

**Approved 3/17/18**

Oregon Area Assembly  
Days Inn Black Bear Conference Center  
1600 Motor Ct NE, Salem, OR 97301  
Host District 4  
November 18 – 19, 2017

**Saturday**

**Call to Order** at 8:30 am

**Serenity Prayer:** Bunny G., Chair

**Twelve Traditions:** Linda R., District 4

**Housekeeping:** Dee P., DR District 4

**Roll Call:** Mary Lynn J., Secretary

**Excused:** Julie S., D1 DR; Jan D., Archives Coordinator; Scott R., CPC Coordinator; Kate R., Group Records Coordinator. **Absent:** Elaine E., D8 DR; Ruby W., D14 DR. **New:** Jaime J., Eugene AIS Liaison

**Approval of July 2017 Minutes:** By motion, second and approval.

**Treasurer's Report:** Dawn K., Treasurer. DRs receive email receipts for groups. The comment box is used to tell groups what information is missing from their checks. DRs are asked to help groups have correct information. Group contributions are above budgeted amount. Thank you for your generosity. The miscellaneous adjustment on Line 5: A check from 2016 got misplaced and had to be voided and reissued. The amount of check had to go into miscellaneous income. \$26 is from copies of handbooks that were sold at Assembly. The TEAM event advance should be received any time. An adjustment to Delegate Travel & Delegate Miscellaneous Lines #15 & #16 to bring them up to actual expenses. Insurance is over budget because of new insurance coverage. There was not enough in contingent and transition to cover the expense, so the amount was left as overage. We are expecting a refund on an over charge. Until then, it will show as \$1700 over budget. Groups are encouraged not to use personal checks because legally group funds belong to individual once they are in the individual's account. Dawn has simple information for groups to use in getting Fed ID# and bank accounts. All banks have different requirements. Instructions are also on website. Dawn is willing to help groups get through the process, so all groups can have checking accounts. Reimbursement of AMIAS background checks are outstanding.

Please put District #, WSO Group #, and Group Name on checks.

**Microphone and Voting Statement:** Bunny G., Chair

**Chairman's AWSC Report:** Bunny G., Chair.

- A Task Force presented Web Coordinator Job Description, which was approved. It will be attached to Web Coordinator's original Job Description Sec II, Part II of the OAH.

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- The Thought Force on AMIAS Recertification decided to create a Task Force to redo the information in the Oregon Area Handbook, Section VII on Recertification. Joanne C., Linda S., Loretta P., and Brenda G. are assigned to this Task Force.
- Tech Coordinator Position Description was approved. We will be seeking a volunteer for that position today.
- Thought Force was created to review all Alateen Guidelines in the OAH, especially safety requirements. The Guidelines have not been reviewed since 2005. Appointed to the Thought Force are Joanne C., AAPP; Nancy N., D2 DR; Elizabeth, Alateen Coordinator District 2; Lynda S. and Cathy C., both Portland AMIAS.
- Thought Force on number of assemblies: At the June 2017 AWSC a request for 1 assembly was presented. There was no consensus. Thought Force was formed, and using the KBDM questions, gave a report at the October AWSC Meeting. The recommendation of the Thought Force was to continue the way it currently exists. GRs need to have input on the issue, however. Joanne will read the Thought Force Results. Time will be allowed for GR participation. Only new information needs to be stated. We are asked to support decisions whether we agree with the decisions. Tradition Two in *Paths to Recovery* says there are 6 ways to answer a question: “yes,” “no,” “I don’t know,” “I don’t care,” “I don’t want to discuss it,” and “I don’t want you to discuss it.” There are feelings around these questions. We are a feeling fellowship. On August 17<sup>th</sup> Glen passed away.

**GR/DR/ Coordinator Breakouts** at 9:10 for 60 minutes.

**Insurance Report:** Brenda G., District 17 DR. We officially received our new insurance policy in July, 2017 which will cover all of Oregon’s Al-Anon and Alateen meetings and events until July, 2018, when it will be renewed. Certificates started being requested in September. The number of certificates issued as of today is 9 which have included 3 Alateen meetings, the March assembly and the State Speakers meeting.

There was a request from District 6 regarding insurance coverage for AIS and I had a conference call with our agent and the DR to discuss the feasibility of adding this coverage. However, like stolen or lost equipment, this coverage would be in addition to the present premium. AIS has employees and inventory, so therefore is a different type of coverage.

I am keeping a binder which has copies of certificates and the insurance policy with a log of the names and dates requested.

As a reminder all requests or questions should be sent to me and I will be the point person for all transactions. It will eliminate any confusion for the agent and save him time.

The Chairperson requested that I put together a procedure manual which will be simple and straightforward. In essence, all that a group or district needs to do is send me an email with the following information:

Name of location and address

Contact person with email.

You will receive the certificate within a couple of days.

**Communicator Moment:** Donelda H., Communicator Editor. Elections are coming up in November. She is asking all officers and coordinators to write an article about their current position for *The Communicator*. Articles must be in by February 1.

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**Book Report:** Polly M., Safe Haven AFG, District 10. *How Al-Anon Works for Families and Friends of Alcoholics*. This book was first published in 1995 and was reprinted in 2008. It is available in English, French, Portuguese and Spanish.

It opens with the Preamble to the Twelve Steps and a preface that states: “This is the essential book on Al-Anon Family Groups. It answers every question we might think to ask including, ‘Can Al-Anon help me?’”

Prominently following the preface is “A Special Word to Anyone Confronted with Violence” that cautions: “Al-Anon’s gentle process unfolds gradually, over time. But those of us facing violent, potentially life-threatening situations may have to make immediate choices to ensure safety for ourselves and our children...”

and

“*It is not necessary to decide how to resolve the situation once and for all* – only how to get out of harm’s way until this process of awareness, acceptance, and action can free us to make choices for ourselves that we can live with...”

and

“..there are times when, in order to work through especially challenging circumstances, we may need more specialized support from mental, spiritual, physical, or legal advisors. Many of us have benefited from taking care of these needs in addition to coming to Al-Anon.”

The book is made up of two parts: Part One explains the basics of the program: who we are, why we come, how we can get help and what we learn. The tools are presented with in-depth explanations: the Steps, the Slogans, the Serenity Prayer; ideas like detachment, forgiveness, changed attitudes, gratitude, service and taking care of ourselves. The Traditions, Concepts and General Warranties of the Conference are all explored.

Part Two is made up of the sharings of forty-three widely diverse members. It begins with the story of one of our founders, Lois W. Some of the story titles are “Surviving Personal Tragedy”, “A Son’s Imprisonment Teaches a Mother About Herself”, “Lessons in Faith” and “Letting Go of a Loved One’s Alcohol, Drug, and Money Problems”. (Can read excerpts from several stories, if wanted.)

There is a helpful index at the end of the book to use as a reference guide.

Some meetings keep this book in stock and hand them out to newcomers as they walk in the door along with newcomer’s packets and meeting lists. It is a “one-stop shopping” resource for all Al-Anon members, no matter how long they have been in the program. It is loaded with valuable, well-presented information.

**Delegate’s Report:** Cindy E., Area Delegate. I am wearing TEAM t-shirt. A lot of change going on in WSO. Interim Executive Director, Mary Gregory, is strong in business practices. She started making changes in the office, along with the executive team, made of trustees. Did you know you could be a trustee? Any member of Al-Anon can be a trustee. Now we have a permanent Executive Director named Vale F., who Past Delegate from Arizona. She brings 20 years of business experience including managing teams throughout the world. She has lots of previous Al-Anon experience. How changes will affect growth and diversity of our fellowship. Contributions are currently down. Contributions increased last year, but are now down. We have depended on literature sales. Sales are down now as well. To meet the additional \$2.16 million deficit, we will need to receive \$600,000 before the end of the year. The new finance manager knows that we need things broken down. If 60% of groups would contribute \$60 and 5,000 members would contribute \$15, and 55 areas contribute \$500, we would have that. We have not

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had a full staff in a number of years. A digital strategist has been hired. There are openings for Trustee at Large, Regional Trustee, ECRPM, and Committees: Public Outreach, Literature, Forum, and Alateen, as well as Thought and Task Forces. These are all volunteer positions. There is reimbursement if travel is required. Thought and Task Force work is done from home. Contact WSO for Thought & Task Force availability. TEAM was huge success. We raised needed funds and will be able to return seed money to the Area. The attendance goal was 230. It was about 200. Members donated t-shirt profit. 50/50 Raffle made \$900, selling a roll of tickets. \$476.50 was the share taken home by the delegate from Arizona. \$765 was made from the silent auction created in 2 days. This was the 9<sup>th</sup> TEAM event this year. It was the most successful and had the highest attendance. There were 5 Hispanic attendees; 2 asked for translation equipment. They reported they felt welcomed, loved and included. Dawn K. was one of the treasurers of event. Trustees and a WSO employee shared their personal stories. Their stories brought WSO to me – they are just like me. It built a connection that I don't think I had. Seeing pictures of staff was another connection. Workshops were cool to see what WSO is coming up with. Interesting. Had a good time. On the Sunday before TEAM, we were \$1,000 short of meeting expenses. Sharing on TEAM: **Renee**, Gresham Daytimers. I liked sharing on Friday night. I attended two workshops, one being the Conflict Resolution workshop. An Alateen member there spoke about her life in Alateen. She answered questions. **Dawn B.**, who was also on planning committee, said being on the committee was a super blessing. I am not same person that I was before. She had 4 conference calls with Claire to get ready for workshop. My ideas were of equal value to hers. I did not feel less than. I had not seen the entire Conflict Resolution Kit. I suggest you get the booklet. Have healthy conflicts, embrace one another. Cindy reminded us the International Convention is coming. An anniversary edition of *One Day at a Time* Book will be available at the convention. There will be a Day of Connecting the day before. There will be awesome workshops about current topics. She sent the October Chairman of the Board letter to all AWSC members to pass on. April will be my 3<sup>rd</sup> and last Conference. It will be held in New York so delegates can visit Stepping Stones. Elections are coming up next year. Think about where you want to serve.

**Budget Presentation**, Barb B., Audit Budget Chair. The proposed budget as approved by AWSC at the October AWSC Meeting was displayed. Line 81, Budgeted Income is \$34,246.00; Line 82, Budgeted Expenses is \$48,904.00; Line 83, Expected Shortfall is \$14,658. Question: How do we make up the difference? Answer: Getting more support from groups, getting more GRs to attend Assembly thereby increasing registrations. Shouldn't budgets balance out? We present a guideline for financial path based on previous year. We do not present balanced budget, but one based on past expenses. If we elect a Technology Coordinator, Line 33, Assembly/AWSC Allowance(Meal/Lodging) Coordinators, would need to be raised to \$4,500.

**Lunch Break:** 12:15 – 1:30

**Serenity Prayer**

**OAC Report**, Linda S., Alateen Coordinator. Alateens: Myzanne, OAC Chair; Devon; Connor; Luke, Alateen Sponsor. Members are encouraged to invite Alateens to speak at meetings and to take older Alateens to Al-Anon meetings. Al-Anon is truly a family program. The Alateens passed out envelopes for Alateen contributions for OAC. Cost of attending OAC is \$90.

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Scholarship of \$45 are provided, half of the full cost. OAC is held the first weekend of August at the Molalla Retreat Center.

### **Action Committee Breakouts:**

**Meeting Resumes:** 3:30

**District 4** was thanked for hosting Assembly and the abundance of food provided.

**November 2018 Assembly Bid.** Bunny G., Chair, contacted the AA Chairman and found out that AA is hosting the November 2018 Assembly in Grants Pass. District 7 made the decision not to host because they are hosting in March. District 2 is hosting Assembly in July at the beach. District 13 volunteered to host the November Assembly.

**Election – Technology Coordinator:** Chair called for all interested in standing to the position of Technology Coordinator to do so. Susanne P. stood for the position. She was voted as the first Technology Coordinator by unanimous vote.

**Book Report:** Amy D., District 11 DR. *Many Voices, One Journey*. A part of my recovery has been learning to ask for other people's experience strength and hope. I use to feel like I had to do it all alone. I was the source of all answers and solutions in my life. I couldn't trust anyone else because even if they were a capable person they wouldn't understand my situation. As a result, I became isolated and limited only to the choices I could see—which were few and often black or white. As a result of working the steps in Al-Anon and participating in service, I am more likely to remember to look outside of myself for information and possibilities.

Groups are also not unique in their experiences. Whatever our problems, there are those among us who have had them too. This book, *Many Voices One Journey*, provides insight into subjects discussed by members and groups from the beginning of the Al-Anon family groups and through the 2010 World Service Conference. These topics include:

Making changes to the steps

Using the Lord's Prayer in meetings

Keeping the Al-Anon focus while encouraging members living with alcoholism in various forms

Supporting members from other fellowships including AA and Adult Children of Alcoholics (ACA)

The beginnings of Alateen as well as the development of Alateen throughout the years

Using electronic communication

Al-Anon members who are also members of AA in service

Supporting Spanish speaking meetings

Supporting diversity in membership especially welcoming black members

The use of outside literature and films.

As a member in service and especially as a District Representative this book has been an important resource as I see the same issues come up time-and-again. When we are talking with our groups or districts about changes we would like to see-- and especially with hot topics or polarizing issues--we can remember that others have had these conversations before us. Whether it is the same topic or a topic that has changed form we can look to the experience, strength and hope of the past to inform our present group conscience.

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This book is one of three pieces of Conference Approved Literature that are available at a discounted price of \$5.99 through 12/31/17.

**Group Forum Subscription Raffle & Bingo Drawing:** Judy J., Literature Coordinator and Pam M., Forum Coordinator. A Bingo card was drawn from those turned in as completed by scoring a Bingo by chairing meetings using literature indicated. The winner received a basket of literature. All other completed cards received a piece of literature. Group Forum subscription winners were:

District 4	Men's Meeting	60968
District 4	Courage to Change	503138
District 4	Saturday Morning Serenity	30567153
District 5	Serenity Seekers	30529697
District 6	Steps to Change	66587
District 6	Gifted with Life	30507034
District 7	New Hope AFG	11899
District 10	Safe Haven AFG	53207
District 12	Progress AFG	11899
District 17	Families in Serenity AFG	30659192

**Thought Force on Petition for One Assembly:** Joanne C., Thought Force Chair. Our Thought Force is made up of Cindy, Donelda and I. We used the 5 KBDM questions to discuss this topic. Our mission statement is "The purpose of this thought force is to gather information as to the feasibility of having sufficient time to complete the work of Al-Anon statewide in 1 assembly per year. We will discuss the pros and cons of having 1 assembly per year. For the good of Al-Anon we will use the three legacies as our guiding principles". Joanne read the full report by the Thought Force and said there would be time for GRs to have some input into the discussion. Complete report is attached.

**Bunny G., Chair:** Can we have more workshops that would inspire and educate? We have been looking at July as having a test Assembly with workshops. Action Committees were asked to supply a list of workshops they would like to see. We are always looking at how we can make assemblies more educational and more fun.

Time was allowed for GRs to express opinions regarding the petition for one Assembly per year, if there was anything new to add to the discussion. There was no desire to change the present structure of three Assembly Meetings per year.

The desire exists to see more things added that increase camaraderie and fellowship and education. This discussion shows how everyone's voice is heard in Al-Anon. We talked about the petition and wanted to give GRs the opportunity to hear your voice.

There was a consensus to adjourn 15 minutes early.

**Adjourn** at 4:50 pm.

**Sunday**

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**Call to order.** 8:30

**Serenity Prayer,** Bunny G., Chair

**Housekeeping,** Dee P., DR District 4

**Concepts and Warranties,** Pam M., District 4

**Audit Budget Report,** Barb B., We met during the July assembly to review 2nd quarter books, met in September to put together the 2018 budget based on the requests from AWSC members, and met during the October AWSC to audit the 3rd quarter books. Also as a group, we put together a budget category description spreadsheet which we sent in to the Communicator to help all when going over the budget at AWSC and Assembly.

### **2018 Budget Vote**

Judy J.: Doesn't understand why we are thinking of approving a \$14,000 deficit.

Regis P.: Why is coordinator budget the same as officers when there are double the amount.

Answer: There is a formula that is used, and it takes into consideration that it is unusual for any officers to miss AWSC or Assembly, but generally there are two or three coordinators who are absent.

Sue B.: I also think \$4,000 is budgeting too high.

Cindy E.: Many of the smaller line items don't get spent. I believe that what we need, in faith, will be prudently used and spent. Cindy read Tradition Seven from the Conflict Resolution Cards.

Marcus: Do we have a way of measuring success of public outreach?

Deanna M.: Discussed the Portland area bus campaign and explained how the membership benefited from their participation in the campaign by bringing members together in a project. If we get the information out, when people walk through the doors it is because they have seen the message.

There were questions about how Public Outreach planned to spend the \$8,000 that was requested to be budgeted for that committee. Katie W., Public Information Coordinator: We are initiating the Transportation focused campaign, not necessarily promoting it. The GRs and members will be the ones doing the work. We are talking about 11 different districts. Some districts have multiple transit authorities. We are asking districts to help with funding. (See Bus Campaign Cost Analysis in Report Section.) Changes recommended and agreed upon: Line Item #31 is changed to \$3,000 and Line Item #33 to \$3500. Line Item #83 Shortfall is reduced to \$12,658. There was a question regarding the shortfall amount in previous years. The response was that it was in the \$3,000 to \$4,000 range.

**Motion #1:** Accept the budget as presented, by David H., second by Dianne L. Vote count: **37 Yes; 10 No; 2 Abstain. Motion Passed.** One-time motion.

**2018 SSM:** Deanna M., SSM Chair. "State Speakers Meeting Registration is Open"

The State Speakers Meeting (SSM) is a state-wide speakers' meeting in which all members and their family are invited. There will be an out-of-town Al-Anon speaker and a local AA speaker. This is a fundraiser for the state but a fun time for all.

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When: April 20-22, 2018

Where: McMinnville @ Patton Middle School

Who: All Al-Anon & Alateen members & families

What:

Out of State Al-Anon Speaker, Tarcilia F. (Past Delegate) from Tennessee

AA Speaker Madeleine P. (Past AA Delegate and Trustee) from Happy Valley, Oregon

Panels of speakers, Skits, Workshops, Laughter, Fellowship, Fun, ...

Support:

To help support the SSM please continue to pass around the "Give it Up" cups at your meeting and collect donations. Please mail donations to:

2018 State Speakers Meeting P.O. Box 921 Tualatin, OR 97062

Please note on the checks that the money is from the cup campaign

Registration:

We ask that everyone pre-register if possible, this will allow our committee to have an approximant count of how many participants will attend, there is no cost, there is a \$10 suggested donation. Please fill out a separate form for each attendee.

Questions: If you have any questions please contact the committee at [SSM@oregonal-anon.org](mailto:SSM@oregonal-anon.org) or 2018 State Speakers Meeting P.O. Box 921 Tualatin, OR 97062

**NWRD Meeting Drawing:** Eligible Past Delegates' names were placed in a drawing for the Northwest Regional Delegates' Meeting. Those were Bunny G., Panel 38, and Judy J., Panel 41. Bunny G.'s name was drawn, and she will attend the NWRDM and report back to the Assembly.

### **Action Committee Report Backs:**

**Membership Outreach:** Regis P., Chair; Susanne P., Recorder. Districts Represented: 4, 6, 7, 9, 10, 11, 12, 16, 17. Actions Taken: Decisions and assignments for leaders: Donelda: Oversee a photo contest for the website and Communicator. Sue: Create a flyer for pins to take to the International Convention. Brenda: Will oversee the pin project. Actions Planned: Discussion around Action Committees vs. Workshops and Thought/Task Forces. Oregon pins: Set up pin purchasing and disbursing to pre-ordered persons going to International. Photo Contest: Donelda, Kathy K. and Luther J. to help. Website redesign: Regis lead, current members are Susanne P., Mary Lynn J., and Sue B. Melissa C. was added to the subcommittee.

**Public Outreach:** Katie W., Chair; Carrie, Recorder. 17 members present, representing Districts 2, 10, 4, 6, 5, 10, 17, 11, 9, 13 and 7. Action taken since last Assembly: 1. Came up with ideas for July Assembly: a) Sponsorship; b) Having fun in recovery; c) Conflict resolution; d) Spirituality; e) motivating people for service; f) What Al-Anon members who are also members of AA can and cannot do. Ideas for July Assembly. 2. Motion made to have all districts to have interior & exterior advertising, either/or both. Motion seconded. 3. Motion made to set funds aside for the 2018 year for transportation per district on a maximum amount. Seconded.

Action planned for next assembly: Chairman asking for a subcommittee to explore information on each district, whether they can have interior or exterior, or where we can advertise some other mass transportation. Formed a committee to develop a questionnaire for the districts. The DR would give to GRs to answer, then how to break up the money. If not used for public transportation, they need to give the money back.



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**Fellowship Communication**, Judy J., Chair; Polly M., Recorder. 18 members present. Action taken since last Assembly: Bingo cards were collected and the drawing was done for a winner. A basket of literature was the award. Pieces of literature were also given to other groups for their participation. Pam M. announced she is available to make presentations and leading writing workshops as our new Forum Coordinator. There was also a Forum give away for 10 subscriptions. The Happy Hour group won the grand prize. Action planned for next Assembly: Three book reports will be presented in March 2018. Volunteers are Kory, Linda and Ted. Instituting another project to encourage use of literature – bookmarks will be printed out with suggested book, pamphlet or Forum issue. Each group may enter a drawing with name of literature piece circled on bookmarks – as many as they want at all three assemblies. \$30 of literature will be awarded to the winner at each assembly. Service manual and literature catalogs will be provided for new GRs. Pam M., Forum Coordinator, may present a writing workshop at the March Assembly. Other important information: Writings are still needed for members telling about their favorite Forum articles for a 5<sup>th</sup> Edition of Forum Favorites. These can be sent to Pam M., Forum Coordinator. More writings for “Al-Anon Faces Alcoholism” and on the three Legacies and the intimacy book. A basket of literature will be given to the State Speakers’ Meeting.

**Group Services:** Dee P., Chair; , Carolyn W., Recorder.

Districts Represented: 4, 5, 6, 7, 9, 10, 11, 12, 13, 16, 17

Minutes of previous meeting read and accepted.

Action Planned for Next Assembly:

AAPP (Joann) and Area Alateen Coordinator (Linda): OAC needs financial support. Linda has Newcomer packets that will be passed out at meetings.

There are two new Alateen meetings. The AMIAS training will be at 7pm this evening (Saturday, November 18). Note: The AMIAS training was very successful!

Action Committee Chair: Dee reminded us that we need a new Chair for 2018. She volunteered for one year.

Google Hangouts (GH): We had talked at previous meeting about GH. Kate and Joann will continue looking into the use of GH and report to us in February/March 2018.

Links of Service (LOS) “handouts”: Caralynn put together the LOS document which was given to GRs at the July Assembly 2017. She will contact WSO to determine whether we can make a pamphlet for Oregon Area with this information.

We also need to consider a LOS bookmark.

Recorder for March 2018 Assembly: Caralynn will be recorder.

Remaining Group Services Action Committee funds: We decided to use the remaining funds to buy additional Alateen Newcomer Packets.

Workshops: We discussed creating one or more workshops: AMIAS process (how to become an AMIAS and what DRs need to know about their part of this process), group history process, meaning of our triangle (Recovery, Unity, Service), should potential new GRs be encouraged to attend an Assembly prior to becoming a GR? If you have more ideas, please email them to Dee P, our current Chair.

Group History: We talked about having a contest regarding submission of group history. We would need to get records of groups that have already provided their history to the Area Archives Coordinator. Deborah suggested we include watching the video WSO has by Lois, our founder. If a group has a history document, it should be in their group’s binder as well as Oregon Area

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Archives.

Group History form can be found at: [www.oregonal-anon.org](http://www.oregonal-anon.org), 4<sup>th</sup> tab over click on OA Handbook, then towards the right side of screen, click on Group History, which is under Important Documents.

Group Concerns:

The difficulty with getting the accurate Current Mailing Address (CMA) to the Area and WSO;  
Not hearing experience, strength, and hope (esh) at their meetings;

Consider having a member tell their esh at all meetings where newcomer(s) are present and consider doing it at every meeting;

Smaller meetings seem to have less recovery;

The solution to most of these is that the groups have autonomy.

**Business Services**, Barb B., Dawn K., Chair; Nancy N., Recorder. 10 members present, representing Districts 2, 4, 5, 6, 10, and 13. Action taken since last Assembly: Deanna summarized group business meeting section of Service Manual, previously emailed. Shared thoughts on purpose and format that a document of effective business meetings should take. Members shared their experience in their own groups and what works best with their members. Discussed who would be the audience for such a document – GRs? Group Members? Focus was on helping members understand the reasons why having regular business meetings is a good idea for the group and the opportunities it offers members, both personally and for their groups. Goal: create a document that can be used at the GR orientation in the next panel. Action planned for next Assembly: Request that GRs write a paragraph for the next issue of the Communicator on business meetings: their group process for business meetings and how it has affected the group as a whole. Business Services Action group will use those responses as a guide to plan the format and content of the document on effective business meetings. Other important information: The Business Services Action Committee would like input from members on their experience with business meetings and how it has helped them in their own recovery.

**Round Table Discussions on Effectiveness of Action Committees.** The group was divided to discuss in small groups whether Action Committees are still effective. Reporters from each table offered the following:

1. Action Committees are very effective - much work is done. Participation is same two people, no one else. Prefer education and workshops. Efforts to involve others? Emails are sent repeatedly with no response. Fellowship Committee having pretty good participation – dominant leader. Likes idea of education, but not total change. I've not gotten too involved in Action Committees, prefer education. On small Action Committee – first one – felt good, good discussion, but not discussion from group on what we're going to do. Favor more education, ie. Education as the education for GRs on budge. Depends on effective leadership – takes skills and energy, some more effective than others. Suggest people with that interest become the committee. Likes education too. Work on not depends on committees, example, running out of “projects.” Task Forces can do things that need to be done. Continuity/attention lag with meeting just three times a year. Same leadership. Like to see a mix – rearrange. Need to educate GRs and DRs to get stronger districts. Learn what we need to know at Assembly. Need support from Area. Will be limited people to lead the education classes. Limited time, etc. to get involved. Benefit by not having Action Committees. Frustrated GRs. Why are we assigned to

Action Committees if not your thing? Choices – others could go to education class. Like to work together here and face to face. Uncomfortable with conference calls and emailing. Educate. Improve GR experience Provide choices instead of assignments.

2. Pros – structure, focus, prevents isolation, 90 minutes is OK, likes idea of it, likes meeting with folks from different districts, likes the break, democratic – equal time to speak, humor. There is a leader and passion of leader is contagious, good template for working at the group and district level. Cons – time that it takes and needs, need more time, no communication between assemblies, sometimes we can get on a committee that we are not interested in, share emails immediately, don't wait until Assembly minutes are available – dampens enthusiasm, loses momentum. Suggestions: maybe people from same district to get together between Assemblies. Have sign-up sheets for individual projects. Better chance of working between assemblies with people from the same districts. "I/we will do this by this time" – personal accountability.
3. The Action Committee works if the chairperson is a good facilitator, but if the chairperson isn't a good facilitating, then they aren't well led. Smaller groups work because everyone in the group can participate. 1 ½ hours is really good. More than bullet points would be helpful at Assembly, maybe one in depth bullet point would be good. Chairperson and recorder need to work together to decide which points together what they should report on to Assembly. Report back needs to be longer to make report useful. 5-10 minutes. Emails in between assemblies. As a new member to an Action Committee it can be really overwhelming to figure out what we are doing. There needs to be a way to bring new GRs up to speed in any Action Committee. Report back may not be accurate at Assembly. The chairperson really needs to meet with recorder to determine what is reported to rest of Assembly. Not having a GR from each district in every Action Committee is a problem. Report back is crucial to making action committees. 10 minutes for report would be better. Recorder + chairperson + other members should be a mic to give report. Chairperson give report. Recommendation: Have Action Committees. 5 minutes at end of meeting for chairperson + recorder + committee to review minutes and accurately report to Assembly on Sunday. Chairperson should send emails between assemblies to Action Committee members, so they know what happened and what is going to happen, especially since not all members are at each Action Committee meeting.
4. Are there alternatives to Action Committees? Maybe we don't commit to one Action Committee all 3 years. Mix up each year. I've liked the Action Committees, a lot of fun. Not consistent members showing up; very few are doing all the work. Are you liking it? Are we productive? A few do all the work. I prefer having workshops. Until yesterday, it didn't seem like we were getting anything done. Felt like opportunity lost. Yesterday's meeting – really liked it. I saw everyone engaged. Hope we will follow through with group histories. Leaning toward workshops. Pro: Fellowship Communication has had follow through. Last time was Bingo Games. Idea: Some of it depends on leadership of Action Committee. Replace with workshop to get same end result. It needs focus, simple. Idea: Maybe workshop on leadership. Felt they weren't accomplishing much at Action Committee and they are down to small group, but most productive meeting so far (Group Services). Lots of suggestions for workshops. The whole purpose is to enhance recovery. Pro: Things we did – bookmarks, cookies, TEAM pins, skits, web redesign. Idea: Need workshops on projects to do, plus Task Forces to sign up to do projects. Con: Group Services has a vague purpose – hard to decide what to do, every meeting same

discussion, didn't know what to do. Task Forces have clear mandate – been on 2 of them- now we have follow through. We can accomplish. Idea: Fresh ideas of things to do to help promote our program. We need a place where ideas can be generated. Idea: Maybe some committees could be repurposed so that it's easier to do something, less vague. How we phrase things matters so people can get it in our mind. How we couch our terms so that it adds to our recovery. Idea: Action Committees have assigned people. Even those that sit there and are reluctant to speak, but maybe they are learning that in Al-Anon we can accomplish. TEAM – exciting talk. Idea: First year of panel, all workshops. 2<sup>nd</sup> & 3<sup>rd</sup> year, all Action Committees. Noticed that over time there is a lot of time spent in Action Committees and not a lot done.

5. Action Committees could meet at two assemblies and have workshop at one. Find out from other states how they use Action Committees. Running out of ideas in some Action Committees. DRs could come up with workshops for new GRs. New GRs could be educated about Action Committees beforehand. DRs sometimes assign, but attempts to match GRs with interest in particular Action Committees.
6. Education about Action Committees, what they used to like and what they are now. Why were they put into effect? Come together with other people from different districts. It keeps us working together on a project to link us together. Workshops are necessary thing. Breakout on budget, would have liked more workshops for everybody. Friday night sharing might be a different kind of workshop. Action Committees meet before actual meeting. Need more time for some committees. A lot more to the questions. Workshops, yes for everyone
7. Some are effective some losing effectiveness. GR and DR breakouts are more effective. Wants new GR Breakouts back. Training workshops would be better than Action Committees. A few workshops per Assembly to be known early to encourage local members to come to that portion of Assembly. Repeat workshops. Action Committees only allow GR one portion of the committee. If the report back is not clear, then the GRs go back with nothing. Some have core group and other members are silent. Might be AWSC members because they have recently discussed at AWSC. Have energetic welcome describing why you are here and then have a caucus with district for 10-15 minutes to ask questions.
8. All Action Committees were represented in this discussion. Pro: They work – get to the nitty gritty. They get work done and give us a say. Because it gets carried back and implemented, issues can be addressed (like electronic meetings). More depth than in a larger group. On some there is good leadership and good ideas and action. Info to bring back – not too much, but big picture. Con: Experience of being told what to do! Not productive. Unwilling leadership, communication. GR/DR might not get enough info to bring back to groups from other Action Committees. (But good to get limited info for group and always a take-away.) Need: More structure, use group conscience. Coordination between Action Committees!! Shorter Action Committees, using hour for workshop training. Have agenda in advance, invite volunteers. Making sure our Action Committee reports include bullet points to make sure GRs know what to bring back. Good to have Alateen in Action Committees. Change Action Committees to Task Groups and allow all GRs/DRs to sign up or have Action Committees rebuilt from whole Assembly Leadership in Action Committee is important to stay on track.

## Approved 3/17/18

Judy explained the origins of Action Committees. DRs have responsibility to see that they have GRs on every committee.

**Al-Anon Membership Survey:** Cindy E., Area Delegate. Cindy encouraged all to complete the Al-Anon Membership Survey that will be available in January, and to ask your group members to do so as well. Based on previous surveys, the average age of Al-Anon members goes up each time. That is not fact, but if everyone does not fill out the survey, accurate information will not be available.

### **Upcoming Events:**

February 17, 2018 AWSC – Deanna M., District 10 has filled out form for facility, but not sure we have it yet.

March 2018 Assembly – Tama S., District 7. March 16-18, Phoenix High School. There are members willing to host in their homes. Let Tama know if you need that. Fliers are in mailboxes. No hotel information is available yet.

June 16, 2018 AWSC – Brenda G., District 17, Oak Grove United Methodist Church, Milwaukie

July 20-22, 2018 Assembly – Newport, looking at facilities. They have received two bids, but will continue looking. Will look at blocking rooms at hotels.

October AWSC – Tama S., District 7. AWSC Meeting will be held in Eugene. Looking at football schedule. May have in Roseburg. Usually try for second weekend of October.

November 16-18, 2018 Assembly – Linda C., District 13, Roseburg.

**2018 SSM Raffle** - \$240 was brought in from the raffle and sale of items. Roxanne G., Polly M., Cheryl W., Helen M., Linda C won baskets raffled by the SSM Committee.

**Group Representatives** ask what they should take back to their groups. Bunny asked GRs to share what they planned to report to their groups.

Roxanne – won literature from filling out Bingo cards; passed budget for year; even when we have disagreements, we listen.

Jamie, D6 – Voting, budget, new position, Action Committees, fellowship, how great assembly is. Not all at once, but bit by bit.

Carolyn, D10 – Area insurance, budget approval took conflict resolution, OAC, subscription to Forum, Action Committees discussed. 2018 SSM, WSO survey.

Susan, D6 – Budget workshop very valuable, outreach program for bus campaign in rural districts, appreciate fellowship, great dinner.

Moon, D10, Book reports, budget, OAC, list of meetings coming up.

Gayle, D10, Passing the basket reading from page 21 to update meeting script. Five different newcomer packets.

Alternate GR, D10. Challenges given through Action Committee. All are welcome at AWSC, fun, budget.

Iris, D 12. Budget presentation, Forum give away, literature won, roundtable discussion, upcoming events, bus campaign progress.

Rick, D4, Budget, bus campaign, how much WSO relied on, new wording for dual members,

Judy, D17, took picture of cookies, ate one.

Linda, D 4, budget, AMIAS training, Task & Thoughts Forces, SSM cups important,

## Approved 3/17/18

Kory, D16, experience, strength and hope of Alateens. Envelopes with explanation that they are for contributions to OAC. Bus campaign.

Helen, D4 , Action Committees and what people thought and what she learned that is necessary, Delegates' report, wonderful discussions about budget, democratic process, Alateen.

David, D6 – budget class and form, survey, bus campaign, less participation for hosting big events like Assembly and State Speakers Meetings, heard a great speech at AA, great fellowship.

Carey, D10 – budget page, Delegate report and how we are at a deficit with staff, OAC and encourage use of envelope

Marcus, D10 – renewed community, belonging, bus campaign, finds different ways to talk, AA speaker present whole new outlook.

Cathy, D10 – WSO needing more donations. OAC, hearing an Alateen say, “I feel like I’m important to the world when I’m at OAC.”

Jodie, D17 – TEAM and its success, change is happening, International and pins they can take to exchange, photography contest. Acceptance.

Linda, D4, Not as scary as some people think it is, grateful to be here, budget tedious and overwhelming and understand how money is distributed and collected. Literature she had no idea about. Did not have info on Bingo card, impressed with advertising with bus project, sharing by Alateens.

Maria, D10 – Likes her service, enjoys every moment, new GR comes introduction feels welcoming, budget sheets, writing experience about service to Communicator, members that went to TEAM and what they enjoyed, learned a lot from TEAM could not attend enough workshops, if not present for all meetings can still contribute. Bus campaign – we need to get message out. Upcoming events for 2018.

Linda, D13 – Meetings with AAs, loved Judy’s talk and how welcome AA was to Judy, listened to AA speaker who was Hispanic, loved sharing recovery with AAs and that we can share family disease.

Regis P., Membership Outreach Action Committee – You may have heard people alluding to pins. A flyer will be coming. Lapel pin shaped like the state of Oregon with the great seal on it will be available by pre-order. At Internationals, many people will exchange pins. Watch for flyer. Pins will be distributed at the March Assembly.

**Announcements:** Any DR who has not hosted Assembly in this panel. Discuss 2019 with districts.

Deanna – Any of us can buy special edition of ODAT even if you are not going to International. Must be ordered in advance. Ribbon attached to book. Service Manual will not be available in February, but before Conference in April. They will be available online and the online version is interactive.

Dee P., D4 DR, Assembly Host District: Reminder-There is food bagged up so take some.

Brenda, D17 DR. The district has a Public Outreach Campaign in Clackamas Town Center for the whole month of December. The 15 second PSA will be shown on all screens before movies and in the lobby. The PSA is available from WSO.

**Approved 3/17/18**

**Adjourn:** 11:45 am

Respectfully submitted,  
Mary Lynn J., Secretary  
Oregon Area, Panel 56

**MOTION #1:** Accept 2018 Budget as presented.

**Motion by:** David H.

**Second by:** Dianne L.

**Motion Passed**

**YES: 37**

**NO: 10**

**ABSTAIN: 2**

**This is a One-Time Motion.**

**Ask-It-Basket Question:** Do we have any new e-books or are any on the horizon?

There are no new e-books. The books currently available electronically are:

*Alateen—Hope for Children of Alcoholics* (eB-3)

*Courage to Change: One Day at a Time in Al-Anon II* (eB-16)

*Having Had a Spiritual Awakening...* (eB-25)

*How Al-Anon Works for Families & Friends of Alcoholics* (eB-22)

Electronic version of *The Forum*, individually and annual subscription

AV/Audio Books available:

*Al-Anon and Alateen's Role in Family Recovery* (AV-31DVD)

*Courage to Change: One Day at a Time in Al-Anon II* (eA-16)

*How Al-Anon Works for Families & Friends of Alcoholics* (eA-22)

*One Day at a Time in Al-Anon* (eA-6)

Contact your electronic media provider for information and/or purchase.

The question was answered by Judy J., Literature Coordinator.

Approved 3/17/18

**Oregon Area Al-Anon Family Groups**  
**Expense & Income vs. Annual Budget**  
 January 1 through November 15, 2017

			Jan 1 - Nov 15, 17	Budget	\$ Over Budget
1	Income				
2	Revenue				
3		Group Contributions	15,381.69	14,000.00	1,381.69
4		Assembly Registrations	1,217.00	2,000.00	(783.00)
5		Miscellaneous	27.84	0.00	27.84
6		Cash Carried Forward	20,556.56	19,995.00	561.56
7		1009 · TEAM Event Advance	0.00	1,000.00	(1,000.00)
8		<b>Total Revenue</b>	<b>37,183.09</b>	<b>36,995.00</b>	<b>188.09</b>
9	<b>Total Income</b>		<b>37,183.09</b>	<b>36,995.00</b>	<b>188.09</b>
10	Expense				
11	Delegate Fund				
12		WSO ETF	1,909.00	1,909.00	-
13		Extra Day	0.00	200.00	(200.00)
14		Delegate Meeting	239.08	600.00	(360.92)
15		Delegate Travel	820.66	820.66	-
16		Delegate Miscellaneous	425.33	425.33	-
17		<b>Total Delegate Fund</b>	<b>3,394.07</b>	<b>3,954.99</b>	<b>(560.92)</b>
18	Working Fund Expense				
19		Archive Rent	456.00	456.00	-
20		Area Travel Fund	1,083.95	2,000.00	(916.05)
21		Communicator	137.85	200.00	(62.15)
22		Assembly/AWSC Rent	2,848.48	3,000.00	(151.52)
23		Insurance	2,502.00	800.00	1,702.00
24		TEAM Event Advance	1,000.00	1,000.00	-
25		<b>Total Working Fund Expense</b>	<b>8,028.28</b>	<b>7,456.00</b>	<b>572.28</b>
26	Assembly Allowance/Meal/Lodging				
27		Officers	1,614.64	2,000.00	(385.36)
28		Audit/Budget	311.33	600.00	(288.67)
29		Coordinators	1,662.31	2,000.00	(337.69)
30		Past Delegates	110.79	600.00	(489.21)
31		<b>Total Assembly Allowance/Meal/Lodging</b>	<b>3,699.07</b>	<b>5,200.00</b>	<b>(1,500.93)</b>
32	Officers Expenses				
33		Alternate Delegate	21.60	75.00	(53.40)
34		Chairperson	0.00	100.00	(100.00)
35		Secretary	7.73	50.00	(42.27)
36		Treasurer	74.07	150.00	(75.93)
37		AAPP Expenses	16.63	75.00	(58.37)
38		<b>Total Officers Expenses</b>	<b>120.03</b>	<b>450.00</b>	<b>(329.97)</b>



Oregon Area Al-Anon Family Groups  
Expense & Income vs. Annual Budget  
January 1 through November 15, 2017

			Jan 1 - Nov 15, 17	Budget	\$ Over Budget
39	Assembly Expenses				
40		Assembly Workshops	30.99	50.00	(19.01)
41		Business Services A.C.	0.00	50.00	(50.00)
42		Membership Outreach A.C.	349.70	349.70	-
43		Group Services A.C.	128.38	500.00	(371.62)
44		Fellowship Communication A.C.	281.61	650.00	(368.39)
45		Public Outreach A.C.	4,074.99	5,000.00	(925.01)
46		Audit Budget Extra Day + Exp	0.00	50.00	(50.00)
47	Total Assembly Expenses		4,865.67	6,649.70	(1,784.03)
48	Coordinator and Other Expenses				
49		Alateen Coordinator Expenses	164.38	300.00	(135.62)
50		Archives	0.00	600.00	(600.00)
51		CPC	0.00	50.00	(50.00)
52		Forum	0.00	80.00	(80.00)
53		Group Records	22.81	50.00	(27.19)
54		Literature	54.98	54.98	-
55		Public Information	24.11	54.98	(30.87)
56		Web Coordinator	145.51	200.00	(54.49)
57	Total Coordinator and Other Expenses		411.79	1,389.96	(978.17)
58	Delegate Meeting				
59		Alternate Delegate	647.79	800.00	(152.21)
60		Past Delegates	625.09	800.00	(174.91)
61	Total Delegate Meeting		1,272.88	1,600.00	(327.12)
62	Other				
63		Contingency Fund	0.00	898.17	(898.17)
64		Equipment Supplies	1,928.55	2,000.00	(71.45)
65		Handbook Update	0.00	50.00	(50.00)
66		Transition Fund	0.00	500.00	(500.00)
67		AMIAS Background check fee expenses	163.00	0.00	163.00
68	Total Other		2,091.55	3,448.17	(1,356.62)
69	Total Expense		23,883.34	30,148.82	(6,265.48)
70	Cash Balance as of 11/15/17		13,299.75	6,846.18	6,453.57
71	Ample Reserve		6,862.00	6,862.00	0.00
72	Available Cash as of 11/15/17		6,437.75	-15.82	6,453.57

A	B	C	D	E
<b>OREGON AREA AL-ANON 2018 APPROVED BUDGET</b>				
Compared to 2017 Approved Budget [Increases in Bold; Decreases in Italics]				
No.	Category	2018 Budget	2017 Budget	Increases & Decreases
<b>1</b>	<b>Revenue</b>			
2	Group Contributions	16,000.00	14,000.00	<b>2,000.00</b>
3	Assembly Registrations	2,000.00	2,000.00	0.00
4	State Speaker Meeting	3,500.00	0.00	<b>3,500.00</b>
5	SSM Advance	1,500.00	0.00	<b>1,500.00</b>
6	TEAM Event Advance for 2017	0.00	1,000.00	<i>(1,000.00)</i>
7	Cash Carried Forward	11,246.00	19,995.00	<i>(8,749.00)</i>
<b>8</b>	<b>Total Revenue</b>	<b>34,246.00</b>	<b>36,995.00</b>	<i>(2,749.00)</i>
9				
<b>10</b>	<b>Expenses</b>			
<b>11</b>	<b>Delegate Fund</b>			
12	WSO ETF	2,443.00	1,909.00	<b>534.00</b>
13	Extra Day	300.00	200.00	100.00
14	Delegate Meeting (NWRDM)	800.00	600.00	<b>200.00</b>
15	Delegate Travel	1,000.00	800.00	<b>200.00</b>
16	Delegate Miscellaneous	700.00	350.00	<b>350.00</b>
17	Sub-Total: Delegate Fund	5,243.00	3,859.00	<b>1,384.00</b>
<b>18</b>	<b>Working Fund Expense</b>			
19	Archive Rent	456.00	456.00	0.00
20	Area Travel Funds [ATF]	3,000.00	2,000.00	<b>1,000.00</b>
21	Communicator	200.00	200.00	0.00
22	SSM Advance	1,500.00	0.00	<b>1,500.00</b>
23	TEAM Event Advance for 2017	0.00	1,000.00	<i>(1,000.00)</i>
24	March Assembly Rent & Expenses	600.00	900.00	<i>(300.00)</i>
25	July Assembly Rent & Expenses	1,200.00	900.00	300.00
26	November Assembly Rent & Expenses	900.00	900.00	0.00
27	AWSC Rent [3 @ \$100 each]	300.00	300.00	0.00
28	Insurance	1,700.00	800.00	<b>900.00</b>
29	Sub-Total: Working Fund Exp	9,856.00	7,456.00	<b>2,400.00</b>
<b>30</b>	<b>Assembly/AWSC Allowance(Meal/Lodging)</b>			
31	Officers	3,000.00	2,000.00	<b>1,000.00</b>
32	Audit/Budget	1,200.00	600.00	<b>600.00</b>
33	Coordinators	3,500.00	2,000.00	<b>1,500.00</b>
34	Past Delegates	300.00	600.00	<i>(300.00)</i>
35	Regional Trustee/Board Visit	0.00	0.00	0.00
36	Sub-Total: Assem/AWSC Allowance(Meals/Lodging)	8,000.00	5,200.00	<b>2,800.00</b>
<b>37</b>	<b>Officers Expenses</b>			
38	Alternate Delegate	75.00	75.00	0.00
39	Chairperson	400.00	100.00	300.00
40	Secretary	50.00	50.00	0.00
41	Treasurer	200.00	150.00	<b>50.00</b>
42	AAPP	100.00	75.00	<b>25.00</b>
43	Sub-Total: Officers Expenses	825.00	450.00	<b>375.00</b>

A	B	C	D	E
<b>OREGON AREA AL-ANON 2018 APPROVED BUDGET</b>				
Compared to 2017 Approved Budget [Increases in Bold; Decreases in Italics]				
No.	Category	2018	2017	Increases &
		Budget	Budget	Decreases
<b>44</b>	<b>Expenses [Continued]</b>			
<b>45</b>	<b>Assembly Expenses</b>			
46	Assembly Workshops	50.00	50.00	0.00
47	Business Services A.C.	50.00	50.00	0.00
48	Membership Outreach A.C.	500.00	300.00	<b>200.00</b>
49	Group Services A.C.	300.00	500.00	<i>(200.00)</i>
50	Fellowship Communication A.C.	700.00	650.00	<b>50.00</b>
51	Public Outreach A.C.	8,000.00	4,000.00	<b>4,000.00</b>
52	Audit Budget Extra Day Expenses	50.00	50.00	<i>0.00</i>
53	Sub-Total: Assembly Workshops	9,650.00	5,600.00	<b>4,050.00</b>
<b>54</b>	<b>Coordinators and Others Expenses</b>			
55	Alateen	400.00	300.00	<b>100.00</b>
56	Archives	75.00	600.00	<i>(525.00)</i>
57	CPC	50.00	50.00	0.00
58	Forum	80.00	80.00	0.00
59	Group Records	50.00	50.00	0.00
60	Literature	75.00	50.00	<b>25.00</b>
61	Public Information	150.00	50.00	<b>100.00</b>
62	Website	200.00	200.00	0.00
63	Sub-Total: Coordinators	1,080.00	1,380.00	<i>(300.00)</i>
<b>64</b>	<b>Delegate Meeting</b>			
65	Alternate Delegate	0.00	800.00	<i>(800.00)</i>
66	NWDM Support	0.00	0.00	<i>0.00</i>
67	Past Delegates	800.00	800.00	<i>0.00</i>
68	Sub-Total: Delegate Meeting	800.00	1,600.00	<i>(800.00)</i>
<b>69</b>	<b>Other</b>			
70	Task Force/Thought Force Projects	0.00	0.00	0.00
71	Alateen Coordinator Sponsor Conference	0.00	0.00	<i>0.00</i>
72	Contingency Fund	1,000.00	1,000.00	0.00
73	Equipment Supplies	300.00	2,000.00	<i>(1,700.00)</i>
74	Handbook Update	150.00	50.00	<b>100.00</b>
75	Transition Fund	0.00	500.00	<i>(500.00)</i>
76	Sub-Total: Other Expenses	1,450.00	3,550.00	<b>(2,100.00)</b>
<b>77</b>	<b>Ample Reserves</b>	10,000.00	6,254.00	<b>3,746.00</b>
<b>78</b>	<b>Total Expenses &amp; Reserve</b>	46,904.00	35,349.00	<b>11,555.00</b>
79				
<b>80</b>	<b>Budget Balancing Ledger</b>			
81	Budgeted Income	34,246.00	36,995.00	<i>(2,749.00)</i>
82	Budgeted Expenses	(46,904.00)	(35,349.00)	<b>11,555.00</b>
83	Experienced Shortfall of Budgeted Expenses	12,658.00	(1,646.00)	<b>14,304.00</b>
<b>84</b>	<b>Total of Budget Balancing Ledger</b>	0.00	0.00	0.00

## Delegate's Report

Change can be positive or something we don't want. We are constantly leading change or being affected by it. In the 2 World Service Conferences I have been to, they all want to know about our Action Committees, our AWSC meetings and Assemblies. Alateen is a big topic. I am told I am so lucky because of everything Oregon has in Al-Anon.

I used to hate change. Change meant I didn't get to have the illusion of control anymore. Change meant I had to adjust again and again. In my personal program of recovery, I've learned that I get to have a voice and a vote for the changes in my life. I may not get my way, but with at least being heard, and knowing that my Higher Power is in control of the outcome, I can accept and support the majority decision.

The WSO is changing. We had an interim Executive Director who made changes in the focus of the staff the last 2 years. The Executive Committee which is made up of Trustees, saw ways to make changes in services and content such as seeing the need to save money and hire new technology personnel.

They've hired a new Executive Director, her name is Vali F. She is a past Delegate from Arizona. Vali brings over 20 years of business experience including management of teams throughout the world. Vali has an understanding of the world's ever-changing landscape and how those changes have and will continue to impact the growth and diversity of our fellowship. What things do you see impacting our fellowship? Drugs? Treatment centers?

Contributions are currently at 68%, well below projections based on the 2017 budget. We are dependent on our members and groups to continue the expression of abundance. In order to meet our budget goal of \$2,100,000 in contributions, we will need to receive just under \$600,000 in contributions during the months of November and December. If you are like me I need things broken down visually and into smaller numbers to understand what \$600,000 could look like and how attainable that number really is. If 60% or 9,000 of all registered groups contributed \$60 and 5,000 members contributed \$15 each and 55 Areas contributed \$500 we would easily meet our budgeted 2017 contributions goal.

One of the reasons to contribute abundantly is that with being fully staffed this year, expenses are higher than they have been in the past several years. **Gross Profits from literature sales are at about 80% of their budget, which is good, but literature sales tend to drop off toward the end of the year, so there is some concern.**

2018 WSC Theme – Al-Anon, There Is No Standing Still - This theme, an excerpt from a statement made by our co-founder Lois W., is both a reminder and a call to action for every member. Al-Anon must continue to grow if it is going to fulfill its primary purpose of reaching millions who need Al-Anon's help but are not yet aware of our existence. One of our responsibilities is to give what we have been given so freely. What does that look like for you – there are so many ways to do that?

### TEAM

WOW! What else can I say? I would like some of you that went to our event share. Would Judy J, who went to the Southern California TEAM event, Jaime or Katie, Jazmin, David G, and Kathy from Medford go to the mic and share for 2 minutes each your experience at our event? It's what we get to do at conference, share on a topic for 2 minutes only. I'll let you put your thoughts together while I give you the numbers of our event. Our goal to break even with a \$40 registration fee was 215. We ended up with 200ish. As of today I don't have the official number. Because we were short of the amount needed to repay both Areas their seed money, we planned a 50/50 raffle and a silent auction. One of our Group Representatives here made and donated many swartz crystal watches and even with a 2 day notice, many other items were brought to add to the silent auction that helped us raise xx amount. The 50/50 raffle sold out of tickets and we gave the winner, the Delegate from Arizona \$476.50 and profited \$476.50. Adding our 7<sup>th</sup> Tradition from Friday night and at the speaker meeting Saturday night, we made

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a total for the entire event \$8700, which was over what we needed to cover everything abundantly – God is in our money too.

We had 5 Hispanic individuals attend. We had 2 that asked for translators and we were able to accommodate them so they could understand the weekend. They shared at the end of the event that they enjoyed the weekend and had a lot of information to take back to their group.

Okay – Enough out of me, when you hear the alarm, please finish your sentence and stop.

I am so sorry more of you weren't able to go.

### **AL-ANON SURVEY**

Along with the TEAM event, the WSO asked us to fill out evaluation forms regarding the event. I have been processing those evaluations into an excel spreadsheet and the last questions the WSO asked on that evaluation was, what year were you born, male or female and ethnicity. This is really fascinating to me because at conference last April, they were thinking that the survey they do every couple of years about who Al-Anon members are, that the reason it also comes up with the average Al-Anon member is white, female and 62 years old is because they are the only ones filling out the survey. Well...guess what, processing these TEAM evaluations, I'm seeing that those who have filled out the evaluations are white, female and in their 50's and 60's.

PLEASE remember to fill out your surveys online. I have left flyers on your tables, there should be one for everyone to take back and ask the members in your groups to fill out and submit. Take time right there in your meeting to do this on your phones. Or take your laptop and help others in your meeting to do this. It's really important that we support this evaluation of who our members are. We want to accurately include everyone in our fellowship and the best way to do that is to know who we are.

I have also put one of these flyers in every AWSC members mail box AND emailed every AWSC member the copy of this flyer.

If you email me and request a copy, I will send you one also.

### **ALATEEN**

Alateen celebrated 60 years this year, just like we as Al-Anon are celebrating 66 years. So many of us don't have any idea about our Alateens and their program. We know they have a meeting, that their program is based on ours....but what do you really know about the problems they face....at school, at home, in society?

To me, it is sad that more Alateens are brought into their program by an alcoholic, than by us in Al-Anon. One of the reasons believed is because we keep the belief in our heads that we haven't harmed our children, that we protected them. I'm guilty of this. I thought that all my lying and manipulating about their dad shielded them from his disease. In reality it was my disease that was affecting them the most. Today, I admit to my children I didn't know how to do so many things to help them maneuver through growing up in an alcoholic home. I make living amends to them today and every day.

I ask you to look at the children in your life and think of our Al-Anon program and ask yourself ..... is there anything you could do to help make life better for them, One Day at a Time?

### **EMPLOYMENT**

The Nominating Committee is asking for your help in finding candidates for a member at Large to serve one-year on the Executive Committee for Real Property Management (ECRPM). The term will begin following the Annual Board Meeting in April 2018. Résumés are due to the WSO by November 30<sup>th</sup>, 2017.

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There are several other positions available. I have put a sheet on your tables labeled "employment".

## INTERNATIONAL

The 2018 International Convention is in Baltimore, Maryland July 6<sup>th</sup> and 7<sup>th</sup> next year. At the last International in Vancouver, there were 4400 people in recovery.

If you want to go a day early, there are some really cool workshops and events. It's called "Day of Caring". I've left a flyer on your tables.

Take advantage of early registration, it's \$130 thru March 31<sup>st</sup>!

There won't be a new book released at this International, but since the ODAT, One Day at a Time is having its' 50th Anniversary, there will be a commemorative edition, complete with gold lettering on the cover and gold ribbon book mark. A commemorative book plate will be included only for those purchased at the convention. This special edition of the ODAT will be available at the 2018 International Convention and for the remainder of 2018 until supplies are gone. A limited number of books will be printed and for a purchase price of \$15 US each.

Thank you for allowing me to be in service with you.

Sincerely,

Cindy E.

OR Delegate

## **Report - Thought Force on Having One Assembly A Year**

### Introduction

Hello I am Joanne and I was part of a thought force that reviewed the petition for Oregon Area having one assembly a year. A thought force is a temporary unit of people established to brainstorm ideas and to develop strategies on a single defined task or activity. They are "thinkers" not "doers". (Service Manual pages 68 & 69)

The thought force used questions from Knowledge Based Decision Making (KBDM). You will hear these questions in the report.

There will be time for discussion after the report.

Our thought force is made up of Cindy, Donelda and I. We used the 5 KBDM questions to discuss this topic. Our mission statement is "The purpose of this thought force is to gather information as to the feasibility of having sufficient time to complete the work of Al-Anon statewide in 1 assembly per year. We will discuss the pros and cons of having 1 assembly per year. For the good of Al-Anon we will use the three legacies as our guiding principals. I have condensed our findings in this report.

**Question 1-What do we know about our members or prospective members' needs that is relevant to this discussion?** The points we found for this question were that some members feel

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one assembly is all that is needed because we waste too much time at the assemblies and their groups could not afford to send them anymore than once per year. Others felt we didn't have enough time at assemblies. The Action Committees would really suffer with only one assembly a year. We would also lose the camaraderie that creates enthusiasm, commitment, and allows us to get things done. There wouldn't be any buy-in from the assembly members. Links of service are already breaking down with 3 assemblies per year and it would get worse.

**Question 2-What do we know about the resources & our vision for the organization that is relevant to this discussion (finances, membership participation)?** Contributions to the Oregon area have been sufficient to cover 3 assemblies. In the current Service Manual, page 153, paragraph 4 – “absent GRs should be asked to have their groups share of the (assembly) costs remitted to the Area Treasurer”. If this were happening, there would be no cost savings. More money would be needed for the district groups to fund the Delegate to give the Delegates Report to 17 districts. Interest and participation would drop down with only 1 assembly a year.

**Question 3-What do we know about the current realities (membership, culture), evolving dynamics of the world & our fellowship's environment (technology, our legacies & spiritual principals) that is relevant to this discussion?**

This has been brought to the area before

- a. In an AFG Connect poll, 19 areas reported averages between 15-63% of GRs attending assemblies. 5 of the areas reported less than 30%

Conference calls have very low attendance and some people are uncomfortable with them. Having multiple people, more than 3, would make it harder for brainstorming and communication. It is not as easy to capture enthusiasm and spread that enthusiasm through emails or other technology.

**Question 4-What are the ethical implications of our choices? (Pros & Cons) In other words, will our decision be consistent with our spiritual principals?**

The spiritual principals we came up with are:

- Integrity
- Inclusiveness
- Principles above personality
- Responsibility
- Courage
- Willingness
- Humility
- Compassion
- Respect
- Perseverance
- Faith
- Trust

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We are using these principals as a measurement against the task . Using these spiritual principals we thought DRs getting support by having 6 meetings per year includes, respect, responsibility, and inclusiveness.

Cons are: people could stop at district level from entering service, assemblies won't be as effective, willingness of members– could go both ways, less of a commitment, and less thorough of a job. Once a year won't necessarily increase our attendance averages. Also information would not be taken back to groups in a timely manner. Conference calls have very low attendance and some people are uncomfortable with them. Having multiple people, more than 3, would make it harder for brainstorming and communication. It is not as easy to capture enthusiasm and spread that enthusiasm through emails or other technology.

Pros are: those groups that cannot afford 3 assemblies but would actually send them to one would be successful.

### **Question 5-What do we not know about this issue that we wish we knew?**

We wish we knew:

- Would more groups actually send a Group Representative
- What do Group Representatives want to have available to them at assemblies
- Do Group Representatives know what the assembly is suppose to accomplish here in Oregon
- Why don't more groups send GRs – assume financial
- What does the assembly as a whole want
- Would communication by email keep groups informed – would people read them
- Grs said they did not want tons of emails – cons complaints already
- Could we really get all the business done
- What all would we have to cut out
- What percentage of members can only give \$1 contribution weekly
- What other issues keep GRs from coming to assemblies?
- How many people are doing service at the area level longer than they want to?
- Does only having one assembly interfere with Concept 4 - Participation is the key to harmony Less participation from Gr's with one assembly
- How much time do people feel we spend on things that are frivolous?

### **How do Al-Anon's legacies apply to this issue?**

Page xiii – “Through study of these three legacies, we learn not only is our personal recovery essential, but also, without the unity as expressed in the Traditions and the service work described in the Concepts, Al-Anon will not survive.” Paths to Recovery B-24

Respectfully Submitted,

Donelda, Cindy & Joanne



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## **Bus Campaign Cost Analysis for 11 Districts (Rural focus)**

**District 1:** \$425 for one year of interior trolley ads

**District 2:** No advertising offered that we know of (Lincoln Co. Transit)

**District 3:** No advertising offered that we know of (NEO Transit, Community Connection of Baker) Community Connection of Wallowa is considering advertising. Union Co. Public Transit is handled by an outside contractor, unable to reach supervisor (multiple attempts). So there are two possible options in this District, we just don't have financials at this time.

**District 4:** Working on their own campaign, no funding requested from the state

**District 5:** Lamar handles advertising – Interior = 40 display minimum for 6 mos. = \$1800; Supertail ads (½ of the backside of the bus) are \$4000 for 4 months on 2 buses

**District 7:** Stott handles advertising - \$775/mo. for one supertail ad (NO INTERIOR ADS OFFERED)

**District 8:** No advertising that we know of (Coos County Transit – no response, TAC Transportation – no response, Curry Public Transit does not offer advertising)

**District 13:** Umpqua Transit handles advertising – \$585 for 3 months on one bus – most of the backside (NO INTERIOR ADS OFFERED)

**District 14:** Stott handles advertising - \$775/mo. for one supertail ad (NO INTERIOR ADS OFFERED)

**District 15:** No advertising offered that we know of (Cherriots and Lamar)

**District 16:** Stott handles advertising - \$240 production \$300 ad spaces = \$540 gets us 1 year of advertising on 12 buses (1 ad per bus, 11x28)

Totals for minimum advertising (which is 1 bus in some Districts) = \$4900 plus printing costs (in some Districts)

\* We are asking each District to partner with the State financially – there is no minimum contribution so it could be very small

\* Districts with unknown advertising are wild cards – Local Members may have information that the PO Action Committee and I don't – so costs could easily increase!

\* The more ads we run the cheaper each ad will be. These are truly MINIMUM costs.