Oregon Area Assembly March 17-18, 2018 Phoenix High School Phoenix, Oregon 97535 Host District 7

8:30 Call to Order Serenity Prayer, Bunny G., Chair Announcements

Dawn B has taken over the position of Group Records Coordinator since Kate's resignation. She is asking for someone who might be interested in standing for that position for the next panel to train with her for the remainder of this year.

Judy J., Literature Coordinator, stated the Fellowship Communication Action Committee has Conference Summaries for sale. There are 2017 Literature Catalogs available.

Sue B., Alternate Delegates, has stickers for new Group Representatives for their name badges and Al-Anon logo stickers for anyone who has the new Service Manual.

Traditions: Kevin B., District 7

Housekeeping: Tama S., District 7 DR

Roll Call: Mary Lynn J., Secretary. Excused: Dee P., District 4 DR; Jan D., Archives Coordinator. New Group Representatives were recognized.

Minutes: Mary Lynn J., Secretary. A motion was made and seconded to approve the final draft of the minutes of the November 2017 Assembly.

Treasurer's Report: Dawn K., Treasurer. The mileage rate for this Assembly is fifteen cents per mile. There are preaddressed envelopes for group contributions. Forms for reimbursement of expenses for AWSC members must be in by 10am Sunday. Group Contributions are higher than budgeted. Line 8, Cash Carried Forward was estimated at the end of the year to be \$8,000; the Actual Figure is \$15,000.

Report from February Area World Service Committee Meeting: Bunny G., Chair. The AWSC has three meetings annually, 1 month before Assembly to prepare Assembly Agenda. There were letters sent from four Area members that need discussion. One of these was on the budget approved in November. This will be discussed during the GR Breakout Session. We will also have a workshop on Spirituality in Area Finances. Another discussion was on member's request to have one Assembly per year. The minutes that discussed the issue were clarified as reflected in the Final Draft of the Assembly November Minutes, approved earlier. Another issue was on the method of Closing Group Meetings. There was a discussion at AWSC on this issue, with the conclusion that the closing is left to group autonomy. The final letter suggested an Oregon Area Events Planning Committee that could assist the Host District in planning Area Events. A Thought Force was formed to look at this request. We are encouraged to follow the Links of Service when we have questions. If it cannot be resolved, contact Bunny directly and it will be discussed at AWSC. At the last Assembly there were breakouts to discuss the likes and dislikes of Action Committees and the form we use for Action Committee reporting. The form seems to be working and we will continue using it.

Group Representative/District Representative/Coordinator Breakouts Motion #1: I move to keep the Area Budget as it was approved in November. Motion by: Judy J.; Second by: David H. Total Voting GRs: 56; 29 YES Votes; 17 NO Votes; 10 Abstentions. Motion Passed.

This is a One-Time Motion made during the Group Representative Breakout, following their discussion of the 2018 Budget passed at the November 2017 Assembly. An attempt was made for a consensus; that effort failed, making it necessary for the motion.

District Reports:

District Reports were made throughout the Assembly. All reports are attached to the "Reports" section of the minutes.

Insurance Report: Brenda G., District 17 DR. There were two requests for Certificates of Insurance this year. Instructions for requesting certificates is included in the report attached.

Book Report: Kory R., District 16, read *Lois Remembers* and reported to the Assembly her thoughts on the book. Book report is attached.

Delegate's Report: Cindy E., Oregon Area Delegate. I am affected by the seasons. I call myself a turtle because I put myself inside my shell. The World Service Conference is next month. Cards of encouragement mean a lot to a delegate at conference. The conference is tiring; there is so much information I'm trying to put into my head. Consider taking a card from the back of the room and labels to use on them to send to conference.

Contributions for 2017 were \$1.9 million, which was a slight decrease from 2016 that was somewhat higher because it was an anniversary year. For 65 years we have counted on literature to support our fellowship. We need to switch our thinking to contributions being our main source of support. \$263 is the amount WSO spends annually on each group. The question was asked at the last Assembly about what WSO does for groups. WSO has a staff that must be paid, the 800-telephone number, media, PSAs, and the list goes on. Investments are sustaining working capital for WSO. Each year funds are taken from investments, but in 2016 money was put back into the reserve fund. The Finance Committee is looking at the prudent reserve to determine if it needs to remain a full year's expenses.

The Trustees have Board Vision and Mission Statements. They have a goal and their work is aimed at meeting that goal. They take self-inventories to determine if each one is doing their best to accomplish the goals. Does Oregon Area need a Mission Statement?

Two of the Chosen Agenda Items our members recommended were selected for discussion. One question that keeps coming up is, "How do we instill enthusiasm for positive leadership?" Ask yourself, "Do I want to be Delegate?" Remember the Conference theme is *Al-Anon, There is No Standing Still.* I hope you will choose to keep moving forward.

Questions asked of the Delegate: Can you send out copies of the Chosen Agenda Items to members? Yes.

Is the Intimacy item a book or a booklet? That is yet to be determined.

Does the Executive Director work at home 2 days a week? Yes.

It is the member's personal opinion that we are losing our spirituality and turning our focus more corporate. Answer: I will carry that opinion to Conference.

I was disappointed that service manuals will not be mailed to groups, but it was recently announced that *Groups at Work*, P-24, will be mailed to all groups.

Cindy encouraged anyone with questions to email her so she can discuss them during her call with a Trustee. *See full report attached.*

Workshop: Spirituality in Area Money Discussions

Members broke into groups to discuss fears in talking about finances and how spirituality can be used in resolving those issues.

Lunch

Northwest Regional Delegates' Meeting: Bunny G., Past Delegate was selected to attend the NWRDM from the two eligible Past Delegates active at Area. One of the highlights at every Delegates meeting, for me, is the Trustee report. Since we did not have a current NW Trustee, we voted last year to send a request to WSO; to refer a trustee for our meeting. Terry F., Trustee at Large from Florida, did a great job of keeping us informed about WSO, going over some of information from the Annual report for 2017. We had two breakouts, which we will experience this weekend, of discussing the Chosen Agenda Items, questions sent in by us and other areas for the delegates to talk over during the WSC. On Sunday we discussed several subjects that have been on AFG Connects. Very interesting to hear how we are all so similar. Full report attached.

Election of Cooperating with Professionals (CPC) Coordinator: Bunny G., Chair. Scott stepped down as CPC Coordinator. Coordinators attend three AWSC Meetings and three Assembly Meetings annually. The complete job description is in Section II of the Oregon Area Handbook. Before Katie was elected to serve as Public Information Coordinator, Scott was handling both positions. Katie has been taking care of both positions since Scott stepped down. Katie was given the opportunity to keep handling both positions. She declined. Tama S. suggested tabling the discussion and election to Sunday. It was agreed to do so.

Action Committee Breakouts: Judy J., Past Delegate and Literature Coordinator, gave instructions for Action Committee breakouts.

Bid for 2019 March Assembly: District 7 volunteered to host the March 2019 Assembly.

Book Report: Ted E., GR for Al-Anon Monday Night, District 10. Ted reported on *In All Our Affairs*. His focus was on the three A's of Al-Anon: Awareness, Acceptance and Action. He read the whole book and enjoyed it. He quoted from page 23 on Awareness; Pages 63, 74, 81-82 and 89 on Acceptance; and, Pages 151, 157-158 and 176 on Action.

Group Forum Subscription Give-Away: Fellowship Communication Action Committee, Pam M., Forum Coordinator. Winners of Group Forum Subscriptions are:

District 4	Courage to Change AFG	503138
District 4	Paths to Recovery Book Study	11795
District 6	Gifted with Life AFG	30507034
District 7	Ashland Friday Night AFG	23912

District 7	Monday Night Sharing AFG	43026
District 7	Progress Not Perfection AFG	30696018
District 7	Sunday Book Study	65436
District 8	The Next Step AFG	66131
District 10	North Plains Tuesday AFG	30528508
District 12	Primarily Parents Too AFG	36979

Fellowship Communication Challenge: Judy J., Literature Coordinator. The Fellowship Communication Challenge this year to promote use of CAL in meetings are bookmarks with three pieces of CAL listed for each period between Assemblies. GRs turn in bookmarks for a drawing of a basket of literature. Safe Haven AFG in District 10 had their bookmark drawn. All entries received a piece of literature.

How to Hold a Forum Writing Workshop in Your Group or District: Pam M., Forum Coordinator. Forum articles come from us, the members. There is no need to worry about being a professional writer. There are people at WSO who will polish the articles you send in. What they want from us is our experience, strength and hope. Plan on writing for about an hour for up to 10 people, maybe longer for more people. You can use a writing workshop like a meeting and do writing instead of sharing on a topic. Topics can be from the Three Legacies and other subjects from our literature. It's not hard; put some time aside and do it.

Membership Outreach Photo Contest: Members of Membership Outreach Action Committee presented a short skit to launch a photo contest for the Oregon Area Website and The Communicator. Flyers listing categories are available and will be on the website.

WSO Website: Cindy E., Area Delegate, presented a short tour of the WSO Al-Anon Website. She said there were questions about faces being used on the website. These are all actors, yet visitors may not know they are actors. There are questions about anonymity.

Adjourn with Serenity Prayer. 5:00 pm

Sunday 8:30 am Call to Order

Serenity Prayer: Bunny G., Chair
Concepts of Service and Warranties: Tana D., District 7
Housekeeping: Tama S., District 7 DR
Attendance: 61 Group Representatives, 82 Total in Attendance, \$711 Donations

Audit Budget Report: Barb B., Audit Budget Chair. Audit Budget committee reviewed the end of the year books after February AWSC. At year end the numbers did not match because there was one AMIAS expense that was not reimbursed before the end of the year. At the beginning of this panel the way that Oregon Area processes the AMIAS background checks changed; Oregon Area now pays the state, then bills the districts. Because of this there can be a lag between the time when Oregon Area pays for the background checks and when the districts reimburse Oregon Area. Because of this Audit Budget has decided to add a line in the treasurer's report which will be AMIAS income to offset the AMIAS expenses to simplify

auditing. With this new system, Dawn will ask for a separate check from the district for each AMIAS background check.

CPC Coordinator Election: Bunny G., Chair, asked all willing to stand for the position. Rachel L., from District 10, stood and was asked to explain why she wanted the position and why she feels qualified. She has experience, along with time and passion to connect professionals with Al-Anon. Her service sponsor supports her. There was a motion and a second to accept Rachel as CPC Coordinator. She was elected.

Action Committee Reports:

Group Services: Caralynn W., Reporter. 21 were in attendance. Group changes can be made through the WSO website, but Oregon prefers making changes through District Representatives. Committee is creating a small piece of literature and a bookmark on the links of service. They recommend sharing positions if a larger commitment cannot be made. Suggest having GRs attend district meetings using Skype or similar platforms.

Public Outreach: Rachel gave the report; Katie, Chair; Marvalee, Reporter. One district withdrew from the bus project because they don't have public transit. The majority favored continuing working on the bus project. Help is needed to work on mapping.

Membership Outreach: Suzanne P., Reporter; Regis P., Chair. A subcommittee is continuing to work on the website. Pins have been ordered and will be distributed by May. A photo contest was planned. Articles on service were written for the Communicator. A skit was written to kick off the photo contest. The photo contest will be judged at the next Assembly.

Business Services: Barb B., Reporter; Dawn K., Chair. Continuing to work on a draft for a Business Meeting document. They expect to make final revisions to the document at the next Assembly. They will discuss future plans for the Action Committee.

Fellowship Communication: Polly, Reporter; Judy J., Chair. They produced and distributed bookmarks and asked GRs to promote the challenge. The challenge will continue for the next two Assemblies. Will try to get guidelines for donating CAL to Coffee Creek Detention Center and other institutions Will continue to provide new GRs with a free Service Manuals and literature catalogs. Promoting writing workshops, encouraging using Pam, the Forum Coordinator to facilitate. The 2018 literature catalog will be available this summer. The book on intimacy will be available at the International Convention.

Embracing Conflict Workshop: Dawn B., District 6 DR, Katie W., PI Coordinator and Jaime J., Liaison to Eugene AIS, presented information on conflicts based on the Conflict Resolution Kit Wallet Card and *How Al-Anon Works for Families and Friends of Alcoholics, 2008*, Communication pp. 94-98. They played out a scenario using what we learned to resolve their conflicts. A breakout followed, with members using conflict resolution to choose a topic and then resolve the issue on that topic.

2018 State Speakers' Report: Deanna M., Chair. The theme of the SSM is "Filling Our Recovery Toolbox." It will be a weekend full of fun that we will talk about for years to come.

We are planning and dreaming of 120 people. By Friday morning there were 37 registrations. The gap between the hope and the actual registrations makes it hard to plan for food and activities, so register early. Friday there will be an ice cream social, a Kazoo band and sharing meeting. Sunday there will be a spiritual speaker and a panel of a family in recovery. Download the registration form from the website. Continue to pass around the Give-It-Up cups. Note on donations that it is cup money. Drawings were held for donated baskets. Regis P. was the winner of a basket donated by District 13. District 7's It's About Me AFG donated a basket won by Jill L., District 17. The winner of the 50/50 raffle was Sue B., winning \$140.

Ask-It-Basket: Ask-It-Basket questions are answered by Past Delegates, Bunny G., Panel 38 and Judy J., Panel 41.

Would it be possible to devote a regular set time at one of the Assemblies once a year to address financial issues and educate us over and above the treasurer's report and budget?

Answer: (Bunny) We will look at this for the July Assembly.

Can DRs who are not GRs make a motion?

Answer: (Judy) Section VII, Page 5 in Oregon Area Handbook, "Any member with voice can prepare a motion. A second must be from a voting member."

I know there is rotation of leadership in Al-Anon. Is it possible to stand for the same job you have this panel in November? Is it allowed to have the same position 2 panels in a row?

Answer: (Judy) Page 59 in Service Manual, "Group officers rotate regularly giving all members the privilege of serving." Page 168-169 in Service Manual, "Trustees serve 3 years and may serve 2 terms, which may be consecutive." If you have not served a full 3-year term you can serve out a full term. Group autonomy.

Announcement: Dawn K., Treasurer, announced that spending this weekend was over \$4,000, with some large expenses coming due, while available Cash on Hand is just over \$3,000. Groups may be asked for extra contributions in the near future.

Upcoming Events:

June AWSC: June 16, 2018; Oak Grove United Methodist Church, Milwaukie, OR, Host: District 17, Brenda G., DR

July Assembly: July 21-22, 2018; Best Western Agate Beach, Newport, OR; Hosts: District 2, Nancy N., DR; and District 16, Kim M., DR. **Note:** There will be an Alateen Workshop. Registration will begin at 7:30 am; Register early for rooms.

Oregon Alateen Conference (OAC): August 3-5, 2018; Molalla Retreat Center, Molalla, OR; Linda S., Alateen Coordinator. **Note:** All teens are welcome even if they are currently not attending Alateen meetings. Scholarships are available. Last year 50 teens attended, hoping to surpass that number.

October AWSC: October 13, 2018; Gilham Community Church, Eugene, OR; Host: District 7, Tama S., DR

November Assembly: November 17-18, 2018; Seven Feathers Casino Resort, Canyonville, OR; Host: District 13, Linda C., DR. **Note:** Lunch will be \$17. If we sell 40 lunches, the price of the meeting room will be reduced.

Chosen Agenda Items (CAI) Breakout: Cindy E., Area Delegate. Items discussed at the World Service Conference are taken from topics submitted from members through their delegates. Members broke into groups to discuss suggested Chosen Agenda Items. A reporter was chosen from each group to share their responses with the Assembly.

GR Sharing: Bunny G., Chair, invited Group Representatives to share something they would take back to their groups or something they liked about this Assembly.

Rita, Paths to Recovery, D17. Really enjoyed the Conflict Resolution Workshop.

David, Friendly at Noon, D6. Loves Assembly because it helps him grow. The challenges he gets here are important. Last November he challenged himself to take a public service announcement to a radio station. He did it and challenges you to do the same.

Ted, Aloha Monday Night, D10. Will write an article for the Forum. He encourages people to write book reports.

Judy, Mt. Pleasant, D17. Took extra labels and flyers for the photo contest. She wants to get copies of the book reports to share.

Golda, D5. We always read the Steps and the Traditions, but we don't read the Concepts. She will suggest to her group that they read a Concept a month during the opening readings.

Polly, Save Haven, D10. Will really talk up the SSM. Rotation of leadership will be on the agenda. Will suggest a writing workshop, inviting Pam.

Lydia, D11. Is taking two brochures back, Why Conference Approved Literature? And, Attracting and Cooperating.

Regis, Monday Night Miracles, D17. Conflict Resolution workshop empowered her to handle conflicts better. Photo contest is exciting. Delegate's report. Chosen Agenda Items.

Kory, D16. Delegate's report; talking about money and the spiritual aspect; photo contest; continuing with bookmarks, Conflict Resolution very helpful; SSM. Came to get fund raising ideas and got some. \$263 it takes for WSO to support each meeting and we need to give that back.

Kevin, D7. It's a struggle to get people to serve above group level. The district sent a survey asking about the reasons. If you want a copy, send a request to Tama.

Deanna M., D10 DR. Thankful for learning about using a consensus versus a motion.

12:00 pm Closing with Al-Anon Declaration

Respectfully submitted,

Mary Lynn J. Oregon Area Secretary Panel 56

MOTIONS

Motion #1: I move we keep the Area Budget as it was approved in November. Presented by: Judy J. Second by: David H. Voting GRs: 56YES: 29NO: 17ABSTAIN: 10MOTION PASSEDTHIS IS A ONE-TIME MOTION.