

Approved

Oregon Area Assembly  
November 17-18, 2018  
Seven Feathers Casino and Resort  
146 Chief Miwaleta Lane Canyonville, OR97417  
Host District 13

**8:30am**

**Serenity Prayer, Welcome:** Chair, Bunny G.

**Traditions:** Betty, District 13

**Concepts and Warranties:** Kristie, District 13

**Name Badges:** Sue B., Alternate Delegate. New bags have been purchased for name badges. The bags for each district are a different color. Please be careful handling the bags. You may keep your name badge, but put holder back in the bag.

**Microphone and Voting Statement:** Chair, Bunny G Read from page 42 of the Service Manual regarding picture taking. She reviewed the contents of the baskets. There are to be no side conversations; make use of the note pads. There is to be only one trip to the mic on each topic. At roll call DRs are to introduce new GRs. White badges are for visitors who have no voice and no vote.

**Housekeeping:** Linda C., D13 DR.

**Roll Call & Review of Minutes:** Secretary, Mary Lynn J. Absences: Elaine, D8 DR; Excused: Mary W., D9 DR; Lydia S., D11 DR; Jan D., Archives Coordinator; Susanne P., Technical Coordinator. There was a motion and a second to accept the minutes of the July 2018 Assembly. Motion passed.

**Treasurer's Report:** Treasurer, Dawn K. Thanks for opportunity to serve as your Treasurer. Thanks for the trust you have placed in me. Envelopes that are usually provided to groups preaddressed with the Treasurer's address will be delayed since there will be a new treasurer. The envelopes will probably be available tomorrow morning. Printed copies of the Treasurer's Report are available. Because of the budget controversy last year, Dawn pointed out that as we come to the close of the year, Income Line 10, Revenue is \$8,000. Total expenses, Line 69, were predicted to be \$36,000. At this point, expenses have been only \$20,500. Line 72 Surplus, is showing \$12,000. Any amount higher than budgeted needs to be approved. **Question:** How has money been spent that was contributed specifically for bus campaign? **Answer:** Contributions are not earmarked but go into the General Fund.

**Group Services Action Committee:** Joanne C., Chair. Bookmarks on Links of Service were made by the Group Services Actions Committee to be distributed.

**Fellowship Communication Action Committee Announcement:** Judy J., Fellowship Communication Action Committee Chair. The Bookmark Challenge will be ending. Turn in bookmarks for drawing to be held this weekend.

**Delegate's Report:** Cindy E., Area Delegate. Three years seems like a long time; I focused on one day at a time. Al-Anon has been going strong for 66 years. A Past Delegate from Alaska told me I can't break Al-Anon. When I get fearful or see things as challenging, I remember we can't break this program. There are problem areas that I see. That is my opinion. My job is to articulate what I see and hear that is going on in our worldwide fellowship. I try to have details to corroborate. There have been big controversies, such as buying property. The fellowship worked through it by trusting in Higher Power and came to

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consensus. The collective wisdom of Lois and Anne and 58 panels of delegates have kept Al-Anon alive. Today we will be electing Panel 59. In 1960 panels began. We were led through with wisdom, knowledge, concepts and trusting Higher Power. In groups I've noticed dominance and some cliques. I learned it was me keeping myself in a corner. My responsibility was to open up and join you. It has taken three conferences to get to know and talk with trustees. If you've been in Al-Anon 10 years, you can be a trustee at large. If you've been a Past Delegate, you can be regional trustee. When we have questions, we can go to our trustee. When my grandchildren walk into Al-Anon, it can still be the Al-Anon that I came to. I see dominance at the World Service Conference. Al-Anon is supposed to be the safest place, but there can be bumps. I have learned that when there are bumps I must look at my part. I want to talk about what's going on worldwide. We have 15 active districts. We have 12 DRs. At district, how many have at least 75% of groups represented? By a show of hands, 4 districts affirmed they did. There are 67 delegates. The delegate brings World Service information to DRs who bring that information to GRs who pass it on to groups. You have the ultimate authority and responsibility for Al-Anon. Area Highlights at Conference is for sharing good and not so good from Areas. We focus on commonality, one of which is groups with no GRs. I was told early in my program that complacency is standing still. Many members think their group is Al-Anon. If we don't have a GR, we need to have someone who is willing. Offer to help them. We need to say, "Would you be delegate?" I'll help you. I have received help from Past Delegates and delegates all over the country. I think we are crumbling. I don't think groups are giving delegates, trustees, WSO our input. We need to talk. Write WSO. Let them know your frustrations and issues. That's what I've been doing with trustees. There are only 2 areas that delegates have input, Area Highlights and Chosen Agenda Items. We didn't have enough time to talk about CAIs because questions are combined. I don't want them combined. Two of the CAIs will be chosen by delegates and three by trustees. I think delegates should be telling them and we need more than 60 or 90 minutes. I've tried to give impact of what I learned. We cannot continue to fund WSO with literature sales. We are not being self-supporting when we lean on something other than members contributions. Money is really tight for some of us, but some have more. We can give a little more. If we stay in the mindset that all we have to do is put the \$1, we will not survive. Each group receives \$283 in services from WSO. Groups gave an average of \$146, half of what is spent on us. If you don't like services your group is receiving, write WSO and let them know what you like and give more and what you don't by giving less. Look at the wording we are using in our literature. In M44, the words "drug abuser" were removed. Conversations are not happening on group level, only on trustee level. Get involved. The Chairman Of the Board letter said the finalized "Just for Tonight" bookmark will be available. The delegate and literature coordinator will be notified when it is released. The Trustees have changed the Mission Statement. Now they have core values and core goals. They are not clearly defined. I will be sending out COB letter to AWSC. What do you think? My gratitude for you is immeasurable. I was scared to let you know who I was. I had to trust my Higher Power, trust my sponsor, and trust all of you. I can say every one of you is safe. I have our new book, *Intimacy in Alcoholic Relationships*, that I will start with page 1 because I still keep me away from you, because I'm still afraid that the more you see of me the less you will like me. Everyone of you has hugged, thanked me, and said it'll be ok.

**Action Committee Motion:** Mary Lynn J. In a continuing discussion that has gone on for several Assemblies and AWSC meetings, at the October AWSC meeting a recommendation was made to present a motion to the Assembly discontinuing Action Committees for a trial period. There was discussion relevant to how the cost would affect the budget, to the fear that all members might not feel as involved. Workshops this year were good. Members stated they like learning.

**Motion #1:** To discontinue Action Committees, to be replaced with workshops for a trial period of three years. Made by Mary Lynn J. and second by Tama S., Voting GRs: 68. 62 Yes. 2 No. 3 Abstain. Motion passed. This motion is ongoing for a period of three years.

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**Announcement:** Cindy E., Delegate. Jan Masterson, Area Delegate Panel 20, passed away. Cindy read a letter from WSO, expressing sympathy. She will pass on more information from Jan's sons about her Celebration of Life.

Cindy has 20 Love Gifts left from WSC and encouraged members to take them to their groups.

**Budget:** Barb B., Chair Audit-Budget Committee. Revenue: \$17,000. We are hopeful that contributions will increase. Assembly Registrations, again hopeful for increase. Cash Carried Forward is what is in the bank account at the end of each year. Line 11. Estimated Travel Fund. WSO funds all delegates. The grand total is divided by the number of delegates. Oregon sends the full amount. An extra day is allotted for time delegate needs to travel. It is less because it's in VA Beach. 2019 North West Regional Delegates Meeting will be in Anchorage, Alaska. There were proposals to change Lines 22-24, or, put in a figure for each Assembly. March \$500; July \$2000. November. \$1500. AWSC Rent is for all 3 AWSC meetings. \$400. There was discussion about budget for workshops vs Action Committees in the budget. It was requested that we add a line item for a donation of \$400 to WSO. We will be voting on the budget on Sunday.

**Trusted Servant Profile:** Sue B., Alternate Delegate. Everyone standing for a position should have a Trusted Servant Profile completed. Time will be given for anyone who has not completed one to do so, so you can be prepared to stand for a position. 10 minutes of quiet time will be allowed to fill out the Trusted Servant Profile.

Chair, Bunny G.: In November 2015, a motion was made, "Motion from that Assembly regarding leaving the room, or not." My question to AWSC was how do we do this? After much discussion, we would like to bring this back up again. Some areas have members send in resumes in advance, but we do not because someone may be nudged on the spot. She read from Concept Nine, page 195, "As the GRs meet in their Assemblies to name a Delegate, an even greater degree of care and dedication will be required." That's why we have discussion about candidates. At job interviews, discussions about your qualifications are not discussed with you in the room. Enthusiasm, commitment and willingness to stand. We would like to rescind the motion for this Assembly and let the next panel work it out. Linda C was one of the originators of the motion. She was asked to explain how this could be done. Linda was in favor of rescinding.

**Motion #2.** To rescind the motion from November 2015 for this Assembly so that persons standing for office will leave the room for discussion. Motion by Roxanne G., Second by Joan F. 63 Voting GRs. 57 Yes. 6 No. 0 Abstain. Motion passed.

Bunny directed the Assembly to Pages 151 and 152 in the Service Manual. Election for Delegate procedure in the Service Manual will be followed for all officers. Page 153, #8 gives two choices for the procedure if no one is elected after several votes have been taken. The AWSC recommended a final majority vote. We need to have a vote of acceptance for the selected procedure. By a show of hands, it was voted to accept the procedure.

**Lunch 11:45 to 1:15**

**Serenity Prayer**

Before elections began, Bunny read from the Conflict Resolution Flip Card: Principles Above Personalities.

**Delegate:** Substantial unanimity required for this position. Four were willing: Mary Lynn J., Katie W., Donelda H., and Dawn B. After the first vote Donelda and Dawn withdrew. After two additional votes,

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there was no substantial unanimity between Katie W. and Mary Lynn J. Mary Lynn withdrew. Katie W. is new Delegate.

**Alternate Delegate:** Substantial unanimity required. Joanne C., Donelda H., and Mary Lynn J. were willing. By substantial unanimity, Mary Lynn is Alternate Delegate

**Chairman:** Substantial unanimity required. Dawn K. and Cindy E. stood. Dawn received substantial unanimity.

**Secretary:** No one willing to stand at this time. On second attempt, Deanna M. stood. Substantial unanimity required. A ballot vote was taken and Deanna received substantial unanimity to become Secretary.

**Treasurer:** Substantial unanimity required. Barb B. was willing. A ballot was taken with Barb B. being confirmed as Treasurer.

**Area Alateen Process Person (AAPP):** Tabled until Sunday morning. AAPP position was made an officer position because it was the only coordinator position requiring being or having been a District Representative as a requirement. A suggestion was made to open this position to those who have not served as DR.

All Coordinator positions require simple majority.

**Alateen Coordinator:** No one willing.

**Archives:** Tama S. was willing Simple majority ballot vote taken with selection of Tama S. as Archives Coordinator.

**Communicator Editor:** Maria M. was willing. Simple majority ballot vote was taken with selection of Maria M. as Communicator Editor.

**Forum Coordinator:** Donelda H. and Emma H. were willing. A simple majority ballot vote was taken with selection of Emma H. as Forum Coordinator.

**Group Records Coordinator:** Sue B. and Joanne C. were willing. A simple majority ballot vote was taken with Joanne C. selected as Group Records Coordinator

**Cooperating with the Professional Community (CPC) Coordinator:** Joan F. was willing. A simple majority ballot vote was taken, confirming the selection of Joan F. as CPC Coordinator.

**Literature Coordinator:** Brenda G., Jaime J., and Jody N. were willing. A simple majority ballot vote was taken with Jamie J. selected as Literature Coordinator.

**Public Information Coordinator:** Dawn B. was willing. A simple majority ballot vote was taken confirming Dawn B. as Public Information Coordinator.

**Website Coordinator:** No one willing.

**Technology Coordinator:** Jody N. was willing. A simple majority ballot vote was taken with Jody N. selected as Technology Coordinator.

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**Oregon Alateen Conference:** Linda S., Alateen Coordinator gave the 2018 Alateen and OAC report. Being Alateen Coordinator has been a wonderful ride. Look at OR Alateen: we began with 74 AMIAS; now have 69 AMIAS, with 17 Active Alateen Meetings. There are four more meetings coming soon, with one in a Portland school, an institution in Medford, one in Salem for homeless teens; Klamath Falls is starting a meeting there. Oregon Alateen Conference thanks you for donations. 45 teens attended, which was down a little. 17 sponsors attended. We accommodate teens that need help with scholarships. The theme was Imperfection over Perfection. Three fundraisers were held. We are ending with \$6,799.00, which is a little more than we started with. DJ was elected 2018/2019 chair. Recovery is a Journey is theme of 2019 OAC. There will be Alateen training tonight at 7:30 in this room.

**Book Report:** Maria M., reported on *As We Understood*.

**November 2019 Assembly Host Bid:** Bunny G., Chair, announced that we need District Reps to be ready to bid on hosting the November 2019 Area Assembly..

**State Speakers' Meeting:** Susan B., 2019 SSM Chair. Hamlin Middle School in Springfield has been secured as the site for the SSM. It is close to places to stay. Starting in January online registration and payment will be available. Raffle items available as well as items for sale. District 6 presented SSM a check. District 7 presented a check for \$600.12. Several group donations were also presented.

**Forum Give-a-Way:** Pam M., Forum Coordinator drew numbers that corresponded to registration numbers to award ten group Forum subscriptions.

District 4	Tuesday Noon Serenity	501367
District 5	Central Oregon AFG	11915
District 5	Bend Sunday Evening AFG	11776
District 6	River Road Recovery	504139
District 6	Thursday Night Literature Study	30578979
District 13	Tuesday Brown Bag AFG	30505689
District 13	Chrysalis	40790
District 13	Easy Doers	11917
District 14	Saturday Sunrise	30555873
District 17	Set Free	27850

**Elections:** Elections for AAPP, Alateen Coordinator and Website Coordinator will be open again on Sunday.

**Public Outreach Action Committee:** Katie W., Chair. Al-Anon Faces Alcoholism available for groups to take home. 300 of them are Spanish.

**Sharing Meeting:** Linda C., D13 DR announced there would be a Sharing Meeting at 6:30, followed with games at 7:30.

**Close at 4:55.**

**Sunday 8:30**

**Welcome, Serenity Prayer:** Bunny G., Chair

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**Traditions:** Susan, District 6

**Roll Call:** Secretary, Mary Lynn J.

**Elections, Continued:**

**Area Alateen Process Person (AAPP):** Open to any AWSC Member who is currently an AMIAS. Kathy K. and Loretta P. were willing. Substantial Unanimity required for this position. Kathy K. received substantial unanimity and will serve as the AAPP.

**Alateen Coordinator:** No one stood for this position.

**Website Coordinator:** No one stood for this position.

Members were encouraged to go back to their groups to let other members know that there are open positions for Alateen and Website Coordinators. Coordinator Positions are open to all members.

**Membership Outreach Action Committee Photo Contest:** Regis P., Membership Outreach Chair, announced winners of the photo contest while displaying winners' photos on the screen. An Al-Anon book was awarded to the First Place winners in each category.

Category	First Place	Second Place	Third Place
Bldgs, Structures, Transportation	Tama S., D-7	Sherry H., D-10	Tama S., D7
Close-Up/Micro	Paula F., D-6	Tama S., D-7 Polly M., D-10 Maura K., D-17	
Floral/Plants	Parlan B., D-10	Paula F., D-6 Sherry H., D-10 Sherry H., D-10	
Journey to Serenity	Tama S., D-7	Carol T., D-6	Jazmin G., D-10 & 17 Kerry E., D-17
Panorama Landscapes	Margaret P., D-16	Margaret P., D-16	Carol T., D-6
People	Sidney H., D-5	Sherry H., D-10 Sherry H., D-10	
Pets	Sherry H., D-10	Golda C., D-5	Courtney R., D-4
Scenic	Cynthia N., D12	Tama S., D-7	Tama S., D-7
Wildlife	Paula F., D-6	Sherry H., D-10	Sherry H., D-10

**David, GR, District 6,** Friendly Al-Anon, talked about the incredible photos submitted in contest. Great themes about Al-Anon serenity and peace. Regis was asked to send photos to WSO for the Forum.

**Portland Bus Campaign:** Deanna M., D10 DR. The Portland Metro Bus Campaign collected about \$12,000 in 2017. \$7000 was used in 2017 for the campaign leaving \$5000 for a campaign in 2018. The

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campaign of 14 buses started July 1st and was to run for 8 weeks. As of Nov 15th there were still 13 of the buses with the Al-Anon squiggly road sign on them.

**Audit Budget Report:** Barb B., Chair. The Committee met in September to put the budget together. They audited Oregon Alateen Conference (OAC) books for 2017 and Oregon Area for 3<sup>rd</sup> Quarter. In all cases, everything was fine.

**Ask-It-Basket:** Judy J., PD P 41.

**Question #1:** Why not limit Assemblies to March and November so all districts can send more reps?

**Answer:** This is not really an AIB question. This should be brought up through the links of service.

**Question #2:** Voting – If a GR is not present to vote, the vote is considered a “No” vote. Oregon Area is taking the right to vote for a GR. Those GRs that vote are counted. This looks like stuffing the ballot box to push or not push motions, to pass or not pass. Is there a way to correct this? Everyone’s votes count, but if the GR is not present that is basically taking that vote of the GR an assumption is being done.

**Answer:** If the GR or Alternate GR cannot attend, it is suggested that the group send someone else in the group so every group can be represented. The vote is based on the number of voting GRs, the number that are present in the room for the voting. Groups should remember their first priority is to pay rent and send GR to Assembly. Groups can have fundraising if they do not have enough through contributions to do this.

**2019 Budget Approval:** Barb B., Audit/Budget Chair. The changes suggested during the Budget Presentation were made. A Line Item was added for \$400 as contribution to WSO. An updated version of the budget will be sent out to AWSC. Sue suggested we put a policy as motion for a percentage of overage rather than a set amount as contribution to World Service. Nancy, D2, asked if this is standard operating procedure? Sue said her rationale is the groups are sending us money to do things; groups should be sending money to WSO. GRs can make a decision in November based on overage. Kathy K., as principle, we should have an amount in the budget. At the end of the year, we can decide if we want to change that. Show of hands to keep \$400 in budget for this year. No line item in budget for 2019. In February we will have motion to make a policy to give to WSO out of abundance at the end of each year.

**MOTION #3:** To accept 2019 Budget as presented. By Judy J., Second, Sue B. 59 Total GR Votes. 59 Yes votes. 0 No votes. 0 Abstain. Motion passed.

**February AWSC Update:** Bunny G., Chair, reminded members that every member is invited to attend AWSC meetings with no voice and no vote.

*Final on Alateen Safety Guidelines.* Thought Force and Task Force worked on the Safety Guidelines.

They were approved by AWSC and forwarded to an attorney for review. After small revision suggested by the attorney, they were sent to WSO for final approval. We should be hearing from WSO soon.

*Group Records Procedure:* Thought Force was appointed. Their recommendation is to make no changes to Oregon Area procedure.

*Event Planning Committee:* Thought Force and Task Force is still working on whether this is a need for the area..

*Handbook:* Suggested Sec IX in Handbook for miscellaneous procedures. Completed PDF version.

*NWRDM:* In prior years, a name of all eligible Past Delegates was drawn from a hat. A change was voted on to splitting the funds allotted between all eligible Past Delegates interested in attending..

**2019 November Assembly Bid:** Nancy P., District 14, Klamath Falls will host the November Assembly.

**Action Committee Chairs Final Reports**

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Final Reports on what each Action Committee had accomplished during Panel 56. See “Reports” at the end of the minutes. Reports were given by each of the Action Committee Chairs:

Katie W., Public Outreach Action Committee

Judy J., Fellowship Communication Action Committee

Joanne C., Group Services Action Committee

Regis P., Membership Outreach Action Committee

**Ample Reserve Workshop:** Dawn K, Treasurer. Envelopes are ready with Barb B’s address in preparation for 2019. Prudent means stingy. Ample means abundance. Concept 12, Warranty 1. “Sufficient operating funds, including an ample reserve should be its prudent financial principle.” We run finances prudently, but we have ample reserves. Service Manual p. 213 and WSO Guideline G-41, Reserve Fund Guideline, address this. In 1970 the Board of Trustees formally established the Reserve Fund. One year’s operating expenses was the ample reserves. Oregon Area uses one-third of its annual expenses from the previous year as ample reserve. WSO has a separate account for reserve fund. We do not. It doesn’t mean that we cannot spend that money. We went below ample reserve by spending into that this year. We got close to where we would not have our full reserve and had to ask groups for additional funds. We don’t have a clear way to predict what our income will be. As a group, district, area, you need to know what your expenses are over a time period. There is a priority of expenses, rent, literature, sending GRs to assembly. It becomes important to analyze expenses, averaging what it costs to send your GR to assembly. A group should take a Group Conscience to determine how long you want to sustain in case your group contributions are low. Income less expenses less ample reserve equals the amount left over for contributions. Service Manual, P56, sets a priority that GRs are getting to District and Area Meetings. OAH, Sec IV, page 9, lists priorities. See Page 158 in the Service Manual on Finances.

**78 Total Attendance; 69 Voting GRs  
\$740 in contributions**

**MOTION #4.** To send an amount of \$500 to WSO from Oregon Area’s available cash out of 2018 funds.. Made by Sue B., Second by Judy J. 59 Voting GRs. 56 YES. 2 NO. 1 ABSTAIN. Motion passed.

**Bookmark Challenge.** Fellowship Communication issued a Bookmark Challenge to encourage groups to chair meetings using various pieces of Conference Approved Literature. Each time a group used CAL from the bookmark, it entitled the group to turn in a bookmark for a drawing. 16 groups turned in 33 bookmarks. 3 groups had 4 or more bookmarks. A basket of Conference Approved Literature was won by Love, Gifts and Gratitude AFG, District 10. All groups that turned in bookmarks received a piece of CAL.

**State Speakers Raffle.** Silver Bracelet: Linda C.; Bag of Goodies: Tea Set: Rachel.; A Silent Auction for *First Steps* was won by Katie W. \$148 from the 50/50 raffle was divided between the State Speakers Meeting and Darlene G., D-17. \$1,918 was received from groups yesterday.

**Thanks to Cindy E., Panel 56 Delegate.** Sue B., Alternate Delegate, presented a gift basket to Cindy on behalf of the Assembly. Cindy expressed her thanks to everyone, saying, “It’s very scary to step out for a position. I like to sit in the back where no one is looking. Higher Power has given me courage to step a little bit forward. I kept every card from every group and read your cards when I am feeling low.”

**Oregon Area Handbooks:** Sue said handbooks are available for new AWSC members.

**Dates to Remember:**



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February 16, 2019, AWSC Meeting hosted by District 10 at Tualatin United Methodist Church, 20200 SW Martinazzi Avenue, Tualatin

March 15-17, 2019, Oregon Area Assembly hosted by District 7 at Phoenix High School, 745 N Rose Street, Phoenix, OR

May 17-19, 2019, Oregon Area Al-Anon 2019 State Speakers Meeting, hosted by District 6 at Hamlin Middle School, 326 Centennial Blvd., Springfield, OR

June 15, 2019, AWSC Meeting hosted by District 10 at Tualatin United Methodist Church, 20200 SW Martinazzi Avenue, Tualatin

July 20-21, 2019, Oregon Area Assembly hosted by District 17, location to be announced.

October 12, 2019 AWSC Meeting hosted by District 6, Eugene/Springfield area, location to be announced

November 16-17, 2019, Oregon Area Assembly hosted by District 14, Klamath Falls

**What are you taking back to your group? How are you feeling about the last 3 years?** An opportunity was given for attendees to share.

Tama, DR 7; I never expected to be DR. I would never have stood, but would never give it up. This panel was the first one that has made sense to me. Thanks to everyone who participated this last 3 years.

Roberta, D7; I have been coming for 19 years. I enjoy seeing longtimers. Their Experience, Strength and Hope is so powerful. I enjoy doing any little job in groups, districts, area. Keep Coming back.

Jan, D17. I still feel like a newcomer after three years. As soon as I started coming to Al-Anon, I was asked to be GR. I am committed to Al-Anon service. Maybe I'll get to come back.

Kathy K., D10. This is my first time participating in a full panel. I would like to do a Step Study for group maybe before meeting. Email list for group. Manual study before district meeting. Ideas for workshop on group health. Instead of weekly contribution, I can give one contribution per month, so if I miss a meeting, I'll still contribute to my group.

Lynn, D11. I filled in for the final year. It was quite an amazing growth experience. I attended 2 assemblies. There were periods where I can't sit any longer. Seeing how this functions, is an exciting experience. I can take back how to divide our finances from what we learned today. Little business details that were question marks have been filled in. I offered to be Alternate GR. Thanks.

Jodie, D17. This was a really good assembly. When I first came in I was perturbed. You are my role models of how not to be perturbed. Learned principles above personalities. I appreciate all of my examples. What I heard is the links of service are our voice. Because things are changing, we need to look at those things, such as wording. Changes are inevitable, but change for me is hard. I drop things, and I have a service sponsor now and I'll be back.

Linda, D13 DR: Thanks to Bunny for stepping in to take someone else's turn.

Roxanne, D2: I usually take back business, but I want to remember to take back how it feels to be in this room. If we remember to take back how it feels, we might get more participation.

Jill, D17: I was GR when Bunny was Delegate. Organization is fabulous. Baskets, green sheet on voting. New faces, old faces. New energy. Excited about new panel.

Judy, D17. I got to vote and I was so excited. The group I represented will be upset because I have so much information. I will share something each week, even stupid jokes. On the ride up everybody listened to me because they were confined to the car.

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Gayle, D10. I am a grateful member for how much I learned. It is time for me to step back temporarily from service at this level. I am sad because my group has no GR. I made great friends. I learned about the Links of Service and how important it is to have someone attend District and Area meetings.

Dawn K., Thanks to all GRs who attend, whether first or 21<sup>st</sup>.

Maria, D10: Cindy's report about price comparison, Trusted Servant Profile. Action Committee, sad that it is going away, but excited by workshops. Taking Spanish literature back to groups. Bookmark. Excited to be next Communicator editor. Send me information.

Kristie, D13. I am an incoming GR, New opportunity. Thank you for showing me how safe it can be in a group. Saw conflict and how it can work, good and bad. Thanks for example.

### **12:00 Close with the Al-Anon Declaration.**

Respectfully submitted,

Mary Lynn J.  
Panel 56 Area Secretary

### **MOTIONS:**

**Motion #1:** To discontinue Action Committees, to be replaced with workshops for a trial period of three years. Made by Mary Lynn J. and second by Tama S., Voting GRs: 68. 62 Yes. 2 No. 3 Abstain. Motion passed. This motion is ongoing for a period of three years.

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### **ASK-IT-BASKET QUESTIONS**

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**Oregon Area Al-Anon Family Groups**  
**Expense & Income vs. Annual Budget**  
 January 1 through November 10, 2018

			Jan 1 - Nov 10, 18	Budget	\$ Over Budget
1	<b>Income</b>				
2	<b>Revenue</b>				
3		Group Contributions	\$ 16,718.12	\$ 16,000.00	\$ 718.12
4		Assembly Registrations	\$ 1,429.00	\$ 2,000.00	\$ (571.00)
5		State Speaker Meeting	\$ 7,608.57	\$ 3,500.00	\$ 4,108.57
6		Advances	\$ 1,500.00	\$ 1,500.00	\$ -
7		Miscellaneous	\$ 243.55	\$ -	\$ 243.55
8		Cash Carried Forward	\$ 15,131.62	\$ 11,246.00	\$ 3,885.62
9		AMIAS Expense Reimbursement	\$ 366.75	\$ -	\$ 366.75
10		<b>Total Revenue</b>	\$ 42,997.61	\$ 34,246.00	\$ 8,751.61
11		<b>Total Income</b>	\$ 42,997.61	\$ 34,246.00	\$ 8,751.61
12	<b>Expense</b>				
13	<b>Delegate Fund</b>				
14		WSO ETF	\$ 2,443.00	\$ 2,443.00	\$ -
15		Extra Day	\$ 157.59	\$ 300.00	\$ (142.41)
16		Delegate Meeting	\$ 911.93	\$ 911.93	\$ -
17		Delegate Travel	\$ 670.86	\$ 1,000.00	\$ (329.14)
18		Delegate Miscellaneous	\$ 655.86	\$ 700.00	\$ (44.14)
19		<b>Total Delegate Fund</b>	\$ 4,839.24	\$ 5,354.93	\$ (515.69)
20	<b>Working Fund Expense</b>				
21		Archive Rent	\$ 456.00	\$ 456.00	\$ -
22		Area Travel Fund	\$ 1,247.83	\$ 3,000.00	\$ (1,752.17)
23		Communicator	\$ 170.40	\$ 200.00	\$ (29.60)
24		SSM Advance	\$ 1,500.00	\$ 1,500.00	\$ -
25		Assembly/AWSC Rent	\$ 2,689.48	\$ 3,000.00	\$ (310.52)
26		Insurance	\$ 1,591.00	\$ 1,700.00	\$ (109.00)
27		<b>Total Working Fund Expense</b>	\$ 7,654.71	\$ 9,856.00	\$ (2,201.29)
28	<b>Assembly Allowance/Meal/Lodging</b>				
29		Officers	\$ 1,627.73	\$ 3,000.00	\$ (1,372.27)
30		Audit/Budget	\$ 442.88	\$ 1,200.00	\$ (757.12)
31		Coordinators	\$ 2,123.46	\$ 3,500.00	\$ (1,376.54)
32		Past Delegates	\$ 12.99	\$ 300.00	\$ (287.01)
33		<b>Total Assembly Allowance/Meal/Lodging</b>	\$ 4,207.06	\$ 8,000.00	\$ (3,792.94)
34	<b>Officers Expenses</b>				
35		Alternate Delegate	\$ 32.40	\$ 75.00	\$ (42.60)
36		Chairperson	\$ 369.10	\$ 400.00	\$ (30.90)
37		Secretary	\$ 23.81	\$ 50.00	\$ (26.19)
38		Treasurer	\$ -	\$ 200.00	\$ (200.00)
39		AAPP Expenses	\$ 128.95	\$ 128.95	\$ -
40		<b>Total Officers Expenses</b>	\$ 554.26	\$ 853.95	\$ (299.69)

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**Oregon Area Al-Anon Family Groups  
Expense & Income vs. Annual Budget**

January 1 through November 10, 2018

		Jan 1 - Nov 10, 18	Budget	\$ Over Budget
41	<b>Assembly Expenses</b>			
42	Assembly Workshops	\$ 83.89	\$ 83.89	\$ -
43	Business Services A.C.	\$ -	\$ 50.00	\$ (50.00)
44	Membership Outreach A.C.	\$ 388.08	\$ 500.00	\$ (111.92)
45	Group Services A.C.	\$ 158.04	\$ 300.00	\$ (141.96)
46	Fellowship Communication A.C.	\$ 440.92	\$ 700.00	\$ (259.08)
47	Public Outreach A.C.	\$ 543.47	\$ 8,000.00	\$ (7,456.53)
48	Audit Budget Extra Day + Exp	\$ 7.38	\$ 50.00	\$ (42.62)
49	<b>Total Assembly Expenses</b>	\$ 1,621.78	\$ 9,683.89	\$ (8,062.11)
50	<b>Coordinator and Other Expenses</b>			
51	Alateen Coordinator Expenses	\$ 156.00	\$ 400.00	\$ (244.00)
52	Archives	\$ -	\$ 75.00	\$ (75.00)
53	CPC	\$ -	\$ 50.00	\$ (50.00)
54	Forum	\$ -	\$ 80.00	\$ (80.00)
55	Group Records	\$ -	\$ 50.00	\$ (50.00)
56	Literature	\$ 41.14	\$ 75.00	\$ (33.86)
57	Public Information	\$ 70.00	\$ 150.00	\$ (80.00)
58	Web Coordinator	\$ 145.51	\$ 200.00	\$ (54.49)
59	<b>Total Coordinator and Other Expenses</b>	\$ 412.65	\$ 1,080.00	\$ (667.35)
60	<b>Delegate Meeting</b>			
61	Past Delegates	\$ 836.30	\$ 836.30	\$ -
62	<b>Total Delegate Meeting</b>	\$ 836.30	\$ 836.30	\$ -
63	<b>Other</b>			
64	Contingency Fund	\$ -	\$ 788.93	\$ (788.93)
65	Equipment Supplies	\$ 86.23	\$ 300.00	\$ (213.77)
66	Handbook Update	\$ -	\$ 150.00	\$ (150.00)
67	AMIAS Background check fee expenses	\$ 326.00	\$ -	\$ 326.00
68	<b>Total Other</b>	\$ 412.23	\$ 1,238.93	\$ (826.70)
69	<b>Total Expense</b>	\$ 20,538.23	\$ 36,904.00	\$ (16,365.77)
70	Cash Balance as of 11/10/18	\$ 22,459.38	\$ (2,658.00)	\$ 25,117.38
71	Ample Reserve	\$ 10,000.00	\$ 10,000.00	\$ -
72	<b>Available Cash as of 11/10/18</b>	\$ 12,459.38	\$ (12,658.00)	\$ 25,117.38

Approved

### Delegate's Report

Al-Anon has been going strong for 66 years! 66! It has worked through issues like not allowing change in the pronouns in our steps and traditions; creating and asking members to obey the unenforceable by using only CAL; keeping service positions above the group level for solely Al-Anon members, asking members of AA to respect our program policies and we worked through the controversy of purchasing a building for our WSO. I came in at the tail end of that controversy. For those of you that don't know about it, it was tumultuous at best with fears of Al-Anon breaking. We didn't.

The collective wisdom of Lois, Anne and the 58 panels of Delegates working with the Trustees and the WSO staff have walked through and led us into today with wisdom, knowledge, our Concepts of Service and trust of our Higher Powers.

The Delegates job is to articulate things happening at Conference and to keep the Area informed of topics being discussed at the WSO. I've raised some concerns I have this year. In our groups, haven't we noticed dominance and clichés at some time? In our Districts? I know I've noticed it. I had to learn what part of that was mine? In our Districts, sometimes we do have dominance. Sometimes it's hard to let go of "the way its always been done", I know I had to learn. Sometimes its hard to discern between what is new and what is not correct.

We have challenges in our groups, districts and Areas. Most Areas are having the same challenges.

There are Groups with dominance – how do we help? We have Districts with dominance – how do we help? Area? My opinion is and I hope most of you have understood my reports this year have been MY opinion. My opinion is that our WSC is having dominance and clichés in its leadership. How do we help?

After Conference, I could come back and give you the World Service Office treasurer's report, the programs report, the international report and facts and figures. I didn't choose to do that. I wanted to give you the impact of what I learned at Conference. The treasurer's report impact is: we cannot continue to fund our World Service Office with literature purchasing. We did that for years, but it isn't enough anymore. We are not being self-supporting in our groups mostly because we can't get past giving \$1.00 per meeting. We are not being self-supporting funding our WSO – they are having to take money out of the reserves most years and that keeps our reserve below our recommend level. Currently we have 10 months and our goal has been 1 year.

The programs report impact is: Public Outreach has become a new and different aspect of Al-Anon by using faces in our tools because research shows it attracts more people, whereas in the past no faces were shown to provide anonymity. Public Outreach is having to look at our language and how it is not syncing with the health and recovery communities. Public Outreach has changed the focus of our Forum from being "a meeting in our pocket" to looking like Better Homes & Garden or Popular Science or other magazines we might have on our coffee tables. The impact of programs is: Looking at our literature and seeing if we don't need to change some of it because of challenges our program is facing today because people are looking at spirituality vs the wording used originally back in the 40's, 50's and 60's. The impact of programs is that in many Areas, members of other color, race, religion and gender feel unwanted in Al-Anon. Impact is that more of our groups feel the Tradition of autonomy means we don't have to "obey the unenforceable" that we have understood for decades.

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The International report impact is: that the vision our Trustees created “that anyone, anywhere” means we are leading and assisting any country to create an Al-Anon General Service Office. Al-Anon is now truly a worldwide program with groups in 38 countries other than the US, Canada, Puerto Rico and Bermuda meetings. The Trustees have decided we are a tri-lingual program, English, Spanish and French. This means we have to make changes in releasing new literature – that no literature will be released unless it has been translated into Spanish and French first. The impact is: we are adding to our budget because we need to have “professional” translators at Conference to help visitors understand more and that more staff is needed at the office to keep up translating the current literature being released as well as the backlog of 20% of our literature.

I believe in our 3 A's. 1<sup>st</sup>, I've become aware that what I witness is valid. I accept that what I see is not seen by everyone, I do see clichés and dominance in our Trustees. I can share what I see as long as I keep it in the “I”. Some other Delegates are also concerned. This brings me to action.

My reports and District meetings reports I've attended have been focused on this step, action.

- 1) I want Oregon Area to be aware of what I see
- 2) I want Oregon to discern for themselves how they feel about the information I bring back
- 3) I invite anyone and everyone to join me in deciding what action is needed

Due to specific actual actions and comments from the Trustees and WSO staff, I've invited everyone to write the Trustees and WSO and ask them questions. Share your concerns. Let them be aware we care!

One of my concerns is: The only part of the World Service Conference Delegates have influence on is the Area Highlights and the Chosen Agenda Items. Area Highlights are on Monday at the end of the day. We are given 90 minutes to have 67 Delegates share with each other – it goes really fast and what I got from it was the names of people I wanted to talk to more about their E,S&H on different topics. The Chosen Agenda Items are submitted by Delegates. Delegates choose 5 they want discussed; 2 by the entire Conference, 3 that are discussed in 1 hour breakouts with about 20 delegates each. I thoroughly enjoyed bringing these up to you here at the Assembly and letting you give me your voice to share. The Chosen Agenda Items are where Delegates can share problems or concerns they have in their Areas. To me, this is where the Conference should be spending most of its time – to discuss what is going on nationwide including Canada, Bermuda and Puerto Rico. This past year XX were submitted by XX Areas. The World Service Office Staff then combined like concerns and put them into XX items. When they asked for our input, we let them know we felt there were too many combined together to really be able to discuss any of them thoroughly. Most people got stuck on the first idea and never got to the 2nd, 3<sup>rd</sup>, etc.

The response to the Delegates regarding our feedback from the Executive Board which is made up of Trustees and the Executive Director of the WSO was to ask us to let the Trustees decide what topics to talk about and/or what Chosen Agenda Items Delegates will talk about, taking this task away from us completely. Several Delegates including myself are upset with this suggestion because the CAI's are the ONLY Area topics WE get to contribute to discuss at the Conference. Yes, Delegates get to read the Steps, Traditions and Concepts. We get to facilitate workshops on CAI's. We get to participate in Thought Forces and Task Forces. We don't get to have a say in how long we can discuss topics or what topics we can talk about other than the Highlights and CAI's. Now, they're asking us to relinquish that duty.

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On another note – I need to submit anything YOU want discussed by the WSC by 12/31/18. It is the last thing I do as a Delegate. Our next Delegate will be asked to work with other Delegates, WSC Staff and Trustees on who gets to pick what will be discussed at the Conference.

Our new Delegate will get to share their opinion and what they experience at Conference and the emails on AFG Connects. I am excited to hear their reports like I've never done before.

I believe we, each member in our groups, have become complacent and have come to believe Al-Anon is JUST, just our meetings we attend. This has allowed the inverted triangle of Groups having the ultimate responsibility and authority for Al-Anon services worldwide (Concept 1), to letting the Trustees and WSO Staff not only be delegated to have complete administrative and operational authority (Concept 2) but have the ultimate responsibility and authority of Al-Anon services too. In our Service Manual, on page 178, the second paragraph states, "... The Clearing House was designed to initiate those special services for Al-Anon as a whole that could not be performed by single groups and Areas. This included writing uniform literature, developing a sound public relations policy and handling large numbers of pleas for help. We hoped to encourage new groups to form and to furnish them with counsel based upon experience of older and already successful groups....." Almost every Area shares having some of the same problems and issues our groups, Districts and our Area is having. To me, this is where we need to ask for help in "handling large numbers of pleas for help". Instead, what I'm told when I call the Trustee assigned to me or write the WSO, I'm told, "no one else has this problem", "it's just our Area", "I need to read Concept 2, or 7 or 9 or....." or that "I have no business asking this question at Conference".

District Representatives – can I get all of you to stand? What percentage of Districts are represented here? Out of 15 Districts in Oregon Area, we have XX.

- How many have an incoming District Representative? Not an Alternate, but a DR?
- Stay standing if most of your positions are filled.
- Stand or stay standing if 75% of your registered groups have a Group Representative.
- Stand or stay standing if your District has 75% of its Group Reps attend most of your District meetings.
- How about attending our Assemblies?

OK, if anyone is still standing – can you say what you or your District is doing to achieve this? Why is this important? Is there anything you feel we can do?

Thank you, everyone take a seat.

This is one item that every Area shared about at lunch, dinner, before meetings, after meetings, during Area Highlights, in the Chosen Agenda Items. Why isn't the WSO letting us talk about this issue and helping us find solutions or at least ideas to try?

I support our Area becoming more informed and to actively work to keep Al-Anon, the program it was when I came in 21 years ago.

Thank you for supporting me in serving as your Delegate for the past 3 years. I pray I served you well.

Cindy E.

OR Delegate, Panel 56



Approved

## 2018 Alateen & OAC Report November 2018 Assembly

I can't believe that it has been 3 years since I first accepted the position of Oregon Alateen Coordinator. It has been a wonderful trip and I have enjoyed getting to know so many awesome people around the State of Oregon.

Here's a look at Oregon Alateen during the last 3 years.

At the beginning of 2016, we had 74 Certified AMIAS and 16 active Alateen meetings. As of this month, we have 69 Certified AMIAS and 17 active Alateen meetings. The great news is that I know that there are 4 more meetings that will be starting very soon. We have one in a School in the Portland area, an institutional meeting starting in the Medford Area, a meeting starting in January for the Salem Homeless teens, and Klamath Falls is working on getting an Alateen meeting started.

It always gives me great hope and I have great amount of gratitude when I can be a part of the new meetings and a part of Al-Anon reaching out to help the Alateens. My program has grown immensely by being a small part of the Alateen program.

What about OAC (Oregon Alateen Conference)?

To start, we are very grateful for your donations and support for OAC this year. 45 teens attended the conference, down just a few from last year which was a high, and 17 sponsors attended. We were able to accommodate the teens that needed ½ scholarships and full scholarships again this year because of the generous giving of the Al-Anon fellowship.

The OAC committee spent a year planning for the conference. Our theme this year was Imperfection Over Perfection, with the Rubik Cube as our symbol. We started the year with \$5,263, that was down from the year before. OAC collected donations (3,395), fundraisers (2,963) and registrations (5,125) totaling \$11,483. The expenditures to put on the event this year were \$9,855 (less than the year before). Our ending balance as of 09/30/18 is \$6,799. This is a little more that we started with. We will be discussing how much fundraising we will need to do this year.

There were workshops about Steps 1, 2 & 3, Acceptance, Self-Esteem, Higher Power, Recovery in School, Grief, and 3 workshops for the sponsors. We had 2 Alateens that aged out this year. We completed our traditional cinnamon roll (a giant hug in the shape of a cinnamon roll) to send them off with a sense of love, belonging, and well wishes from all of the teens at OAC. DJ was elected to be the 2018 OAC chairman. He had been the OAC co-chair for the previous 2 years.

It was a wonderful OAC to be a part of and Myzanne did a wonder job chairing the 2018 OAC with Luke G as the Chair Sponsor. DJ & I (yes, I volunteered to be the Chair sponsor) will be working hard to make 2019 a fabulous conference. Our theme this year will be, "Recovery is a journey".

I would like to say a huge thank you to all of you who helped me in learning so much about the Alateen program and helped me to have a voice for all Oregon Alateens.

We will be having an Alateen Training at 7:30 tonight, in this room, if you would like to learn more about Alateen, starting an Alateen meeting, or just want to know more.

Gratefully submitted,  
Linda S., Oregon Alateen Coordinator

Approved

## OREGON AREA AL-ANON 2019 PROPOSED BUDGET

Compared to 2018 Approved Budget [Increases in Bold; Decreases in Italics]

	Category	2019	2018	Increases &
		Budget	Budget	Decreases
<b>1</b>	<b>Revenue</b>			
2	Group Contributions	17,000.00	\$ 16,000.00	\$ <b>1,000.00</b>
3	Assembly Registrations	2,000.00	\$ 2,000.00	\$ -
4	State Speaker Meeting	3,500.00	\$ 3,500.00	\$ -
5	SSM Advance	1,500.00	\$ 1,500.00	\$ -
6	Cash Carried Forward	20,000.00	\$ 11,246.00	\$ <b>8,754.00</b>
7	<b>Total Revenue</b>	\$ 44,000.00	\$ 34,246.00	\$ <b>9,754.00</b>
8				
<b>9</b>	<b>Expenses</b>			
<b>10</b>	<b>Delegate Fund</b>			
11	WSO ETF	1,972.00	\$ 2,443.00	\$ (471.00)
12	Extra Day	200.00	\$ 300.00	\$ (100.00)
13	Delegate Meeting (NWRDM)	1000.00	\$ 800.00	\$ <b>200.00</b>
14	Delegate Travel	800.00	\$ 1,000.00	\$ (200.00)
15	Delegate Miscellaneous	500.00	\$ 700.00	\$ (200.00)
16	Sub-Total: Delegate Fund	\$ 4,472.00	\$ 5,243.00	\$ <b>(771.00)</b>
<b>17</b>	<b>Working Fund Expense</b>			
18	Archive Rent	1,000.00	\$ 456.00	\$ <b>544.00</b>
19	Area Travel Funds [ATF]	2,000.00	\$ 3,000.00	\$ (1,000.00)
20	Communicator	200.00	\$ 200.00	\$ -
21	SSM Advance	1,500.00	\$ 1,500.00	\$ -
22	March Assembly Rent & Expenses	\$ 1,200.00	\$ 600.00	\$ <b>600.00</b>
23	July Assembly Rent & Expenses	\$ 1,200.00	\$ 1,200.00	\$ -
24	November Assembly Rent & Expenses	\$ 1,200.00	\$ 900.00	\$ <b>300.00</b>
25	AWSC Rent [3 @ \$100 each]	\$ 400.00	\$ 300.00	\$ <b>100.00</b>
26	Insurance	1,700.00	\$ 1,700.00	\$ -

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27	Sub-Total: Working Fund Exp	\$ 10,400.00	\$ 9,856.00	\$ 544.00
28	<b>Assembly/AWSC Allowance(Meal/Lodging)</b>			
29	Officers	2,000.00	\$ 3,000.00	\$ (1,000.00)
30	Audit/Budget	1,000.00	\$ 1,200.00	\$ (200.00)
31	Coordinators	3,000.00	\$ 3,500.00	\$ (500.00)
32	Past Delegates	1500.00	\$ 300.00	\$ <b>1,200.00</b>
33	Regional Trustee/Board Visit	500.00	\$ -	\$ <b>500.00</b>
34	Sub-Total: Assem/AWSC Allowance(Meals/Lodging)	\$ 8,000.00	\$ 8,000.00	\$ -
35	<b>Officers Expenses</b>			
36	Alternate Delegate	75.00	\$ 75.00	\$ -
37	Chairperson	\$ 200.00	\$ 400.00	\$ (200.00)
38	Secretary	50.00	\$ 50.00	\$ -
39	Treasurer	350.00	\$ 200.00	\$ <b>150.00</b>
40	AAPP	150.00	\$ 100.00	\$ <b>50.00</b>
41	Sub-Total: Officers Expenses	\$ 825.00	\$ 825.00	\$ -
42	<b>Expenses [Continued]</b>			
43	<b>Assembly Expenses</b>			
44	Assembly Workshops	100.00	\$ 50.00	\$ <b>50.00</b>
45	Business Services A.C.	0.00	\$ 50.00	\$ (50.00)
46	Membership Outreach A.C.	150.00	\$ 500.00	\$ (350.00)
47	Group Services A.C.	700.00	\$ 300.00	\$ <b>400.00</b>
48	Fellowship Communication A.C.	600.00	\$ 700.00	\$ (100.00)
49	Public Outreach A.C.	4000.00	\$ 8,000.00	\$ (4,000.00)
50	Audit Budget Extra Day Expenses	50.00	\$ 50.00	\$ -
51	Sub-Total: Assembly Workshops	\$ 5,600.00	\$ 9,650.00	\$ (4,050.00)
52	<b>Coordinators and Others Expenses</b>			
53	Alateen	775.00	\$ 400.00	\$ <b>375.00</b>
54	Archives	75.00	\$ 75.00	\$ -
55	CPC	100.00	\$ 50.00	\$ <b>50.00</b>

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56	Forum	80.00	\$	80.00	\$	-
57	Group Records	50.00	\$	50.00	\$	-
58	Literature	150.00	\$	75.00	\$	75.00
59	Public Information	150.00	\$	150.00	\$	-
60	Website	\$ 400.00	\$	200.00	\$	200.00
61	Sub-Total: Coordinators	\$ 1,780.00	\$	1,080.00	\$	700.00
62	<b>Delegate Meeting</b>					
63	Alternate Delegate	1,000.00	\$	-	\$	1,000.00
64	Past Delegates	\$ 1,500.00	\$	800.00	\$	700.00
65	Sub-Total: Delegate Meeting	\$ 2,500.00	\$	800.00	\$	1,700.00
66	<b>Other</b>					
67	Task Force/Thought Force Projects	\$ 50.00	\$	-	\$	50.00
68	Alateen Coordinator Sponsor Conference	\$ 600.00	\$	-	\$	600.00
69	Contingency Fund	1,000.00	\$	1,000.00	\$	-
70	Equipment Supplies	100.00	\$	300.00	\$	(200.00)
71	Handbook Update	150.00	\$	150.00	\$	-
72	Transition Fund	300.00	\$	-	\$	300.00
73	Sub-Total: Other Expenses	\$ 2,200.00	\$	1,450.00	\$	750.00
74	<b>Ample Reserves</b>	6,000.00	\$	10,000.00	\$	(4,000.00)
75	<b>Total Expenses &amp; Reserve</b>	\$ 41,777.00	\$	46,904.00	\$	(5,127.00)
76						
77	<b>Budget Balancing Ledger</b>					
78	Budgeted Income	\$ 44,000.00	\$	34,246.00	\$	9,754.00
79	Budgeted Expenses	\$ 41,777.00	\$	(46,904.00)	\$	12,827.00
80	Experienced Shortfall of Budgeted Expenses	\$ (2,223.00)	\$	12,658.00	\$	3,073.00
81	<b>Total of Budget Balancing Ledger</b>	\$ -	\$	-	\$	-

Public Outreach Report  
November 2018

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I wanted to make everyone aware of PO activities that the state has been involved in this year. Here is a list that is not exhaustive or in any particular order:

- District 7 (Medford/Grants Pass) activities:
  - Library display
  - PSAs to radio and TV stations
  - Al-Anon signs inside 26 buses in Jackson Co. to run indefinitely
  - 3 health fairs with literature and Al-Anon pens
  - Meeting lists to most libraries in the District
  - GRs all given lists of lall ibrary books within their library system
  - Tear offs distributed
  - Mailings to 300 professionals three times this year
- District 10 (PDX) mapping project complete
- Clackamas Brookside Rehab Unit stocked with Al-Anon Faces magazines and literature rack
- Hospital meetings used as PO
- Bus advertising soon to be in Klamath Falls
- Tear offs all over the state and in N California (bonus!)
- AFAs all over the state and N California
- Portland bus ads on the back of buses – paid for 8 weeks with 14 buses...12 extra weeks so far for 13 out of 14 buses. So 20 weeks of advertising so far!

Beyond these activities, I want to mention that we have been invited to staff a table for four days at a national Native American conference in Portland in March 2019. This is very close to my heart as I spent the summer in a Native community in N. California. There was no Al-Anon within 80 miles, so it was just me, my tear offs, AFAs and some old Forums. I was able to carry the message to the people I worked with and some members of the Karuk Tribe. I have been making weekly trips to weave baskets with the women and deposit literature around town. Every week that I come back, the AFAs are gone! My hope is that this connection will lead to an Al-Anon meeting in Happy Camp, California. From there, I could work my way along the Klamath River in to Oregon, educating the tribes along the way about what Al-Anon is and does. I am also attempting to reach out to the Warm Springs Tribe outside of Bend, OR. I have heard there is a tribal Al-Anon meeting, but I have yet to confirm that.

I see a bridge being built between Al-Anon and Native communities in Oregon. I also see a bridge being strengthened between Al-Anon and Spanish speaking peoples, and others who do not have English as their primary language. Now is the time. Let's do this together.

Katie W.,  
Public Outreach Coordinator

#### **Fellowship Communication Action Committee**

At the First break out of this panel (56) I stepped in as chair when no one else wanted it. I had been on different AC and did know how they worked . EVEN THOUGH I DID NOT want another service position. But at that meeting the new GRs started brainstorming and making a plan. Then at the first assembly

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we had enthusiastic GR's. We put out our thoughts and they added all kinds of ideas. We did not have the time or finances to do all we wanted but we all worked hard to get done what we planned.

READ Purpose:

We decided to continue what the previous FCAC did by drawing 10 winning groups and gave each group a new Forum Subscription (to help with Forum sales and insure groups/members did get copies of the Forum.)

Our first Big challenge was our Forum Coordinator did a writing workshop at the assembly. It seemed simple and quite a few sharings were turned in. So we challenged all groups, districts to invite a coordinator or to hold their own workshops. We made a form to fill out and for every writing workshop that was held a form was turned in and we drew one big winner and gave a big basket of CAL. All groups who turned in a form received a packet of classic Forums.

We did a couple of great, funny and entertaining skits at assemblies using CAL. Remember the twilight zone and \_\_\_\_\_

We had Forum cans available for groups that didn't have them. I think/hope all groups in Oregon pass a can at meetings to collect change and draw winners for a Forum Subscription. Raise hands.

WE purchased and gave Spanish lit to Spanish GR's and Alateen Groups that were represented at assemblies. This helped with literature sales and gave some groups more literature.

While brainstorming we all came up with the idea to play BINGO and groups can chair meeting using our CAL. We threw out a few ideas. And before you knew it we had a Bingo Card (that we colored in a meeting). And again we purchased a basket of CAL and drew one winner. Every group that participated in that challenge did get some piece of literature. How many remember BINGO?

We made a decision to GIVE A FREE SERVICE MANUAL and literature order form to the new GR's that come to assemblies to make them really know they are welcomed.

We bought and sold the new conference summary so they would be available for all. And we gave some to GR's.

We held an interesting discussion on "Book Reports". The committee was more than anxious to give a book report. It was so loved that we started giving 2 reports at every assembly. ALL REPORTS were very well done and VERY MUCH appreciated. We hope those reports increased sales in Literature.

We donated a basket of CAL to the 2018 SSM.

Writing sheets were available at each assembly.

Distributed lists of electronic books available and how to find and purchase them.

Judy J., Literature Coordinator

**Group Services Action Committee Final Report for Panel 56**

## Approved

These past three years Group Services has focused on various tasks of its mission statement. In the first year a committee was formed to look into having AWSCs and Assemblies available online for those members unable to attend. A skit on the Links of Service was presented at an Assembly. Also a pamphlet describing the Links of Service was created and passed out at an Assembly.

The second year the focus was on the Alateen 60<sup>th</sup> anniversary. With the budget we bought Alateen Newcomer's Packets to be passed out at Oregon Alateen Conference.

This third and last year a committee was created to continue researching online Area meetings. Providers were looked at and a report written with suggestions is to be given to the next committee. A Links of Service bookmark was designed and printed and given out at the November 2018 Assembly. It was a hit.

Joanne C., AARP  
Group Services Action Committee Chair

## Membership Outreach Action Committee Panel 56 Final Report

November 18, 2018

Final Report of Membership Outreach Action Committee

- Conducted Service Survey
- Promoted International with
  - lapel Pins Offered (shaped like Oregon)
  - crab shaped cookies for assembly
- Promoted T.E.A.M.
  - Bookmarks for T.E.A.M.
  - Two Skits for T.E.A.M.
- Promoted Service and Communicator
  - Wrote three articles for Communicator using groups of people writing together
    - Two "What Service Has Done for ME"
    - "The Best Part of Being a GR is"
  - Service Skit for Assembly
- For the Area Website:
  - 2018 Photo Contest
  - Redesign Sub-Committee:
    - Met every two weeks to:
      - Learn about websites
      - Review US & Canada Al-Anon websites
      - Make Redesign Choices
        - Each Section and menu
        - decisions about verbiage and content
        - decisions about color and style
    - Sub-Committee comprised of
      - Mary Lynn J. (Sec D 17)

Approved

- Sue B. (Alt-Del – D 7)
- Susanne P (Tech Coor – D 10)
- Jodie P (GR D 17)
- Regis P. (Website Coor - D 17)

Regis P., Website Coordinator  
Membership Outreach Action Committee Chair

#### Book report "As We Understood"

I'm glad the focus is on the election and not really on me!

This book always got my attention and ask if this book is in Spanish, I like the blue light color on the book; cute little book I bought it any way!

Has many members experience like many of the other Al-anon books approved literature, members from around the world talk about their life they share their experience, hope, and strength.

They explain how a high power has helped them, about meditation, spiritual awaking; even though it is not a religious program it is a spiritual program.

Some talk about a how they witness a spiritual growth, instead of seeking only misery and cope with the problems instead of allowing self-pity with the help began to believe could spend their energy laughing instead of crying.

Some of their stories are anonymous. Another member explains that "could no longer judge the alcoholic because the disease caused him to behave in ways he could not control."

"I believe that is true I remember when my husband was active I was afraid to dance because he would step on my toes and that happened a lot was it worth it? Probably not but he was out of control and I do not judge him for that."

"I really like page 24 it talks about we are different size, color, but at the end we are all accepted!" (Like a candle).

I'm a grateful Al-anon member that has accepted me for who I 'am! Thank You.