling off a fun jean quilt, made by one of our Oregon Al-Anon Members.

Cash donations have been coming in from districts and groups and are very much appreciated.

We have decided on an AA speaker, she is a past AA delegate. We are still working on our Al-Anon and Alateen speaker.

Save the Date flyers were passed out at the March Assembly and are located on the Oregon area website.

e-mail: ssm@Oregonal-anon.org

Please mail donations to:

SSM

P.O. Box 921

Tualatin, OR 97062

Public Outreach Activity, Scott R., CPC Coordinator: Scott introduced the Public Outreach Action Committee. There were 184,675 copies of the 2017 Al-Anon Faces Alcoholism ordered in the second printing that will be shipping this month. Please put local meeting schedules and local contact information for replenishing on these before distribution. He asked members to summarize their stories in three words to tell what it was like, what happened and what it's like now, and write the three words on the triangles handed out at registration. Put the puzzle pieces on the triangle on the wall with colors connecting. Make your story connect with Public Outreach.

World Service Delegate, Cindy E.,

Our "theme" last year was: "Realizing Our Spiritual Potential". Did you explore your own spiritual potential? Did you find any amazing things about yourself? What are some of them? What I found was a more serene place when I was in turmoil. I found that I have enough to give. I'm still afraid of giving, but at least I've found that I have enough to give. I can give of myself and am less fearful I'll be rejected. I found people are trustworthy as I become more trustworthy. I have an intense amount of calmness in my life today and I am trusting the decisions I'm making. It may seem simple to some of you, but I also found that if I don't like my decision, I can make another decision.

We're beginning another year – our theme this year is: "Hope for the Future: Our Members". I've enjoyed meeting all of you. I've had personal conversations with some of you and I feel I know you a little better today. I'm refreshing friendships I've had for years here at Oregon Area, but let slide while I was away from service.

I love coming to area events. I remember when I was a GR, a DR and a Public Information coordinator, how fun it was to travel with friends going to these events, having a meeting in the car, sharing a room or a bed with so many different women. When I've been in service at this level, I have created friendships that take me out of my isolation and send me on trips to the coast, getting together in restaurants and having a girl's night out.

Even though I don't live with active drinking, I have been affected by the disease of alcoholism. I am not cured. I find that when I go to meetings and participate in service, I'm actively working on my program more than when I'm home day after day, week after week doing nothing.

Being the delegate has given me the opportunity to talk a lot more with my service sponsor. I run my report ideas by her, I am challenged to grow out of my comfort zone and think abundantly and positively. She has been a delegate before, so she wants to know what I'm doing at conference and what information I can give that people would be interested in. I get to talk with our area chair, Bunny. She is refreshing and positive and wants to talk about everything going on and coming up with the best plan. I get to read about other delegates and coordinators having questions and sometimes I feel I have sufficient experience, strength and hope to share with them. I am being given so much more than I feel I'm giving. I LOVE that we're actively

introducing Service Sponsor's again! I asked Bunny last year, "what happened to the red ribbons for people being willing to be a temporary service sponsor?"

Getting our members into service is considered the best way to maintain and grow our membership. How can we actively pursue this goal? I'll be asking this question and talking more about how we can accomplish this – please start thinking of ideas.

1. ALATEEN

OAC invitation – first weekend of August

Alateen Conference Call – Joanne – were you there?

Sponsorship Book – Portland sponsors see a need

2. Since we don't have a Literature Coordinator just yet, I want to update you on a couple of things from Tom C., our Associate Director of Literature at the World Service Office.
 - a. The new workbook.
 - b. Improving ways for members to order AI-Anon/Alateen Conference Approved Literature (CAL) ebooks and audiobooks is important in the technological world we live in today. More members want to read CAL on their mobile phones, tablets, ereaders, and personal computers in addition to their print publications. Digital CAL also is a service to members who do not have CAL print publications.
 - c. Two new icons now appear in the "Books" and "Electronic Literature" sections of the WSO's online store to identify and redirect members to our CAL ebooks and audiobook pages offered by Amazon, Barnes and Noble, iTunes, Kobo, and Audible.com:
 - i. A statement upholding AI-Anon's Traditions follows the names of the electronic vendors for each digital CAL item:

"This announcement is informational only, and not an endorsement of any electronic media provider, reader, or other products sold by electronic media providers."

- d. Every effort to uphold the spirit of AI-Anon's Traditions and to adapt the WSO's online store to today's technological world.
- e. Announcements and articles about this addition to the WSO online store will also be sent *Group e-News*, *AFG Announcements*, and *The Forum*. Please continue to inform members in your area about CAL ebooks and audiobooks.
- f. Do you know what Instagram is? I don't – would one of you like to give a short synopsis of what it is? Well – the WSO is on Instagram.

Wouldn't you want to be the first to know about exciting information like this? Stand for the position –

3. In March, right after our Assembly, I will be going with Bunny, Sue, Judy and maybe Mary Lynn to Helena Montana to meet with all the other Delegates and some past Delegates in our NW Region. ***Judy – will you tell us the 9 states that make up the NW Region? Alaska, Washington, Oregon, Idaho, Montana, North and South Dakota, Wyoming and Nebraska. Why are we going? We meet as Delegates to talk about the things that are upcoming at the World Service Conference (WSC) in April. We meet to talk about our thought and task forces that we've been assigned to. We meet in fellowship with the past Delegates that attend and welcome the new Delegates that are coming on board. I was new last year, right?***

4. There are panels—I am on Panel 56. The new Panel is 57. Do you wonder where the panel numbers come from? The very first WSC was in 1960, they were Panel 1. Now, 57 years later, you add that number to 1960 and you get today, 2017. Does that make sense? I was part of a third of the WSC that rotated in last year. Another third is being rotated in this year. Is this confusing? Next year, my third year in office, there will be another third of the conference rotating in. It continually rotates so that not every three years is a madhouse of nobody knowing what they're doing. We rotate so the task and thought forces continue their work without having to reinvent the process all over again. We rotate so that more experienced Delegates can help the newer Delegates get the hang of the WSC. Does this make sense now?
5. In April I travel to Virginia Beach, to attend the 5 day World Service Conference. You voted in November with the budget to pay my way to go represent you at the World Service Conference. Thank you. I really appreciate your confidence, your trust. Another thing I want to thank you about is that you also have included an extra night so that when I get to Virginia Beach at 11:00 pm at night, I won't have to get up at 7:00 am and start work the very next morning, I'll be able to relax and talk with other Delegates all day and share experiences and strengths that Oregon has. I will be able to participate in the Delegates Sharing Area Highlights. This is not part of the "conference" per say, it is a part that Delegates said they wanted without needing the WSO's planning or facilitating. I go to be Oregon's voice, your voice in matters that come up both individually with other Delegates and World Service Office staff. Collectively I share your voice with all the Delegates sharing on topics of discussion. A couple of these topics that I know of so far are:
 - Our Area Highlights
 - My Task Force on Spirituality in Area Finances
 - Prayer for Today – more discussion regarding whether we leave it in our literature or ?
 - Open/Closed Meetings – is it hurting our fellowship?
 - TEAM

So what would you like me to share about our Area's highlights? Do you have things you'd like me to share with other Delegates or are there topics you'd be interested in knowing about how other areas do things? Please talk to me during the breaks, or email or call me –

My Task Force on Spirituality in Area Finance – our committee has met over the last year through conference calls 5 times and email probably a dozen times. We have used "go to meeting" which is free and also for the phone calls, we've used "free conference call". We submitted our finalized pamphlet as well as a skit that shows an area business meeting discussing finances where there is the lack of spirituality present and an area business meeting using the pamphlet and using the spiritual principles mentioned in the pamphlet and how other members are able to express more of them.

Prayer for Today - Last year at conference, Tom C. (who is he?) Associate Director of Literature brought up the topic of changing, deleting or leaving the Prayer for Today on the Just for Today bookmark. Due to so many of the Delegates getting up to stand at the microphone, he postponed a decision about this and asked for more feedback. All of you have given me a lot of information and I appreciate all of your groups and districts input. To me, your voices are the most valuable thing I have going back to the WSO besides my higher power. Thank you for all your work in getting people to talk about these subjects. Recently, on AFG Connects, Tom, gave

a short history on our “Just for Today” bookmark. This history answers a couple of the questions that were asked of me. A couple of interesting facts are that:

- a. The WSO archives has no specific information regarding any discussions that took place regarding Al-Anon’s use of “Just for Today.”
- b. Two early local pamphlets: the original local version of *Alcoholism, the Family Disease* from Kentucky and the *Triple A Family Group* pamphlet from Arizona, each included a different version of “Just for Today” as early as 1951. (Portions of these two pamphlets were used by the WSO in 1961 to create the CAL version of *Alcoholism, the Family Disease* [P-4].)
- c. The *Just for Today* Wallet Card (M-10) was first printed by the WSO in 1954, but appears to be copied after a local group's card from the time. The only change the WSO version made was to replace the Serenity Prayer on the back with the "Prayer of St. Francis." In 1962, after the first World Service Conference agreed on the concept of "Conference Approved Literature," all existing literature being sold by the WSO was grandfathered in as CAL. In 1974, the title of the prayer on the back of the Wallet Card was changed to "Prayer for Today" so as to not imply affiliation.
- d. The WSO began printing the *Just for Today* Bookmark (M-12) around 1976. It has always included the "Prayer for Today" on the back. Interestingly, the wording of the "Just for Today" essay on the Wallet Card and Bookmark has always been a different version than the one that appears in the "Alcoholism, the Family Disease" pamphlet. Our discussion concerning the use of this prayer will be centered around a couple of questions being asked by the WSO – 1 of those questions is: What did you learn from your Area’s discussions that would help expand the Conference’s discussion of this topic?

2. Open and Closed meetings – again, last year at the World Service Conference, Delegates were invited to attend an open Policy Meeting. This meeting is where the WSO executive team, the Board of Trustees and some of the WSO staff meet to discuss issues that have been raised by the membership – you. The particular subject that was brought up there was in regards to whether using the words Open and Closed meetings was negatively affecting our fellowship, were they outdated or no longer needed. Again, all of you have been wonderful about getting your groups and/or districts to talk about this subject and have given me a lot of feedback. I’m still open for more discussion if you feel there is more to be said. When I go back to the WSC, I will take all of my notes and your voices and make the best decision I can after hearing all of the other voices also. This is where I take Oregon’s voice back to the WSC, but I vote for the good of Al-Anon worldwide after considering all that I hear.

6. While I’m back in Virginia Beach, I encourage anyone that’s thinking about sending Love Gifts to me, your Delegate, to be either be in way of a cash donation to the WSO in honor of all the Delegates attending the WSO OR I’m honored to receive cards, notes, well wishes, even chocolate the week I’m back at conference.

The hotel address is:

(Hold for WSC 4/24-4/28, 2017)

Cindy Erickson

Wyndham Virginia Beach Oceanfront Hotel

5700 Atlantic Ave.
Virginia Beach, VA 23451
AND

Put my name and my home address: 78319 Swanson Lane, Cottage Grove, OR 97424 in the return address area.

Please plan to have mail arrive after April 20th.

- 7. Jodie - TEAM – www.nwteam2017.org - we have a website and we will be offering online registration capability. We're asking when you register if there are any special needs, Spanish interpreter, sign language, etc. Our theme is: [Service Leads to Growth!](#)**

I am so excited about our TEAM event with Washington State. Are you? Let me see a show of hands for those that are excited about it? How many of you plan to attend? Let me see those of you that are on the TEAM committee right now stand. Don't we have a breakout committee working on bookmarks? You're working. Thank you. You know when we have a State Speakers Meeting, there are lots of positions to be filled to put it on. Hospitality, Decorations, Greeters, Workshops, etc. We need those too for a TEAM event. I put out a call to see if anyone is interested in participating, but something must be wrong with my email.....I haven't gotten any offerings from you to serve on a committee. If everyone that raised their hand and voted yes to have this event offered to serve in one small capacity, we'd have everything done in a flash! Please be willing to offer yourself for one small piece of this event – we need you.

We have selected the site, Portland Airport Holiday Inn, the dates are: November 3rd and 4th, Friday night and Saturday all day. We started planning the lunch meal that will be served on Saturday. We talked about whether we wanted to offer a Friday night dinner option also. We worked on our theme for the event. We talked about what workshops we want to offer. This isn't going to be solely about service, this weekend will be about our triangle: Recovery, Service, Unity. There is a lot to our program and Service is one aspect that shows where our recovery hits the road. We are planning to have an Alateen panel and an Al-Anon speaker Saturday night after the event as well as an Alateen workshop specifically for them. We are working with Linda, our Alateen Coordinator and the Washington State Alateen Coordinator. I hope you'll share your enthusiasm with your groups and get them excited about the event.

Our Forum Coordinator was not able to be here today and I wanted you to hear firsthand the latest numbers regarding the Forum. These numbers are comparing 2015 to 2016.

Did you know that the topic of changing the words in our steps has come up

1. CHANGING THE STEPS

Document

Break the Buck – I thought of this the other day and I'm wondering how are we doing? Have you noticed any change in your meeting? In your district? We saw a huge change in the World Service budget! I know for me, I've consciously thought about it each time I'm putting something into the 7th Tradition basket. I unconsciously put in \$1.00 and remember and try to add to it each time I give.

Worldwide Fellowship – Areas are talking about using credit cards for purchases, discussing how they finance or don't finance past Delegates to attend Assemblies and what our past Delegates do at Assemblies. We've had discussions on how to use the Traditions and Concepts along with our literature when District meetings are held hostage by dominating members and members not following our spiritual principles found in our Traditions and Concepts. Some of us have been talking about how many AWSC and Assemblies we each have and what we do at them. Some meet only at one assembly. Some of them have their AWSC the Friday night before the Assembly. I recently heard where Oregon used to have their AWSC meeting first thing in the morning BEFORE the assembly started on Saturday. Most don't use the Action Committees. The one I'm most involved in is the discussion on how to attract more people in service. How do we connect with those that don't attend area meetings because of the distance? How do we make sure we're attracting (welcoming), getting districts enthused about meeting at someone's house and having fellowship and food and participating in the discussions we have here and not promoting (preaching), telling them they need to...?

What does Oregon want to do to reach out to our members that live in La Grande? Vale? Brookings? Astoria? Klamath Falls? Do we feel the work and effort is needed? Are we thinking along the lines of abundance? Could service work as a coordinator or participation in District Reps breakouts be done by someone in one of these far-reaching cities? I believe they can. I know that Business Services was looking at this topic. Is it possible? Yes! Do we want to do whatever is needed to make this a reality? What are the possibilities? What are the challenges? Northern California is trying this out, Alaska is looking into this. Working on my task force and using free conference call and go to a meeting have been doable, but to actually see the people and interact with them visually like using a webcam or using skype, what is involved in doing this? Bunny and others are looking at the Technology job description. We've invited conversations from many across the US and Canada. Technology: We've obtained the Florida North – job description. At AWSC our Thought Force is being asked if we should we go to a Task Force?

Last, I want to share a little of what being in service has done for me especially this past year plus. My program needed a jolt. I was getting complacent. I wasn't growing, I wasn't stepping backwards, I was just there at the meetings. Since I was elected in my service role, I am excited about my program. I am jazzed about Al-Anon's future. I want to be a part of it. I want to contribute. I talk to newcomers more. I lead more. I believe I have more to share. I read, boy do I read. I read the Paths to Recovery, I read the Forum, I read from Survival to Recovery, I read emails, I read. I pray more. I am amazed at how frequently my higher power taps me on the shoulder and lets me know ideas I've not considered. I'm practicing the 11th Step more consciously than I ever have before. I don't fear life as much. I'm getting used to sitting in prayer when I'm troubled. My life was profoundly affected by alcoholism and my life has been profoundly changed by Al-Anon. Thank you for allowing me to be of service.

Thank you.

Announcement: Sue B., Yellow and blue badges have voice, white badges do not. Copies of the Oregon Area Handbook for those who ordered them are available.

Attendance: Dawn K., Area Treasurer, announced attendance: 70 registered, 61 GRs. Receipts: \$640.

Public Outreach Grant Reports

District 10 – Outreach Grant Update

District 10 has begun their outreach program that consist of dropping off Al-Anon literature pamphlets in both English and Spanish along with the AFA brochures in nice plastic brochure holders to 17 food pantries in the Districts area. These food pantries are spread throughout District 10 (Hillsboro, North Plains, Beaverton, Tigard, Sherwood, Tualatin, and Lake Oswego). The food pantries were very welcoming to our information and we will be following up bi-monthly or quarterly to replenish the Al-Anon information. Group Representatives reach out to individuals in their meetings that were willing to take on some service work dropping these off and replenishing if they could not do so themselves which also gave service work to members of Al-Anon. Part of our focus was to personally make contacts with the operators of the food pantries by hand delivering the pamphlets and offering contact information for refills. About once a quarter a member of Al-Anon will revisit the food pantry to refill their brochure holder, this was intended to be an ongoing public outreach project.

With the grant from the Oregon Area Public outreach, District 10 was able to create a smaller meeting list that just covers District 10 meetings. These were distributed to the food pantries along with the brochures. The hope is that someone could find a meeting close to them quickly and make it to a meeting where they would receive a newcomer's packet and a meeting list for the entire Portland Metro Area.

District 10 was unable to distribute to school base health clinics yet, but have that in our 2017 public outreach plan. We are also going to be providing Al-Anon information to the local schools that have health based offices for the students.

Our success is measured by introducing Al-Anon to anyone that may not have heard of the program. This was done by our initial request at the food pantries to leave the literature. Our continued measurement is by checking back on the brochure holders and seeing the literature dwindle.

Thank you,
District 10

District 6 Bus Campaign Report to Assembly March 2017

May 2016

Submitted 4 proposals to Public Outreach Committee (movie theater, bus campaign, print advertisement in Eugene Weekly, Poster the Town event). We did not state a preference among these outreach activities.

The PO Committee selected the bus campaign

Run a campaign on or in Lane Transit District buses. These buses travel throughout the area and a variety of programs are available. The sales rep has offered a 50% discount because of our non-profit status. Requested \$500 from Oregon Area.

Campaign funding sources/budget – Collaboration at it's best!

\$500 - Oregon Area

\$500 - anonymous member

\$500 - group

\$250 – District 6

\$250 – Al-Anon Information Services

Details:

4 - Bus Kings

3 - Bonus Space Available Bus Queens

5 - Space Available Bonus Tails

50 - Space Available Bonus 11x17 interior cards (some Spanish, some Alateen)

Investment:

Cost per Period--\$1000(4wks)

One Time Vinyl / Production Cost--\$990 for bonus displays

Number of Periods – 1

Total Investment-- \$1990.00

Total Value--\$3065 * does not include bonus space displays valued at \$4385 every 4 weeks!

Net Rates

Pricing and Details are based on 4 week periods. Bonus products are space only; production costs are separate. Bonus products are based on space availability and not guaranteed. This proposal is valid for 30 days or per space availability.

Eugene, Oregon

Our goal was to have the signs on buses just before Thanksgiving, but it did not happen until early December. Signs are still on the buses as of March 8, 2017. ☺

The impact to District 6 has been extremely positive. Not only are we experiencing an increase in newcomers, as indicated by our Saturday morning newcomers meeting, but the process of collaboration has strengthened unity amongst the entire district.

Membership Outreach Skit – Membership Outreach Action Committee presented a skit encouraging members to attend the T.E.A.M. Event to be held in Portland in conjunction with Washington Area on November 3rd and 4th at the Portland Airport Holiday Inn.

Election of Literature Coordinator: Judy J., Past Delegate Panel 41, stood for the position. Balloting was held and she was elected to serve the remainder of the panel.

Election of Public Information Coordinator: No one stood at this time. Election will be postponed until Sunday

Communicator Editor, Donelda H., absent due to medical reasons, sent a letter to the Assembly which was read by the Delegate. Letter follows:

I am very sad that I could not make it to the assembly. I am still trying to recuperate from two weeks in the hospital and two back surgeries while there and side effects from too many steroids.

When I send out the *Communicator* I get a lot of undeliverable email. Please check your group records to make sure all group records are up to date. If your group is not receiving the *Communicator* in an email. Please send an email to communicator-@oregonal-anon.org with Communicator SUBSCRIBE as the subject line.

Any individual may also get the *Communicator* in their inbox. Please send an email to communicator-@oregonal-anon.org with Communicator SUBSCRIBE as the subject line.

I am always looking for personal sharings for the *Communicator*, especially those sharing how service work has helped their recovery. Let's help inspire others to enjoy the benefits of service. Please include Communicator in the subject line of the email.

How many people know where to find the reporting schedule in the Oregon Area Handbook?

Thank you everyone,

Donelda H.
Oregon Area *Communicator* Editor

Audit Budget, Barb B., Chairman, The task of the Audit Budget Committee is to review the books of the Area quarterly. The 4th Quarter of 2016 was reviewed after AWSC in February. Everything balances.

Group Forum Subscription Raffle, Fellowship Communication Action Committee raffled ten (10) group subscriptions to The Forum. Winners were:

District 4 – 60968 – Tuesday Night Men's AFG
District 6 – 30583374 – Gathering of Men AFG
District 6 – 51041 – Saturday First Step
District 7 – 11864 – Caring and Sharing AFG
District 9 – 39585 – Northwest at Noon Al-Anon
District 15 – 24708 – Tuesday Brown Baggers

District 17 – 30575188 – Monday Night Miracles
District 17 – 30549992 – Discovering Choices
District 17 – 30588692 – Paths to Recovery AFG

2019 SSM Bids: The floor was open for bids to host the 2019 State Speakers' Meeting. No one was prepared to offer a bid at this time. District Representatives were asked to discuss the matter with their districts and consider this opportunity that will be brought up again at the July Assembly.

March 2018 Assembly Bid: District 7, Tama S., District Representative, offered a bid for the March 2018 Assembly to be held in either Medford or Grants Pass. There was a consensus to accept the bid of District 7 to host the March 2018 Assembly.

Meeting adjourned with the Al-Anon Declaration.

Sunday

8:30 am Serenity Prayer, led by Sue B., Alternate Delegate

Concepts of Service, District 6, Steve P.

2017 Alateen Report, Linda S., Alateen Coordinator:

A new year has started for the OAC committee and they are on their way in planning another awesome conference with Ezra as the Chair. Our theme this year is KIS – Keep It Simple. We are starting the year with \$5,524.81. A deposit of \$500 for the facility has been paid. Because it costs us over \$10,000 to put on this conference, we will need to fundraise this year. In November, we handed out Envelopes. Please make sure that those get passed out and returned. I have a “**Save the Date**” flyer for OAC. I have put them into each mailbox. Please feel free to make copies and hand them out.

Our goal is to make sure that we have enough funds to support any teen that wishes to attend OAC. With your help, I know that we can do this. We provided 30 scholarships last year. I would like to make even more possible this next year. There are so many ways that you can help to make this possible. Sponsor a teen, donate to the fundraiser, or send in a contribution, every bit helps to make it possible for teens to have a great experience.

We have a fundraiser coming up next weekend. The **OAC Potato Bar Fundraiser**. It will be held at Oak Grove United Methodist Church in Oak Grove, Oregon. I have put a flyer in every mailbox. Please make copies. I also have extra copies available.

It is our goal this year to support Area Alateens and their Alateen meetings in fundraising in their districts. This will really help to make sure the funds get to those that need them. You can sell cookies at a weekly meeting, at a monthly meeting, a speaker meeting, or have a pancake breakfast with silent auctions. You can have a car wash or you can come up ideas of your own! OAC really wants to support you in your fundraising. Let us know what you are planning so we can help and get the word out!

We have another Alateen function coming up in April. It's the **Portland Area Round-up**. It is open to all Alateens. It is just one day and starts at 2:00 pm. I have put a copy of the flyer and

Permission Slip in each mailbox. I also have extras if you are interested in bringing a teen. This is a fun event with crafts, sharing of stories, pizza and a dance. If you have any questions, please come see me.

2016 was a great year for Al-Anon's coming into Alateen Service. We had 22 Al-Anons complete the certification process. They were in the Portland, Bend, Eugene, Roseburg, Salem, Ashland, and Medford areas. That is awesome. So far in 2017, we have had 4 Al-Anons complete the process. They are from the Portland Area, Bend and Medford. We are on track with 2016. Hurray! These are some awesome dedicated individuals. 9 of the AMIAS have been in the program for over 10 years! 8 of those have been with us for over 12 years! There are 23 AMIAS that have been in the program for 5-10 years. We have an amazing 65 AMIAS in the State of Oregon. I would like to recognize the AMIAS that are in attendance today. If you are an AMIAS, would you please stand? Give them a hand. Thank you so much for your service. I know that there are teens being helped just by you being part of the program.

Right now we have 14 Alateen meetings in Oregon. In 2016, we had 3 new meetings start. That is wonderful! The Portland Area (Grant High School), the Bend Area and the Roseburg Area each started new meetings. The sad news is that we also lost 3 Alateen meetings in 2016, one in Ashland, McMinnville, and in Sisters.

Flyer Committee Task Force, Sue B., Alternate Delegate. The Task Force will have suggestions to propose to AWSOC in June. It is suggested that flyers be sent to the committee at least one month prior to the event. A response that the flyer was received will be sent within one day, and the answer to whether or not the flyer meets the requirements will be sent within one week.

Ask-It-Basket Questions. All questions answered by Judy J., Past Delegate, Panel 41, unless otherwise noted.

Question #1: As District Treasurer, how many years do I need to retain the records? For my district the records go back to 2003, seems excessive.

Answer: Detail records should be kept for 7 years. Annual financial statements should be kept forever. Answered by: Dawn K., Area Treasurer.

Question #2: Al-Anon contributions to an AA event. Is an Al-Anon who is attending the event considered an outside contributor and should not put money in the basket? And, vice versa for AAs attending an Al-Anon event?

Answer: I have been at AA functions where it was announced that only members of AA are to contribute. I usually do put money in the basket at AA events because I do hear recovery and have an entertaining evening and love the fellowship. And vice versa. Al-Anons read page 21 in the Service Manual. AAs can choose; there's no rules.

Part II: When Al-Anon is participating at an AA speaker meeting by supplying an Al-Anon speaker, and the basket is passed, all the donations go to AA. Is this contributing to an outside enterprise?

Answer: See Service Manual, page 21 at the bottom of the page, "Passing the Basket." Read also Guideline G-3. If the event is a combined event, division of funds should be discussed in advance. The Seventh Tradition is part of income.

Question #3: Is there support for offering Spanish-speaking meetings besides the WSO website? Will Oregon Al-Anon have a Spanish section? Can we get Spanish Al-Anon slogans?

Answer: Several Spanish-speaking meetings are listed on our website. WSO has Spanish literature available. There are no special slogans for other languages.

Question #4: What is the policy for adding verbiage to an Al-Anon meeting's opening? Specifically, this group was wondering about adding "politics" to the Al-Anon Spoken Here. (Please keep the focus on the Al-Anon program and our steps and concepts of service. "Let's leave other outside affiliations, outside religion, our professions, outside publications, other philosophies, other 12-Step programs.")

Answer: See pages 23 and bottom of 27 of the Service Manual. Your group can choose one of the Optional Readings listed in the Service Manual or have a Group Conscience Statement. Take an informed group conscience or have a thought force to decide what readings your group wants to use.

Question #5: Can any individual have a meeting cancelled through WSO?

Answer: Page 34 of the Service Manual talks about the Current Mailing Address (CMA) who usually makes changes to group information. Oregon group changes should go to the DR, who forwards them to Group Records. The Links of Service should be followed. Any changes to meeting information should be by informed group conscience.

Question #6: Group situation and problems: For the past year, the district has declined to address or participate in group problem resolution to the extent of violating program traditions. Delegates and WSO have been contacted multiple times. The district declined to discuss and refused to read the correspondence from WSO. What do the GRs and groups do in this situation?

Answer: WSO does not tell you what to do. They may offer suggestions. You might ask the delegate to come to a meeting with the group and the district representative. The issue should be solved at the area or district level.

Joanne C., Past Public Information Coordinator, spoke about the benefits she received in this position. She was grateful that she could pass on information to anyone who doesn't yet know about Al-Anon. She asked anyone considering standing for Public Information Coordinator to think big.

Service Manual Quiz, Sue B., Alternate Delegate. A 2014-2017 Service Manual Quiz sheet of questions was passed out with 15 minutes allowed to find the answers. At the end of the time, Sue read the questions and answers were given from the members.

Chosen Agenda Items Breakouts, Cindy E., WSC Delegate, divided the members into five groups and passed out questions taken from Chose Agenda Items from the World Service Conference. Each group wrote answers to the questions and gave a report back after their discussions. The Chosen Agenda Item Questions were:

- How can we more effectively cooperate with AA, enhancing a relationship with those members and their friends and family who are already aware of the positive impact of 12-step recovery?
- How do we encourage members to respond to requests for written personal sharings so that our literature in progress and The Forum continue to be significant tools for receiving the priceless gift of serenity?
- How can we better attract members to take the next step of recovery into service? It seems harder to attract members into service positions than it used to. Groups and districts are struggling to find members to fill positions. Is there anything new or different we can do to better communicate that in order for Al-Anon to survive we need our service positions filled? Is there anything new or different that we can communicate that helps explain that by performing service, we are helping ourselves grow and recover and live the 12th Step?
- Great emotion has resulted as a result of KBDM discussions of “Prayer for Today” on the “Just for Today” bookmark. The one consensus we had was a great concern that if we focus on being politically correct in our literature, we will not be able to use quotes from any faith tradition in future literature and will eventually remove all from current literature, thus offending even more folks. Are we “people pleasing”, practicing one of our deepest character defects in this pursuit?
- How can we empower Alateens to help them feel like they are a part of Al-Anon? How can we as Al-Anon members learn from Alateens? How can we better help them successfully transition into Al-Anon? Part II: How can we be more unified and help gather in these wonderful recovering teens once they hit adulthood so we don’t lose their unique perspective?

Action Committee Reports

Membership Outreach, Regis P., Substitute Chair; Kathy K., Recorder

14 Present, representing Districts 1, 7, 9, 10, 15, 16, and 17.

Reviewed Actions:

- Distribution Guidelines for Communicator, continued
- How to distribute TEAM bookmarks

New Actions/Goals

- Meet at 2-week intervals on website design through Go to Meetings
- How to promote International Convention in Baltimore

Things to Do

- Translate Communicator to Spanish

Public Outreach, Scott R., Chair; Gabbi E., Recorder

18 Present, representing Districts 4, 5, 6, 7, 9, 10, 11, 14, 17

Reviewed Actions:

- Grant \$235 available to support district public outreach activity proposals.

- Last year only 2 out of 18 districts applied, but this year there appears to be great interest/energy/ideas.
- Public Service Announcements available for TV and radio stations, but are currently under-utilized. Check out WSO for resources.

New Actions/Goals

- Expansion of Grant Proposal Review Committee.
- Al-Anon and Alateen are now on Instagram. (Reflects our willingness to reach contemporary audience/folks who need support.)
- 2017 Public Outreach will focus on the Professional Community, such as doctors, counselors, lawyers, etc.

Other Important Discussions/Notes:

- Importance of continuity of membership/participation on Action Committee.
- Most effective to provide personal connection/contact info when doing public to professional community.
- Individual or small group public outreach activities remain valuable: effective 12th Step work.

Things to Do:

- Refined our purpose as a committee: Members of Public Outreach Action Committee will gather at Assembly to collect/generate public outreach ideas and be more accountable for reporting back to our districts about available public outreach ideas, resources and support.

Business Services, Dawn K., Chair; Deanna M., Reporter

11 Present, representing Districts 4, 5, 6, and 9

Reviewed Actions:

- Discussed the change in plans in regards to editing OAH Section VI. It will be reviewed by Dawn K., Bunny G., and Sue B., before presentation to Area.

New Actions/Goals:

- Brainstormed ideas for skit to present at July Assembly in regards to how to hold a business meeting.

Other Important Discussions/Notes:

- Next project will be guidelines for groups on holding business meetings.

Things to Do:

- Dawn K. will compile skit ideas and email to committee members.

Group Services, Dee P., Chair; Kristina U., Reporter

15 Present, representing Districts 3, 4, 6, 9, 10, 11, 12, and 17

Reviewed Actions:

- Last meetings minutes, accepted.
- Archivist – History of Oregon Al-Anon, scanning Alateen Conference planned (August)

- AAPP processed 3 adults serving Alateen
- Groups Records – Trouble with people following links of service for updated records.

New Actions/Goals:

- Internet work force – need high tech person to assist – ask at Assembly and take back to groups.
- OAC 60th birthday anniversary (July) – needing additional combined funding and word out – Caralynn W.
- Group Records – Follow links of service necessary for Kate to stay accurate/current. Need to connect with other committees to put on agenda to address issues with DRs and breakouts.

Other Important Discussions/Notes:

- Need for committees to talk more, interchange info and problem solve with group records issues, communicate.
- Alateen sponsors – ask kids what they want for 60th birthday, etc. Encourage more Alateen meetings.
- Spread the word on tech help needed.

Fellowship Communication, Judy J., Chair; Claudia P., Recorder

18 Members present, representing Districts 1, 4, 5, 6, 9, 10, 11, 14, 16, and 17

Reviewed Actions:

- Developed Bingo cards to send home with DRs and GRs, one for books and one for pamphlets. The Bingo cards were developed to encourage use of the literature. The cards can be downloaded from the Oregon Area Website. Submit cards when they achieve a Bingo through DR or bring to November Assembly. \$85 basket of books to the group winner to be drawn by lot at November Assembly.

New Actions/Goals:

- Discussed other ideas for encouraging use of the literature. David and Rita volunteered to do a book report at the July Assembly on a CAL book.
- Alateens 60th birthday. Invite Alateens to meeting, read Alateen literature, have Alateen literature at meetings.
- Skit for July Assembly. Those who volunteered: Pam, Ruby, David, Polly, Phyllis.

Other Important Discussions/Notes:

- Discussed Spanish version of Bingo cards. Not all CAL is available in Spanish.
- Forum & Communicator – encourage members to submit writings.
- The new Newcomer packets are out. Cost is \$1.50.
- Dispense Forum magazines in meetings or in the community.
- Can download many free pamphlets from WSO website.
- Ask every district to buy a book (CAL) for their local library.
- Have approximately \$175 left in budget.
- At July Assembly will see how much money is left in the budget and decide if additional prizes will be given for Bingo games.

Public Information Coordinator Election. Katie W., District 16 District Representative announced that she would be giving up her position as DR because of a move to another district. She said she would be willing to serve as Public Information Coordinator and read her Trusted Servant Profile. Katie W. was elected to the position.

Upcoming Events

AWSC Meeting – June 17th 8:30 am – 5:00 pm

Gilham Community Church

3633 Gilham Road, Eugene

Hosted by District 7, Tama S., DR, in collaboration with District 6

July Assembly – July 15 – 17, 2017

Oregon City Elks Lodge 1189

610 McLoughlin Blvd., Oregon City

Hosted by District 17, Brenda G., DR

AWSC Meeting – October 13th

Tualatin United Methodist Church

20200 SW Martinazzi Avenue, Tualatin

Hosted by District 9, Mary W., DR

Together Empowering Al-Anon Members – November 3 – 4, 2017

Airport Holiday Inn

8439 NE Columbia Blvd.

Portland, OR

Hosted by Oregon and Washington Areas

Any and every member of Al-Anon is invited to attend.

Question from the floor: Can we have a printout of the Oregon Area map at each table?

Yes, Sue will print those for the next Assembly.

State Speakers' Meeting 2018: Deanna M., District 10 DR, thanked everyone for supporting

the fundraising efforts by the SSM Committee. The 2018 SSM will be held April 20-22 in

McMinnville, hosted by Districts 10 and 15. The theme is "Filling Our Recovery Toolbox."

There are bookmarks available, which list the address for donations: SSM, P.O. Box 921,

Tualatin, OR 97062, and the email address: ssm@oregonal-anon.org. The AA speaker has

already committed and several Al-Anon speakers are being considered. She explained the "Give

It Up" campaign. \$135 was raised by the basket raffle, which was won by Mary, Alternate GR,

Gresham New Hearts.

State Speakers' Meeting 2019: Districts were encouraged to consider putting in a bid at the

July Assembly.

Question from the floor: Judy J., Past Delegate Panel 41. Can we donate some money from the

Area treasury to the Portland Metro Area bus campaign?

Discussion: Scott proposed a statewide bus campaign to include the six other major public transit districts. Sue asked Dawn to give us a recap of how much we are spending today, how much we'll need for insurance and how much could be available. Dawn reported the current balance is \$11,069.06. She will cut checks today for \$2500. We could need an additional \$1,800 for insurance, leaving approximately \$6,700. She said group contributions are ahead of schedule. Katie would be willing to head a larger subcommittee for a statewide bus campaign. Suzanne suggested matching funds from Area to Portland Bus Campaign. Dawn B. suggested changing the conversation to GR sharing and let the bus campaign go to Action Committees. Deanna wants to keep it simple, saying that the Portland area will go ahead with the project no matter what.

GR Sharing:

Julie, District 1, Turn Around Tuesday Group. This has helped put together the pieces of how Al-Anon works. Al-Anon cannot prosper if we do not step up. She is super excited, has had a great experience and looks forward to July.

Steve P., Eugene, Friday Step Study. This is his first Assembly. He's glad to be here and know he's no longer part of the problem.

Christina, District 6, Saturday First Step. She's thought about service for a long time but has been afraid to take a bigger step than group level. There is a lot of language she doesn't know yet. It's great to be here and she can see how service can encourage our growth in program.

Peggy. The notion that Al-Anon is declining scares her. If we talk about it, people can get discouraged or they can get pumped up.

Deanna, DR District 10. Hopes everyone, especially new GRs were able to take advantage of table set up outside of room with information.

Sue B., noted we have our own "conference summary" in our minutes.

Polly M., Safe Haven, District 10. Hospitality by District 1 was great.

Brenda, District 17 DR. Encouraged districts to work together. She thanked Deanna for getting the Portland districts to work together to keep us out of isolation. She asked new GRs for feedback about what more can be done with the information table.

Fran, District 9 GR, Northwest at Noon. Just came back from Mississippi where Al-Anon is struggling. We are so lucky to have this large an Assembly.

Judy J., Past Delegate, Panel 41, explained that what we had done during the Chosen Agenda Items breakouts is exactly what is done at the World Service Conference. So much information was given. GRs are so knowledgeable, brainstorming together works. We can now save lots of money and not send our delegate to WSO.....we have all the information right here. Good job all!

Ted, Aloha Al-Anon. Thank you. I had a great time.

Motion #1: To donate \$1,000 from the Area for Portland Tri-Met Bus Campaign.

Submitted by: Mary W. Second by: David H.

Yes: 33 No: 11 Abstain: 5 Total: 49 Voting

Motion carried. This is a one-time motion.

Minority Opinion: Ree M., District 6, Ann and Lois' Amazing Adventure, said she was taken by surprise with this motion. Her experience is that we discuss ad nauseam. There was not enough time to talk about a substantial expense.

An opportunity was given for anyone wanting to change their vote after hearing the minority opinion. There were none. Motion stands.

Meeting closed with the Al-Anon Declaration.

Respectfully submitted,

Mary Lynn J.
Oregon Area Secretary, Panel 56

Motion #1: To donate \$1,000 from the Area for Portland Tri-Met Bus Campaign.
Submitted by: Mary W. Second by: David H.
Yes: 33 No: 11 Abstain: 5 Total: 49 Voting
Motion carried. This is a one-time motion.

DISTRICT REPORTS

DISTRICT 17 REPORT MARCH 18, 2017

District 17 includes part of Clackamas County east of the Willamette River and includes Milwaukie, the town of Williamette and town of West Linn.

Currently, we have 19 meetings, which includes 2 Alateen meetings, 1 Spanish speaking meeting and a new Al-Anon meeting starting in April in Wilsonville. We have a very active Alateen sponsor, Cathy C. who has been going with her husband as well as another Alateen sponsors to our local high schools and talking to counselors, leaving behind envelopes for teachers with public outreach information about Alateens. A couple of the schools would like to have Alateen meetings on site and we need to have more sponsors for that to happen. There are presently 13 group reps and most attend our District Meetings. Our Newcomer's Meeting is before a regular Monday night meeting. Our groups sign up to rotate responsibility to facilitate the meetings with many having speakers to share on various topics, Steps, Traditions and Concepts. We have an AA liaison who attends local AA meetings and distributes our flyers and brings back news about what they are doing. Our liaison is currently meeting with AA's District 15 to put together a joint activity. The District held a couple of writing workshops which was facilitated by the Forum Coordinator, Lainey, in support of WSO's request for writings for the new publications.

The district will be having its annual Spring Fling fundraiser for the AIS office on April 22nd from 10am-12 and will be great fun. The theme is on AIS and Speakers will be from the AIS office. There is no admission charge, and will provide a continental breakfast, auction and white elephant sale. Flyers are on the table and also on the Oregon Area website.

This year was an eventful and successful year for District 17. We hosted the State Speakers Meeting and raised over \$7,000 for the Area. In November we had our annual Pancake Breakfast fundraiser with Al-Anon and Alateen Speakers and was well attended. We raised

\$924 for the Area and had a separate raffle for a beautiful handmade quilt which was donated by one of our members and raised \$339 for WSO. Our annual Spring Fling in 2016 was a great success raising \$1325 for AIS. Since it was the 65th Anniversary of Al-Anon we hosted a special party celebration with Speakers from out of town and raised \$405 for WSO.

As part of Public Outreach District 17 is joining District 10 and the other districts of Portland to do a bus campaign which we are targeting for August.

Northwest Treatment Centers requested that our district provide Al-Anon speakers to talk at their facilities every 6 weeks. It is a great opportunity for us to carry the message to a group of people who do not know Al-Anon and leave information about the program.

Our district also sponsors a Service Manual book study on the 1st Saturday of every month and is informative and well attended by many members from various districts of Al-Anon.

District 16 Report

We currently have seven groups that meet faithfully in Albany, Corvallis and Lebanon, and one Alateen meeting in Corvallis. We have worked closely with our AAPP Joanne to get our Alateen meeting registered and to verify that we are following WSO and Area guidelines. We've had a learning curve to be sure and I've seen first hand that our members are flexible and adaptable – two highly prized Al-Anon traits. ☺ We also have two new GRs as of our March Assembly who are excited about being in service! There is no greater joy for a DR...

I want to give an update on our largest meeting in Corvallis which has up to 40 attendees each time they meet. They recently decided to take a group inventory and did so over a three week period to ensure that everyone had a chance to be heard. As a result of the inventory some members are going to start a study of Paths To Recovery, and an upcoming workshop on Sponsorship is also being planned. When my GR shared about how the inventory affected her group, I realized I wanted to encourage all of our groups to implement a yearly inventory process. It makes practical sense to do this because we want our groups to be healthy, but on larger scale it can lead to an increase in service, support of WSO, use of CAL, and of course, a stronger program for each individual that participates. This is already playing out in our Parkside meeting and I can only guess at how great the impact would be if each of our 7 meetings took an inventory and then acted on the results. I would love to quantify that and present some hard data at the next Assembly. If only it were that easy!

District 16 also hopes to be involved in the bus sign campaign once we figure out the logistics. We have a long history of Public Outreach in Linn and Benton Counties and we want to continue that.

As always, you are invited to take in a meeting with us if you find yourself traveling through the Willamette Valley. We'd love to have you!

DISTRICT 14

Ruby White D.R.

The outreach table has been busy this year.

We started off the year with the Sky Lakes Medical Center's health fair. A great place to be over three thousand people attended this event. We always give out a lot of information about Al-

anon to the people who attend. Sky lakes is always supportive of Al-anon and very glad to have us there.

Two Pow Wow 's were next with a great attendance as well.

The veterans Stand Down has always been a place where we feel much needed and we have so many people approach us for information.

A first for us this year was attending the Hands across the bridge event in the park and is hosted from a group called Above All Influences . We were welcomed by many and approached by many for information. We were grateful for being asked to attend and we will back for this event in Sept.

Dist. Events

We had a great time celebrating Al-Anon's 65th birthday. We decorated for a birthday party with balloons and all the things a birthday party has. A great potluck dinner was served followed by birthday cake. Two speakers one from AA and the other Al-anon. We ended in a beautiful candle lighting ceremony.

A writing workshop was held and was a great experience. We followed the written protocol for holding our own workshop and it worked out great. We submitted 6 stories to the Forum.

Hoping to hold another one this year.

The annual Variety show was held on Jan 28th of this new year. We had a great time the Al-anon Fashion show was so fun and very funny. I found this Fashion show on WSO website and well worth it. We raised \$462.25 and we are giving two checks at the March Assembly. One to the State Speakers meeting and the other to OAK.

District 11

I stepped into the District Representative service position for District 11 last September.

There are 12 active meetings in District 11 as well as 1 meeting which I haven't been able to confirm the status of. There is one Spanish speaking meeting, one men's focus meeting, and one young person's focus meeting. We are thrilled to have options for members to find the specific support they are craving and are also working to ensure that all of these groups remain open to every person who identifies as an Al-Anon member.

There are currently 9 Group Representatives in the district and several groups also have active Alternate Group Representatives who attend district meetings and assemblies to help keep their groups connected when the GR is not available.

In 2016, District 11 hosted the October AWSC and coordinated hospitality service at the November Assembly. The abundance of support and volunteers for service from District 11 members during both of those events has given me hope that our district may one day soon be able to host a larger Oregon Area event.

This year, our annual chili cook-off fundraiser will be held in autumn instead of spring; expect flyers at the July assembly.

In 2016 we distributed Al-Anon faces alcoholism magazines to local libraries. We surveyed members about the Prayer for Today, using information from the 2016 World Service Conference Summary. Many members commented that they appreciated being asked to share their thoughts. We also surveyed members to see what project they would most like to happen at the district level in 2017. We then used the survey results to brainstorm some specific projects. We are working to start a 12 legacies meeting and to host a 'meet the district' event before a district meeting. A couple of representatives are also exploring Alateen and have a school in mind to develop a relationship with.

We have restructured our district meeting format slightly to allow time for everyone to share their present concerns at the beginning of the meeting and a reflection of their experience at the end of the meeting. We are also using a system of sharing in rounds some of the time to make space for everyone to speak and be heard.

At the beginning of our second year, we are feeling more comfortable with our roles as representatives and more comfortable with each other. We are looking to involve more of our members in service and keep the groups which do not have GR's connected. I believe the future of District 11 is very bright and hold a deep gratitude for those who laid the foundation for us.

District 10 Report

District 10 has 21 active Al-Anon groups. At our district meetings we have about 75% of those attend monthly. At this assembly we have 60% of the group representatives in attendance. One of our new group representatives is at her first assembly but since she was only voted in 3 weeks ago she has not even attended a district meeting yet. As district representative I am fulfilling the obligation of visiting each group in my district. Our district decided I should attend on Business meeting meetings. I have currently visited 17 groups. What a great way to visit groups. I find that they each have their own feel, but those that have the business meeting during their sharing time have the greatest attendance and most active participants.

District 10 Hosted the July assembly. We decided not to ask our groups for food donations for the breakfast potluck instead donate some money for food. This was a huge convenience for everyone and made it super easy to plan. With the money collected the district was able to cover the food, supplies, and the table decorations with about \$50.00 left over.

District 10 participated in the grant proposal for 2016. See separate report on grant proposal recap.

District 10 added another great fundraiser in the books! District 10 moved their annual fundraiser back to February after last year's turnout was lower than expected in April being the first beautiful day of spring. Well we know how to plan them because this year our February fundraiser landed on the first (and one of the only) beautiful days of the year thus far. That being said many came out to enjoy the fun, fellowship, potluck, Bingo and AMAZING speakers. Thank you so much for making this a great event. The theme "Blossoming into Recovery" fit both the day and the speakers so well. A big thanks to all the groups who donated gift cards to disperse as Bingo prizes. Due to time there were 6 gift cards remaining. Similar to last District 10 was able to donate the remaining 6 gift cards to the OAC committee. After expenses this year's fundraiser raised just under \$600.

Our district budget is not complete but one thing we have added was a line for a scholarship money for some district 10 Alateens to attend the Oregon Al-Anon conference (OAC). We additionally made a line item for a Group representative scholarship fund. This is money set aside in case a group has a GR willing to attend the assembly and has set aside funds to assist with that but just won't be able to cover all of it. Kind of a fall back amount.

District 10 hosted the February Area world service conference (AWSC) in Tualatin. An Al-Anon group (New Me) in our district took the lead of purchasing the food, set-up, clean-up and

maintenance throughout the day. It was a great way for the group to be a part of Al-Anon service but also a time for them to enjoy each other's company outside the meeting.

District 10 has initiated a bus campaign and will be working with districts, 9,11,12, and 17 to make it a reality. The plan is to run a bus campaign near the end of summer that will cover the entire Portland Metro Area. Our wonderful squiggly road sign ("When you don't know where to turn... because someone drinks too much...") will be posted on the back of around 37 busses. This will be the in your face 22" x 42" sign that is located in the center of the back of busses. Each bus is estimated to leave 23,000 impressions. They will travel for 4 weeks (potential of 8 weeks depending on money raised) around our area reaching from Forest Grove to Gresham and from North Portland to Wilsonville. The 50% discounted cost is estimated at \$6000-\$7000. Funds will be collected through June 1st to fund the bus campaign for a run time of August. We just found out the Portland Metro Area AIS agreed to participate in the event donating \$650. In addition because they are participating the AIS office will now accept earmarked money for the bus campaign. This means you can make a donation and it can be tax deductible. For groups it is suggested you send the money to your district treasures with bus campaign on the check. If you have any questions please contact the district 10 public outreach coordinator Heide at PO-PDX@oregonal-anon.org. To help collect money flyers have been made and district 10 group representative are attaching the flyers to manila envelopes and passing it around their groups. Thank you to those at the assembly that donated the \$1000 to this exciting public outreach project. We will be getting our new comers packets ready.

Thank you for letting me be of service.
Deanna M.
District 10 DR.

District 9 Report

March 16, 2017

To date we have 14 meetings that are active in District 9. Bill W, District 9's treasurer, and I have made a concerted effort to go to all of the meetings every 3 to 4 months. And we have done pretty well at accomplishing this although this last time through we met up with some bumps. Out of the first three meetings that we visited two were not where we thought they were. Turned out one had moved to a new location and one had decided that week to move from Tuesday night to Sunday afternoon. Neither has a GR and didn't think of contacting the district. Kate, our Area's Group Records Coordinator, and Regis, our Website coordinator, did a great job fixing the schedules on both the WSO and the Area site. My lesson was that I need to do a better job of educating the groups. However, we may be getting a new GR from one of the groups, which is a great result. Out of 14 groups we have 8 GR's and two more are thinking about becoming GRs so the district is coming together. We have a new AMIAS and two more are in process.

District 9 will be putting on the October AWSC on October 14, 2017. It will be at the same location as the February AWSC, the Tualatin United Methodist church.

District 9 is participating with District 10, 11 and 17 in the Public Outreach Tri-Met bus ad campaign. We have had a good response from all of the groups and anticipate being

able to raise a significant amount. One Al-Anon member approached me after a meeting and said that his family had a nonprofit corporation that would be willing to donate \$2500 if we raised \$5000. Unfortunately, according to our traditions we cannot take money from outside organizations but it shows that there is a lot of support for this project.

Respectfully submitted,

Mary W.
DR, District 9

District 7

Hello I am Tama S from district 7; Josephine and Jackson County (Southern Oregon). I took over the Dr position in July of 2016, after being our alternate for 6 months. In lieu of our previous Dr stepped down. It has sure been baptism by fire. But I wouldn't have it any way with all the things I am learning and ways I have no choice but to growing. We don't give advise so I'll just say it can be done but I wouldn't recommend it.

It has been noticed that since our Grants Pass Sunday meeting added the word newcomers to its name there have been a significant number of newcomers showing up.

Our chili feed was a hot event even after 24 some years. We had SOLD (southern Oregon literature depo) there, a wonderful AA and Al-Anon speakers. Over \$400 in proceeds was donated to the area.

At our "Harvesting your recovery " fundraiser of which we sent the proceeds of over \$800 to the WSO. We had a well-loved jewelry sale, a lot of door prizes, SOLD (our Southern Oregon literature Depot), a quintet playing during our meal and to wrap things up in true Al-Anon style we had alateens, an AA an Al-Anon member who is also a member of AA as well as an Al-Anon speaker. We got a lot of experience strength and hope that night. The evening was definitely rocking.

We also had an "Day In Al-Anon" that was comprised of several workshops and was well attended.

We are focusing in our district on updating the job descriptions in hope of educating the Gr's what they say as well making them apart of changing a living document. And also with hopes they might get filled.

In our district since about November we have been having school counselors, principles and even juvenile detention centers contacting us to set up alateen meetings in there facilities. However it looks like we will have to get around the insurance problem first. I am proud to announce dist 7 also has a new alateen sponsor added to our family. Thank you for letting me serve.

District 6 Report

March 2017 Assembly

Dawn B., District Representative

District 6, located in Lane County, concentrated in Eugene/Springfield, has 29 active meetings – including an Alateen meeting, men’s meeting, a Spanish speaking meeting and a monthly speaker meeting. We recently added “Ann and Lois’ Amazing Adventure” to our meeting list. District membership includes 18 active GR’s, Secretary, Treasurer, District Rep. (DR), Alt. DR., and Breakfast Coordinator. Positions yet to be filled are Alateen Coordinator and Archivist. Public outreach positions are filled through Al-Anon Information Services (AIS). District 6 has a high rate of GR participation and is well functioning.

District 6 has its own literature depot operated through AIS. Volunteers staff the office 11:30am – 1:30pm, Monday – Friday. District 6 meets monthly on the second Sunday from 3pm -4:30pm and AIS meets monthly on the first Tuesday from 7pm-8:30pm. Cooperation, communication, and support between District and AIS is outstanding...

Together we:

- Created a new website with a password protected district business section
- Maintain a 24/7 answering service (404 calls in 2016)
- Maintain meeting lists
- Put signs on local buses
- Postered the Town with meeting lists
- Held a Writing workshop and are planning another one.
- Sponsored and planned a Holiday Auction (33 oral auction items, 56 silent auction items netted \$3,667.51)
- Are planning a Family Recovery Picnic on August 19, 2017
- Are planning a quarterly Service Manual Study Group
- Mailed thank you letters to groups listing 2016 donations to District, AIS, and Oregon Area
- Participated in public outreach activities (health fairs, Veteran’s Stand Down, a recovery conference)
- Raised funds for Al-Anon Information Services – “Using the tools of Al-Anon in Relationships”, 4-person panel, potluck, raffle.
- Celebrated Al-Anon’s 65th birthday with cake and song

This is the 4th out of 9 assemblies of Panel 56, we are 42% of the way through this service experience...and District 6 **will finish strong**. District 6 cares deeply about the suffering families and friends of problem drinkers...we will continue in unity, develop trusted servants and stay focused on our primary purpose.

Above all, we are grateful.

DISTRICT 5 REPRESENTATIVE REPORT - 2017

District 5 includes Central Oregon from LaPine through Bend, Redmond, Madras, Prineville and from Sisters to Burns. There are 18 meetings but if 6 or 7 GR's and coordinators attend district meetings there is good attendance. We have had our challenges but I think things are looking up. One of the challenges has been attracting people to key service positions. One key position still unfilled is our secretary position. If anyone is dying for a growth inspiring position, we invite you to attend our district mtg on the first Sat of the month at 9:30 and stand for the position. Other positions such as DR and alt DR were late in being filled so we are still a little behind the curve but are catching up. Meredith and I volunteered at the same time for DR and felt we could co-chair the district but found that wasn't really feasible so decided on the traditional DR and alt positions but have given all Alateen duties to the alt DR which has worked well. Speaking of Alateen. . .

Two areas we in which we have had success are in Alateen and our website. We have a very active Alateen coordinator who is encouraging AMIAS and has recently certified a new one to our district. I believe she was an AMIAS in another state. We have an Alateen meeting which was previously listed as a young person's meeting but had the first meeting a couple weeks ago. There is currently an Alateen meeting at one of the high schools which is open to students at that school so it is not listed on our schedule. They have had a handful of students returning from last year. We had an Alateen travel from the Valley with a fellow Alateen and AMIAS to speak at our spaghetti feed fundraiser.

Check out our website at centraloregonal-anon.com. Our webmaster has a members' tab which is streaming quotes from members, background photos from members, an activities link through google docs, and a link to sign up for volunteer events such as our annual spaghetti feed fundraiser. Currently he is developing a google docs site which provides the ability for coordinators to upload minutes, archive items, etc. This is a work in progress so I am not sure how it will all turn out but we are excited about the possibilities.

In 2014 we wrote job descriptions for our district service positions and are presently in the process of revising them to be sure the new panel is able to completely understand and perform their job from the information in the descriptions.

The public outreach focus this year is with professional communities and, Meredith has established an ongoing relationship with Serenity Lane by asking volunteers to speak as individuals or a panel at their family sessions. They have been very receptive to our speakers, and we are currently trying to establish the same activities with Best Care.

We have had our challenges and our successes, but I feel personally that I have grown A LOT in leadership ability through this experience and hope District 5 will, by some strange quirk of the Al-Anon program, benefit from my presence!

Golda, District 5 Representative

District 4 Report

District 4 is located just north of Eugene and south of Portland Metro. Both are just a short drive away. It covers Marion and Polk Counties. We even count the State's capital as one of our many communities. We have 20 meetings including Alateen, Newcomer's and three Spanish speaking.

We are excited about an annual event we do with our local AA. It is coming up next month on April 28 to 30th. Soberfest! This year, our Al-Anon speaker will be Nancy B. from Denton, TX. Please join us for this fun time in recovery!

We are also busy planning Oregon Area's November, 2017 assembly. This is the one we try to do in conjunction with AA's Assembly. I am sorry to report that, once again, we won't be able to meet at the same location. But, I can report that we were successful in what we hope is the next best location. We have found a location across the street and a short walk to the other side of the freeway. It is a nice location with easy freeway access for all of our travelers. We are still working with AA and hope to do as much as we can with them. Even our own Judy J. has graciously agreed to be the luncheon speaker at AA's location.

District 3 report

March 18, 2017

Over the past year, District 3 held a camp-out at Catherine Creek State Park, where our fall fundraiser was planned and information from Area Assembly was shared.

At the fall fundraiser we held a writing workshop in which approximately 22 members participated and we submitted 7 sharings to WSO to be considered for inclusion in the new daily reader.

In February, the Cove group-sponsored annual Wallowa Lake Adventure was held. Because of the extreme snow levels in the District, there were only 4 attendees this year; but those who braved the weather had a good time. This is usually one of the largest gatherings in the District, and we anticipate the usual number of members in attendance next year-provided we don't have 4 feet of snow again!

Over the past year our District has lost two meetings; the Elgin bi-monthly meeting closed in December and the LaGrande night meeting closed earlier in the year. Both stopped due to lack of attendance. LaGrande still has one meeting per week, at noon on Wednesday.

Our average meeting attendance has gone from approximately 6 members to 3-4 attendees for most meetings, although we do have a few meetings with several more members in attendance. (Hermiston has both English and Spanish-speaking meetings, which seems to enhance the attendance).

Respectfully submitted

Jan D / District 3 member

District 1 Report – March 2017

Julie S., Acting DR

- September 2016, we were involved in the annual “She Thang – Women in Recovery” in Seaside. We had a basket raffle, literature table, a couple of Al-Anon meetings and Al-Anon speakers. This in addition to AA speakers and workshops. It's always a fun weekend.

- In October, we hosted Cindy at our District meeting/potluck, for her Delegate report. The district looks forward to her report this fall.
- The district participated in two Homeless Connect Projects in January 2017. Both events were fairly well attended, the “guides” that brought the attendees around to the services table were not familiar with Al-Anon and therefore didn’t offer the attendees a reason to visit the booth. This seems to be an ongoing challenge and feedback was provided to event organizers.
 - The first, in Tillamook had more service agencies than previously. We were able to have pamphlets and meeting schedules on the Alano Club table, as well as the Women’s Resource Center.
 - Our table at the Project in Seaside, enlisted several Al-Anon members, who had not been regular attendees and one who made this her first service event. It was good to have all these members to share time and talk with.
- We’ve been working on our District quilt project since January. The quilt, which we raffle off at the North Coast Roundup in April, is our largest District fundraiser. We’ll have 2 Al-Anon speakers, 7 Al-Anon meetings, a literature table and lots of fun. This is a large event with 2000 attendees every year. The major thing about this time, is that Al-Anon member, Chris K., who has been our liaison for many years, was asked to be the event chairperson. The AA committee members voted to have part of their charter rule set aside for this year. We’ve always worked well with AA in our district but this was unprecedented. The theme is “Together we are one.” Way to go Chris!
- Unfortunately, two long-time groups closed this past year, but two others opened and seem to be doing well. Our Alateen group in Tillamook is listed inactive but not closed at this time.
- Al-Anon Outreach:
 - We’re planning 3 workshops during the upcoming year.
 - We actively visit and restock brochure racks at the three recovery centers and Alano Clubs in the district. All good signs of Al-Anon at work!
- At the group and district level we are extremely busy, however it is difficult to find participants that would like to volunteer their time and talents above the district level. We are continuing to talk to people so that the district has more involvement.
- District is comprised of Tillamook, Seaside Nehalem, Astoria, Svensen and Clatskanie. Recently meeting in Clatskanie has lost its meeting location and is searching for a new location.
- Alateen meeting in Tillamook is currently inactive.

Action Committee Reports

Business Service Action Committee Minutes

3/18/17

Attendees: Megan H., Jamie D., Loretta P., Dawn K., Nancy N., Genie P., Susan B., Golda C., Dawn B., Barb B., and Deanna M.

Agenda:

- * Editing Section 6 of the Oregon Area Handbook (OAH).
- * Planning a Skit on Al-Anon Business

Discussion:

- * Section 6 of OAH: After Novembers attempt to edit the Section 6 of the OAH as a group it was decided to section it off at AWSC in February and have members update a few pages. This was done and handed into Dawn K. Originally the plan was to then take it to the entire assembly to approve the update, but due to the mass amount of changes that took place a smaller committee of Dawn K., Sue (Alt Delegate), and Bunny (Chairman) will review first. At this point there is no more work on this matter for business services until that smaller committee meets.
- * Planning a skit: Planned a skit to present at the July Assembly to the GR's about service & meetings. First listed bad and good behaviors that have taken place in meetings. Then came up with a skit with nearly all attendees requesting to be part of the skit. Skit will have bad behavior and then have a corrective action and the literature that assist with why this is a better interaction in the meeting. Dawn K. took the plan home and will type it up and send to all members of the action committee. Dawn B. and Golda will bring props.

To the best of my recollection,

Deanna M

Acting secretary for March 2017 Assembly

Public Outreach Committee Notes—March Assembly

General comments/observations:

Scott: We have \$\$ and activities going on but members say they don't know what's going on. Perhaps GRs aren't managing to share the info from this committee with their districts?

Communication: email addresses have sometimes been wrong or gone to spam

Grants for public outreach activities:

Scott: State will give up to \$235 for public outreach grants; forms to be filled out and sent back to Scott for review by grant committee

Example: Districts are joining together for massive bus outreach project. Districts are applying for grant money but are also collecting \$\$ from individual groups.

Group outreach projects can get \$\$ from the area but form has to be funneled through the CPC (Scott) so that district is aware of the project

Grant proposal committee needs more volunteers to review grant requests: Carrie and Jodie from District 10 volunteered to join the current grant review committee (thank you!).

Deadline for grant proposal is May 1, 2017.

Challenging situation: Al anon members may volunteer for Public Outreach Committee but then bounce around and go to different committee at next assembly which reduces continuity and consistency for the District they represent. Continuity is important to maximize effectiveness of these committees.

Motivating People to Do Public Outreach:

\$\$ availability is a motivating factor

Host gatherings (with food/beverages) to put public outreach materials together

Importance of personally inviting people to participate in service—it's an opportunity to expand recovery and address/work through character defects like fear, etc.

Importance of being able to explain Al-Anon is 30 secs (aka elevator speech)

Guidelines are available for members doing public outreach, i.e. speaking, writing, etc. about Al-Anon

Pick your passion when doing service (i.e. different types of public outreach...letters to professionals, 'leave it behind' items, etc.)

Grants discussion, cont'd:

If grant is approved, please make presentation at an assembly about your public outreach activity and how it went and how much it cost, etc.

Question: Is \$235 maximum amount available to request per group?

In 2016 only 2 out of 18 districts applied but this year there appears to be more interest.

A 'p.s.' can be included on the grant application to try to get more than \$235 per grant/district

Any group can request \$\$ but must go through district and district will submit "best" grant app to Scott and rest of committee

It is required that District be willing to put in some \$\$ toward their request.

Carryover from July and November assembly discussion items:

PSA (tv and radio)—lists of stations that received PSAs—not very many

KATU and KOIN did play Al-Anon's PSA

WSO website has PSA available—15/30/45 seconds long—free from WSO; \$5 for physical dvd (available in Spanish, too)

Al-Anon now has Instagram account: @al-anon_WSO @al-ateen_WSO

Opportunity to connect with others (sayings, anonymous pictures, etc.)

Outreach to professionals 2017 discussion:

Letter examples are available online under "Best of Public Outreach"

Clearinghouse for professionals in various fields to send an outreach letter

WSO believes professional community responds better when materials are sent with a name and contact information included—same when Al-Anon Faces Alcoholism is sent to various places

General discussion and ideas re: Public Outreach

Print letters out from WSO and take to Districts and then disseminate to groups

Recorded by: Gabriella E.

